



2007-08 Boys and Girls Track And Field Series Terms And Conditions

(Current as of March 27, 2008)

In accordance with Section 1.450 of the IHSA Constitution, the Terms and Conditions governing the 2007-08 IHSA Boys and Girls Track and Field Meet Series have been approved by the Board of Directors.

I. SCHOOL CLASSIFICATION

Classification in the IHSA Boys and Girls Track & Field Tournament Series will be determined on an enrollment basis.

A. The classification of a school shall be determined on the basis of its total student enrollment figure reported to the Illinois State Board of Education in its Fall Housing Report on September 30 of the preceding school year. (Example: The total student enrollment figure included in the Fall Housing Report on September 30, 2006, shall be used for determining a school's classification during the 2007-08 school year.)

B. For classification purposes, the total student enrollments for one-year high schools, two-year high schools, three-year high schools and high schools which enroll boys only or girls only shall be calculated as follows:

1. For one-year high schools, the total student enrollment figure reported shall be quadrupled.

2. For two-year high schools, the total student enrollment figure reported shall be doubled.

3. For three-year high schools, one-third of the total student enrollment figure shall be added to the total student enrollment figure reported.

4. For schools which enroll boys only or girls only, the total student enrollment figure reported shall be doubled.

C. A multiplier of 1.65 will be added to all non-boundaried schools.

D. Schools participating in sports and activities operating under the two-class system shall be classified as follows:

1. Schools with adjusted enrollments of 730 and below will be Class A.

2. Schools with adjusted enrollments above 730 will be Class AA.

3. During the 2007-08 school term, the following sports and activities shall operate under this system: boys soccer, boys track and field, boys wrestling, girls soccer, girls track and field, and Scholastic Bowl.

4. Classifications shall be determined on an annual basis.

II. DATES AND SITES

A. The Girls Sectional meets will be held on May 9 (if at night) or May 10. There will be 16 sectionals in Class A and 16 sectionals in Class AA.

B. The Boys Sectional meets will be held on May 16 (if at night) or May 17. There will be 16 sectionals in Class A and 16 sectionals in Class AA.

C. The Girls State Final Meet will be held at Eastern Illinois University, Charleston, on Friday and Saturday May 16-17.

D. The Boys State Final Meet will be held at Eastern Illinois University, Charleston, on Friday and Saturday, May 23-24.

E. Weather Conditions: It is the responsibility of the local Sectional Manager and Meet Referee to make every effort to complete the Sectional meet on the date scheduled. It may become necessary to suspend an event or the meet due to severe storm or unusual weather conditions that cause competition to become hazardous. Since time is of the essence, suspended meets or events should be reconvened as soon as the safety of the competitors is assured. If after a reasonable delay, the Meet Referee and Manager must suspend further competition for that day, Friday night meets may be suspended until Saturday.

Sectional sites are selected on the basis of their all-weather facilities and the capability of completing Sectional meets not later than Saturday if at all possible. Therefore, before a Meet Referee and Manager suspend a Sectional meet past Saturday, permission to do so must be secured from the administrator in the IHSA Office in charge of Boys and Girls Track and Field.

Assigned Sectional Meet Referees will be supplied a phone number to contact the IHSA Administrator closer to the event. It will be posted prior to the Sectional in the IHSA Officials Center in each Meet Referees personal site.

Suspended meets or events will continue from the point of interruption. The jumps, shot put or pole vault may be moved indoors, if facilities are available.

III. ON-LINE ENTRIES, WITHDRAWAL PROCEDURES, ELIGIBILITY, AFFIRMATIVE ACTION AND ON-LINE LIST OF PARTICIPANTS

The policy for Original Entry Deadlines, Late Entries, and Late Withdrawals shall be the policies and procedures regarding entry for all IHSA-sponsored sport/activities included in the 2007-08 Entry Blank Policies and Procedures.

A. On-Line School Entries

All member schools must enter their school into the state series competition through the IHSA School Center on the IHSA Website at www.ihsa.org to compete at the Sectional level in the Track & Field. **Do not confuse On-Line School Entries with entering your School's On-Line List of Participants.** They are two different processes. On-Line School Entries are used to entering your school into State Series Competition in order for IHSA to assign your school to a Sectional Meet. The deadline for school entry is **February 1, 2008**. All member schools should have received, in the mail in April of 2007, the 2007-08 Entry Blank Policies and Procedures that outline the On-Line entry procedures for all IHSA-sponsored tournaments.

Six Contest Verification (for schools entering a team in the Track & Field State series. Schools entering Individuals only do not complete the Six Verification portion of the On-Line List of Participants): Information entered on-line will verify that the school's boys/girls interscholastic track and field team has participated in six boys/girls interscholastic track and field meets during the current Boys and Girls Track and Field season and is thereby eligible to compete for team honors in the state meet series in accordance with IHSA By-law 3.054;

The IHSA Board of Directors eliminated the entry fees for all sports and activities starting with the 2005-2006 school year.

B. Late On-Line School Entries:

Any attempt to enter a sport or activity on-line after the established deadlines will be denied. Schools that wish to enter after the deadline will be considered late. To be considered for late entry, the Principal/Official Representative must contact the IHSA administrative officer in charge of that sport or activity. The penalty for late entry shall be a payment of \$100.00 for that sport/activity by the school.

C. Breach of Contract By-law 6.041 (Withdrawal Procedure)

To withdraw without penalty, the Principal must fax or email a letter to Tammy Craig at the IHSA Office (tcraig@ihsa.org or 309-663-7479), notifying IHSA of the school's withdrawal from Track & Field prior to the List of Participants respective deadline.

If a school withdraws after the deadline for entering their online List of Participants, and/or does not show up for competition, the school will be charged a \$100 penalty. If applicable, the school may be charged for any additional financial loss sustained by the offended school(s) or the Association as a result of such breach.

D. Eligibility

All member schools in good standing may enter an individual(s) or a team under the provisions of IHSA By-law 3.054. (By-law 4.071 for activities)

E. Affirmative Action

Only girls shall be permitted to participate in the girls state series except as provided in the IHSA Affirmative Action Policy and only boys shall be permitted to participate in the boys state series except as provided in the IHSA Affirmative Action Policy.

F. On-Line List of Participants

Each school entering the state series (whether entering a team or individuals) must submit its On-line List of Participants via the Internet through the IHSA Schools Center Web Site to the IHSA Office. **Do not confuse the On-Line List of Participants with the On-Line School Entry, they are two different processes.** This List of Participants must be received in the IHSA Office by noon on Tuesday, May 6, 2008 (Girls) and by noon on Tuesday, May 13, 2008 (Boys). If a school does not submit the On-line List of Participants by the deadline, coaches and participants from that school are subject to sanctions, which could include but not be limited to being ruled ineligible to compete in the State Series. Schools which do not submit their school's On-Line List of Participants and are consequently ruled ineligible for the State Final Series **must formally withdraw** (see Withdrawal Procedures/Breach of Contract above in section III-C). The On-Line List of Participants will provide space for each participating school to enter its athletes into each event and to list the accurate names of the Girls/Boys entered in the Sectional meet. No more than eight (8) Girls/Boys to be entered as runners or as alternates in the relays. **COACHES WILL ENTER THEIR INDIVIDUALS AND RELAY TEAMS ONLINE. SPACES LEFT BLANK DURING THE ON-LINE LIST OF PARTICIPANT PROCESS MAY NOT BE FILLED IN AFTER THE ON-LINE LIST OF PARTICIPANT ENTRY DEADLINE. Coaches are encouraged to bring hard copy of their On-Line List of Participants to the Sectional site the day of the seed meeting. This list must be printed prior to the On-line List of Participant**

deadline. The option to print will not be available after that deadline. Complete instructions for completing the On-Line List of Participants is located elsewhere in this manual.

IMPORTANT NOTE TO SECTIONAL MANAGERS: You must print relay heat sheets for each event for each school entered in your sectional from the computer program your meet utilizes. This is what your Clerk of the Course will use to determine if the runners that check in the day of the event are eligible to compete for each school. Without these printed lists, your clerk will not know who is eligible (by being included on the original List of Participants).

IMPORTANT: Make certain that it is clear if you are using F.A.T. times or manual times when completing your List of Participants. Manual times are given to the higher tenth (Example 10.42 manual must be entered as 10.5). To convert a manual time to F.A.T. , first round up to the higher tenth and then add .24 (Example 10.42 manual would be converted to F.A.T. as follows, 10.42 becomes 10.5, then add .24 = 10.74 converted). Do not enter manual times to the hundredth (round up to the higher tenth), this causes many problems for Sectional Managers as they seed their meet.

The IHSA Office will convert all times to F.A.T. prior to releasing entries to the Sectional Managers.

Confirmation: Schools should login (using the Official Representative password) to their School Center site on the IHSA website and select Activity Tracker. The Activity Tracker will indicate how many pages were completed. This will be the indicator that tells you IHSA has received the On-Line List of Participants for your school. If it shows no pages were completed, that is an indication there was a problem submitting the On-Line List of Participants to the IHSA Office.

IHSA will utilize the name spellings and year in school data from the On-Line List of Participants submitted by each school entered into the State Series for publication in the State Final Program. If you notice an error after the on-line deadline, please email (cmitchell@ihsa.org) or contact Cheryl Mitchell at (309) 663-6377 at the IHSA Office. Names and year in school data will not be utilized from the Sectional Winner Report.

No school shall enter competitors in a Sectional meet unless it intends for its qualifiers to participate in the State Final Meet if they qualify to advance.

IV. HOST FINANCIAL ARRANGEMENTS

A. Host school shall pay for all local expenses and issue checks to meet officials. Each school shall receive a guarantee of \$900 and must submit results via internet to the IHSA Office. School shall be reimbursed the cost of officials (upon receipt of the Financial Report in the IHSA Office). The host shall retain 20% of

the net income and submit remainder to the IHSA. In the event of a negative balance, the host shall be reimbursed for the entire deficit. If admission is not charged, the host school shall forfeit the guarantee. In addition, Sectional meets shall abide by the IHSA Royalty Policy included in the current IHSA Official Handbook.

B. All Sectional meet expenses, including the meet officials' expenses in Item XI-A-1 will be paid by the host school. Host schools must either provide shells for the starter or make arrangements to pay him/her for the shells he/she provides to start the sectional meet.

C. Neither the IHSA nor local meet management will assume responsibility for any other expenses of any kind for any meet except those expenses specified above.

D. Admission Prices:

1) At Sectional meets admission shall be: \$5.00.

2) At the State Final meet, admission shall be: Single session-\$10.00; Season-\$20.00.

E. The Sectional meet revenue shall include the television and radio rights fees collected by the Sectional manager as provided for in Item IX-F.

F. Rights Fees for TV and Radio:

1) Television Rights Fees to be charged by Local Managers and/or the IHSA are contained in the IHSA Television Policy.

2) Radio Fees which shall be charged are:

a) Sectional = No Charge

b) State Final = \$50.00

3) Policies regarding media requirements for each Local Manager are contained in the current edition of the IHSA Official Handbook. (See policies 33, 34 and 35.)

V. TOURNAMENT ASSIGNMENTS AND SEEDING MEETINGS

A. About February 2, sectional assignments for schools that submitted an On-Line school entry on or before the February 1 deadline, will be posted on the IHSA Web Site at www.ihsa.org on the respective sport page. A manual outlining the State Track and Field meet series will be posted on the IHSA Schools Center; click on Girls or Boys Track and Field; Click on School Manual. School Manuals will not be mailed to member schools beginning this school term.

The manual will serve as a guide for coaches and sectional managers during this Track & Field Sport Season. All schools entered in the IHSA Boys and/or Girls State Track and Field Meet Series will be assigned to respective Class A and Class AA Sectional meets on a geographical basis. Qualifiers from the Class A Sectional meets will participate in the Class A competition

at the State Final meet. Qualifiers from the Class AA Sectional meets will participate in Class AA competition at the State Final meet.

B. Sectional Seeding Meeting: A Seeding Meeting shall be held at each Sectional center on Wednesday prior to the Sectional Meet.

1) The Sectional Seeding Meeting shall not be held during the regular school day.

2) **It is mandatory for the head coach (or another school representative) to attend the Sectional Seeding Meeting. If a head coach (or another school representative) is not in attendance at the seeding meeting, SEED HIS/HER ATHLETES ANYWAY, AND CONTACT RON MCGRAW AT THE IHSA OFFICE IMMEDIATELY THE FOLLOWING MORNING.**

3) Sectional managers may accept requests from schools to make exceptions for attendance at the Sectional Seeding Meeting. A letter requesting an exception for attendance must be sent to the Sectional Manager and signed by the school's principal or official representative prior to the beginning of the scheduled Seed Meeting.

4) If the coach (or other school representative) fails to comply with these provisions, **the coach and/or the girls/boys from that school** may not be permitted to participate in the Sectional meet.

5) It is the responsibility of the Head Coach to contact the Sectional Host immediately if for any reason they experience an emergency situation that would not allow them to get to the seeding meeting on time (flat tire, traffic accident, etc.). Sectional managers are encouraged to provide participating coaches with a phone number to be used in case of such emergency.

C. Items to be considered at the Sectional Seeding Meeting are as follows:

1) Heats and sections shall be assigned for the track events and flights for the field events. The Sectional Manager shall provide each coach attending the Sectional Seeding Meeting with a printed copy of the heats and flights before concluding the Sectional Seeding Meeting.

a) Any allowable changes or substitutions must be presented by the coach immediately upon arriving at the seeding meeting, and prior to the release of the final heat sheets to the coaches in attendance. Attempting to make changes or substitutions after viewing the heat sheets is not allowed (except to satisfy 11 (a thru e) below).

2) The recommended computer software sectional meet management programs are the Hy-Tek or Sydex packages.

3) Schools are required to submit the On-Line List of Participants in advance of the Sectional Seeding Meeting. Coaches **may not** change the names in respective relays that were submitted by the deadline (they may however make a change in the relay time originally sub-

mitted online). Coaches **may make** changes to their entries **and** times in the individual events. The official seeding into heats and sections for the track events and into flights for the field events will be completed at the Sectional Seeding Meeting with coaches present.

4) Times submitted for seeding purposes in all individual track events at the Sectional Seeding Meeting shall be times actually achieved at metric distances during the current outdoor Track and Field season. In a relay event, only a time actually achieved at the metric distance during the current outdoor Track and Field season may be submitted for seeding purposes. Coaches may not submit combined individual times as a relay time.

5) Participants will be assigned to heats/sections and flights in the track and field events on the basis of: (1) best times and marks; and, (2) the composite opinion of the coaches present at the meeting. If there is a discrepancy, (2) is to take precedence over (1). **Coaches must be able to verify times and marks submitted for Sectional seeding purposes in any given event if requested to do so by the Sectional Manager or by the coaches in attendance at the Sectional Seeding Meeting.**

6) Indoor results are not to be used for seeding.

7) Marks submitted for seeding purposes in the field events at the Sectional Seeding meeting shall be English distance marks actually achieved during the current outdoor Track and Field season.

8) If a boy/girl is entered in an excessive number of events at the Sectional seeding meeting, the local manager shall scratch the entries on the basis of the highest number as listed in the Qualifying Standards for Advancement to State Final. For example: If a girl/boy is entered at the seeding meeting in events No. 4 (3200-M. Run), No. 8 (800-M. Run), No. 16 (1600-M. Run), No. 9 (Long Jump) and No. 18 (Triple Jump), the highest numbered event is No. 18; therefore, the competitor would be scratched from that event since the competitor is allowed to enter four (4) events at the seeding meeting.

9) Coaches may change or decrease the total number of individual entries submitted on-line at the beginning of a sectional seeding meeting.

10) **An individual entry left blank during the on-line entry process cannot be filled at the sectional seeding meeting.**

11) No substitutions shall be permitted in the individual events after the Sectional Seeding Meeting, except in cases of a substitution made because of school disciplinary reasons, or a disabling illness or injury to an entered contestant which must be certified to by either the high school principal or attending physician (or the school's certified trainer) to the Sectional manager, or a death in the athlete's immediate family.

Note: In accordance with the Track and Field Rules, a school may scratch competi-

tors from individual events to make them eligible to run on relay teams. Such scratches should be made before the Sectional meet begins.

a) Such substitutions shall be made just prior to the Sectional meet at a meeting held for that purpose.

b) The substitute already entered in 4 individual events, shall not be withdrawn to legally compete in that event.

c) The substitute shall replace the contestant in the heat/section and lane assignment determined at the Sectional Seeding Meeting and the event shall not be reseeded only to accommodate the substitute.

d) The contestant thus replaced (substituted) shall not compete in any other events in the Sectional meet.

e) In the case of a substitution that occurs during the Sectional meet due to a disabling injury or illness of an entered contestant attested to by the Meet Referee, (and by a certified trainer if available) the same provisions included in a), b), c), d), e) above shall apply and a contestant thus replaced shall not return to competition in the Sectional meet.

12) At the Sectional Seeding Meeting, coaches in attendance shall elect, from among the coaches present, a Sectional Representative who will be responsible to submit a written report of coaches' suggestions to the IHSA Office not later than June 15.

13) If any question should arise on the legality of an entry under existing rules at the Sectional meet, the Sectional Games Committee must render a decision.

14) Sectional Games Committee will be responsible for making the decision whether or not reseeding at the scratch meeting is needed, due to scratches. After the Scratch Meeting, the Clerk of Course and Meet Referee may reseed, if scratches are made closer to the beginning of the event.

15) Sectional managers should adhere to a reasonable time schedule. Reseeding due to scratches must not be done to speed up the meet.

16) The decision(s) of the Meet Referee and Jury of Appeals shall be final in matters pertaining to the National Federation Track and Field Rules. Neither the IHSA Office nor the Board of Directors will review Meet Referee and Jury of Appeals decisions whether alleged errors are due to faulty judgment or misinterpretation of the rules.

VI. TOURNAMENT STRUCTURE AND TIME SCHEDULES

A. If at all possible, in priority ranking, Sectional meets will be conducted: (1) On 400-Meter all-weather tracks; (2) On 400-Meter tracks; (3) On 440-Yard all-weather tracks marked for metric distances in all track events except the relays; or (4) On 440-Yard tracks marked for metric distances in all track events except the relays.

B. At all Sectional meets, English measurements shall be used in all field events.

C. Sectional Seeding: For the Sectional meets and the State Final meet, detailed information and instructions for assigning competitors to heats, sections and lanes in the track events and to flights in the field events, including any changes, is included in the Online Manual for Schools.

1) In seeding at the Sectional, Lane 4 will be the preferred lane on an eight-lane track and Lane 3 will be the preferred lane on a six-lane track. Managers will not shuffle the entries to place into lanes when seeding, but will use the same procedure that is used at the state final.

2) **IMPORTANT: Make certain that it is clear if you are using F.A.T. times or manual times when completing your List of Participants. Manual times are given to the higher tenth (Example 10.42 manual must be entered as 10.5). To convert a manual time to F.A.T. , first round up to the higher tenth and then add .24 (Example 10.42 manual would be converted to F.A.T. as follows, 10.42 becomes 10.5, then add .24 = 10.74 converted). Do not enter manual times to the hundredth (round up to the higher tenth), this causes many problems for Sectional Managers as they seed their meet.**

The IHSA Office will convert all times to F.A.T. prior to releasing entries to the Sectional Managers for seeding.

D. Order of Events-Sectional/State Final: The order of events for the Finals of the State Final meet will be followed in the finals of the Sectional meets. In the Sectional preliminaries, the preliminary schedule given below should be followed for those events in which preliminaries are held. However, it is recommended semifinals be run as a safeguard against improper seeds. In the preliminaries and finals at the Sectional meets, the field events shall begin 1/2 hour before the track events.

Note: In the straightaway races at the Sectional meet, the number of competitors advancing to the finals shall not exceed the number of lanes on the track.

Girls Sectional Preliminary Schedule

When Fully Automatic Timing (F.A.T.) is used, semifinals may be eliminated by taking the top 8 times to the finals or by taking the heat winners and then filling in the lanes with the next best times (as done in the state meet). Which method used will be determined by the sectional meet manager. Without F.A.T you must run preliminaries and or semifinals (depending upon the number of competitors), and not simply take the top 8 times to the finals. The option to use F.A.T. will be determined by the Sectional Meet Manager. The use of F.A.T. is recommended when the system and experienced, competent operators are available.

Field Events-Preliminaries and Finals to be run simultaneously, if practicable-Triple Jump to follow the Long Jump as soon as one pit is available.

100-Meter Dash Preliminaries
100-Meter High Hurdles Preliminaries
100-Meter Dash Semifinals (if needed)
100-Meter High Hurdles Semifinals (if needed)
200-Meter Dash Preliminaries
3200-Meter Run (First Section, when two sections are needed)
A 20-minute time period must elapse between the 200-Meter Dash Preliminaries and the 200-Meter Dash Semifinals
200-Meter Dash Semifinals (if needed)
(Note: If the 200-Meter Dash Semifinals are needed, a 20 minute break shall be taken before the start of the finals of the meet.)

Girls Sectional Finals

4 x 800-Meter Relay Finals
4 x 100-Meter Relay Finals
3200-Meter Run (Run Against Time) (Second Section)
100-Meter High Hurdles Finals
100-Meter Dash Finals
800-Meter Run Finals
4 x 200-Meter Relay Finals
400-Meter Dash Finals
300-Meter Low Hurdles Finals
1600-Meter Run Finals
200-Meter Dash Finals
4 x 400-Meter Relay Finals

Boys Sectional Preliminary Schedule

When Fully Automatic Timing (F.A.T.) is used, semifinals may be eliminated by taking the top 8 times to the finals or by taking the heat winners and then filling in the lanes with the next best times (as done in the state meet). Which method used will be determined by the sectional meet manager. Without F.A.T you must run preliminaries and or semifinals (depending upon the number of competitors), and not simply take the top 8 times to the finals. The option to use F.A.T. will be determined by the Sectional Meet Manager. The use of F.A.T. is recommended when the system and experienced, competent operators are available.

Field Events-Preliminaries and Finals to be run simultaneously, if practicable-Triple Jump to follow the Long Jump as soon as one pit is available.

100-Meter Dash Preliminaries
110-Meter High Hurdles Preliminaries
100-Meter Dash Semifinals (if needed)
110-Meter High Hurdles Semifinals (if needed)
200-Meter Dash Preliminaries
3200-Meter Run (Run Against Time) (Second Section)
A 20-minute time period must elapse between the 200-Meter Dash Preliminaries and the 200-Meter Dash Semifinals.
200-Meter Dash Semifinals (if needed)

(Note: If the 200-Meter Dash Semifinals are needed, a 30 minute break shall be taken before the start of the finals of the meet.)

Boys Sectional Finals

4 x 800-Meter Relay Finals
4 x 100-Meter Relay Finals
3200-Meter Run Finals (Section 2)
110-Meter High Hurdles Finals
100-Meter Dash Finals
800-Meter Run Finals
4 x 200-Meter Relay Finals
400-Meter Dash Finals
300-Meter Intermediate Hurdles Finals
1600-Meter Run Finals
200-Meter Dash Finals
4 x 400-Meter Relay Finals

36th IHSA Girls State Final Time Schedule Thursday, May 15, 2008

2:00 – 8:00 p.m.: Schools may use track and field facilities at O'Brien Stadium for practice and warm-up. IHSA personnel will not be available for questions after 7:00 p.m.

2:00 – 7:00 p.m.: Coaches may pick up school packets in the Lantz Building foyer.

7:00 p.m.: State Final Manager, Head Officials and Games Committee meeting in the Lantz Building Varsity Room.

Friday, May 16, 2008 (Semifinals)

The semifinals will be run in two parts. Part 1 will be Class A events and Part 2 will be Class AA events. Class A track events will begin at 9:00 a.m. Class AA track events will begin at approximately 1:00 p.m., or later in case of delays. The schedule of field events indicates the approximate starting times to be used as a guide.

The final designations for number of flights, runways and times will depend on the number of qualifiers. Coaches must be alert for the time schedule and flight assignments that will be included in their school packets.

Class A Girls Field Events

8:00 a.m.: Final time for coaches from Class A schools to pick up school packets in the Lantz Building foyer.

9:00 a.m.: Pole Vault, High Jump, Shot Put and Long Jump

10:30 a.m.: Triple Jump and Discus Throw

11:00 a.m.: Final time for coaches from Class AA schools to pick up school packets in the Lantz Building foyer.

Class A Girls Track Order of Events

(Class A Preliminaries in the Track events will begin at 9:00 a.m.)

4 x 800-Meter Relay Semifinals
4 x 100-Meter Relay Semifinals
(15-Minute Warm Up On Hurdles)
100-Meter High Hurdles Semifinals
100-Meter Dash Semifinals

800-Meter Run Semifinals
4 x 200-Meter Relay Semifinals
400-Meter Dash Semifinals
300-Meter Low Hurdles Semifinals
1600-Meter Run Semifinals
200-Meter Dash Semifinals
4 x 400-Meter Relay Semifinals

Class AA Girls Field Events

(12:30 p.m. Approximate)

12:30 p.m.: Pole Vault, High Jump, Shot Put and Long Jump

1:30 p.m.: Triple Jump and Discus Throw

Class AA Girls Track Order of Events

(Class AA Preliminaries in the Track events will begin at approximately 1:00 p.m.)

4 x 800-Meter Relay Semifinals
4 x 100-Meter Relay Semifinals
(15-Minute Warm Up On Hurdles)
100-Meter High Hurdles Semifinals
100-Meter Dash Semifinals
800-Meter Run Semifinals
4 x 200-Meter Relay Semifinals
400-Meter Dash Semifinals
300-Meter Low Hurdles Semifinals
1600-Meter Run Semifinals
200-Meter Dash Semifinals
4 x 400-Meter Relay Semifinals

Note: The times for the semifinals are approximate. The Games Committee will determine if and when a break may be taken if the events are running ahead of schedule.

Saturday

May 17, 2008

(Finals in all events)

9:45 a.m.: Parade of Competitors assemble at southeast entrance to O'Brien Field

10:00 a.m.: Parade of Competitors (followed by Competitor Oath)

Class A Girls Field Events

11:00 a.m.: Triple Jump, Pole Vault, Discus Throw

12:45 p.m.: High Jump, Shot Put and Long Jump

Class AA Girls Field Events

11:00 a.m.: Pole Vault, High Jump, Shot Put and Long Jump

12:45 p.m.: Triple Jump, Discus Throw

Track Events

11:15 a.m.

Class A 3200-Meter Run, Section No. 1
Class AA 3200-Meter Run, Section No. 1

11:45 a.m.

Opening Ceremonies (National Anthem, Honorary Referee Presentation, NFHS Sportsmanship meeting)

12:15 p.m.

Class A 4 x 800-Meter Relay
Class AA 4 x 800-Meter Relay

12:40 p.m.

Class A 4 x 100-Meter Relay
Class AA 4 x 100-Meter Relay

1:00 p.m.

Class A 3200-Meter Run, Section No. 2
Class AA 3200-Meter Run, Section No. 2

1:25 p.m.

Class A 100-Meter High Hurdles
Class AA 100-Meter High Hurdles

1:40 p.m.

Class A 100-Meter Dash
Class AA 100-Meter Dash

1:50 p.m.

Class A 800-Meter Run
Class AA 800-Meter Run

2:00 p.m.

Class A 4 x 200-Meter Relay
Class AA 4 x 200-Meter Relay

2:20 p.m.

Class A 400-Meter Dash
Class AA 400-Meter Dash

2:30 p.m.

Class A 300-Meter Low Hurdles
Class AA 300-Meter Low Hurdles

2:40 p.m.

Class A 1600-Meter Run
Class AA 1600-Meter Run

3:05 p.m.

Class A 200-Meter Dash
Class AA 200-Meter Dash

3:15 p.m.

Class A 4 x 400-Meter Relay
Class AA 4 x 400-Meter Relay

3:30 p.m.

Team Awards

114th IHSA Boys State Final Time Schedule Thursday, May 22, 2008

2:00 – 8:00 p.m.: Schools may use track and field facilities at O'Brien Stadium for practice and warm-up. IHSA personnel will not be available for questions after 7:00 p.m.

2:00 – 7:00 p.m.: Coaches may pick up school packets in the Lantz Building Foyer.

7:00 p.m.: State Final Manager, Head Officials and Games Committee Meeting in the Lantz Building Varsity Room.

Friday, May 23, 2008 Semifinals

The semifinals will be run in two parts. Part 1 will be Class A events and Part 2 will be Class AA events. Class A track events will begin at 9:00 a.m. Class AA track events will begin at approximately 1:00 p.m., or later in case of delays. The schedule of field events indicates the approximate starting times to be used as a guide.

Format for field events: The Pole Vault will utilize both runways for flights 1 and 2, Flight 3 will begin as soon as flight 1 is completed. Thirty minutes warm-up will be permitted prior to the start of each flight.

Both runways will be utilized in the Long Jump and Triple Jump for flights 1 and 2 with the 3rd flight following flight 1 and flight 4 to follow flight 2. The Triple Jump will follow the Long Jump. Both circles in the Shot Put and Discus will be used with flights 1 and 2 starting

at the same time and flight 3 to follow flight 1 and flight 4 to follow flight 2.

In the Long Jump: The "A" (short) designation is for the runway of 107' or less; the "B" (long) designation is for the runway of more than 107'. The wind direction will determine the layout of the long and short runways. The middle landing pit will be the long runway. Competitors will jump with the wind.

The final designations for number of flights, runways and times will depend on the number of qualifiers. Coaches must be alert for the time schedule and flight assignments that will be included in their school packets.

Class A Boys Field Events

8:00 a.m.: Final time for coaches from Class A schools to pick up school packets in Lantz building foyer.

9:00 a.m.: Pole Vault, High Jump, Long Jump, Shot Put

10:30 a.m.: Triple Jump, Discus Throw

11:00 a.m.: Final time for coaches from Class AA schools to pick up school packets in Lantz building foyer.

Class A Boys Track Order of Events

4 x 800-Meter Relay Semifinals
4 x 100-Meter Relay Semifinals
(15-Minute Warm Up On Hurdles)
110-Meter High Hurdles Semifinals
100-Meter Dash Semifinals
800-Meter Run Semifinals
4 x 200-Meter Relay Semifinals
400-Meter Dash Semifinals
300-Meter Intermediate Hurdles Semifinals
1600-Meter Run Semifinals
200-Meter Dash Semifinals
4 x 400-Meter Relay Semifinals

Class AA Boys Field Events

(1:00 p.m. Approximate)

1:00 p.m.: Pole Vault, High Jump, Long Jump, Shot Put

2:30 p.m.: Triple Jump, Discus Throw

Class AA Boys Track Order of Events

(1:00 p.m. Approximate)

4 x 800-Meter Relay Semifinals
4 x 100-Meter Relay Semifinals
(15-Minute Warm Up On Hurdles)
110-Meter High Hurdles Semifinals
100-Meter Dash Semifinals
800-Meter Run Semifinals
4 x 200-Meter Relay Semifinals
400-Meter Dash Semifinals
300-Meter Intermediate Hurdles Semifinals
1600-Meter Run Semifinals
200-Meter Dash Semifinals
4 x 400-Meter Relay Semifinals

Note: The times for the semifinals are approximate. The Track and Field Games Committee will determine if and when a break may be taken if the events are running ahead of schedule.

**Saturday, May 24, 2008
(Finals in All Events)**

- 9:45 a.m.:** Parade of Competitors assemble at southeast entrance to O'Brien Stadium
10:00 a.m.: Parade of Competitors – All competitors (including Friday), coaches and officials are encouraged to participate. (Competitors Oath)
10:00 a.m.: Pole Vault Weigh In
10:00 a.m.–10:45 a.m.: Shot Inspection Class A and AA

Class A Field Events

- 11:00 a.m.:** Pole Vault (South Runway)
 Long Jump (South Runway)
 Shot Put (North East Ring)
 High Jump
11:15 a.m.–12:00 p.m.: Class A Discus Inspection
12:00 p.m.: Triple Jump (Runway A)
12:15 p.m.: Discus Throw (No. 1 Circle, north)

Class AA Field Events

- 11:00 a.m.:** Pole Vault (North Runway)
 Long Jump (North Runway)
 Shot Put (Northwest Ring)
12:15 a.m.–1:00 p.m.: Class AA Discus Inspection
1:00 p.m.: Class AA High Jump
1:15 p.m.: Triple Jump (Runway A)
 Discus Throw (No. 1 Circle, north)
11:45 a.m.: Opening Ceremony: Honorary Referees Presentations, Introduction of Meet Officials, Referee Instructions, Moment of Silence, National Anthem

Track Events

- 11:15 a.m.**
 Class A 3200-Meter Run (Section No. 1)
 Class AA 3200-Meter Run (Section No. 1)
12:15 p.m.
 Class A 4 x 800-Meter Relay
 Class AA 4 x 800-Meter Relay
12:40 p.m.
 Class A 4 x 100-Meter Relay
 Class AA 4 x 100-Meter Relay
1:00 p.m.
 Class A 3200-Meter Run (Section No. 2)
 Class AA 3200-Meter Run (Section No. 2)
1:35 p.m.
 Class A 110-Meter High Hurdles
 Class AA 110-Meter High Hurdles
1:50 p.m.
 Class A 100-Meter Dash
 Class AA 100-Meter Dash
2:00 p.m.
 Class A 800-Meter Run
 Class AA 800-Meter Run
2:20 p.m.
 Class A 4 x 200-Meter Relay
 Class AA 4 x 200-Meter Relay
2:40 p.m.
 Class A 400-Meter Dash
 Class AA 400-Meter Dash
2:50 p.m.
 Class A 300-Meter Intermediate Hurdles
 Class AA 300-Meter Intermediate Hurdles

- 3:00 p.m.**
 Class A 1600-Meter Run
 Class AA 1600-Meter Run
3:20 p.m.
 Class A 200-Meter Dash
 Class AA 200-Meter Dash
3:30 p.m.
 Class A 4 x 400-Meter Relay
 Class AA 4 x 400-Meter Relay
3:45p.m.
 Team Awards

VII. ADVANCEMENT OF WINNERS

A. First and second place winners in each event including relay teams from each Sectional meet shall advance to the State Final Meet.

B. In addition, any individual or relay team who equals or surpasses the qualifying standard in the finals for the Class they represent in the Sectional meet shall advance to the State Final Meet in their Class. Also, any athlete in the throws and/or horizontal jumps equals or surpasses the qualifying mark in the preliminaries shall advance to the State Final Meet.

If a new event is added in the state series, first and second place winners from each of the sectional meets shall advance to the State Final Meet. In addition, any individual or relay that equals or surpasses the ninth best performance from among all sectional first and second place winners also shall advance to the State final Meet.

C. The qualifying standards are as follows:

1) Girls Class A Qualifying

Standards for 2008:		
No./Event	Manual	F.A.T.
1. 4 x 800-Meter Relay	10:23.5	10:23.74
2. 4 x 100-Meter Relay	:52.0	:52.24
3. Discus Throw	107-6	
4. 3200-Meter Run	12:17.0	12:17.24
5. 100-Meter High Hurdles	:16.4	:16.64
6. High Jump	5-1	
7. 100-Meter Dash	:12.7	:12.94
8. 800-Meter Run	2:27.0	2:27.24
9. Long Jump	16-4	
10. 4 x 200-Meter Relay	1:51.5	1:51.74
11. 400-Meter Dash	1:01.8	1:02.04
12. Pole Vault	8-9	
13. 300-Meter Low Hurdles	:48.6	:48.84
14. 1600-Meter Run	5:36.0	5:36.24
15. Shot Put	35-6	
16. 200-Meter Dash	:26.8	:27.04
17. 4 x 400-Meter Relay	4:16.5	4:16.74
18. Triple Jump	33-5	

2) Girls Class AA Qualifying

Standards for 2008		
No./Event	Manual	F.A.T.
1. 4 x 800-Meter Relay	9:45.0	9:45.24
2. 4 x 100-Meter Relay	:50.0	:50.24
3. Discus Throw	117-6	
4. 3200-Meter Run	11:31.0	11:31.24

5. 100-Meter High Hurdles	:15.2	:15.44
6. High Jump	5-3	
7. 100-Meter Dash	:12.2	:12.44
8. 800-Meter Run	2:20.5	2:20.74
9. Long Jump	17-3	
10. 4 x 200-Meter Relay	1:46.5	1:46.74
11. 400-Meter Dash	59.5	:59.74
12. Pole Vault	10-0	
13. 300-Meter Low Hurdles	:46.7	:46.94
14. 1600-Meter Run	5:18.0	5:18.24
15. Shot Put	37-6	
16. 200-Meter Dash	:25.8	:26.04
17. 4 x 400-Meter Relay	4:06.5	4:06.74
18. Triple Jump	35-6	

Note: Field events are listed in English measurements.

3) Boys Class A Qualifying

Standards for 2008:		
No./Event	Manual	F.A.T.
1. 4 x 800-Meter Relay	8:22.0	8:22.24
2. 4 x 100-Meter Relay	:44.5	:44.74
3. Discus Throw	143-0	
4. 3200-Meter Run	10:05.0	10:05.24
5. 110-Meter High Hurdles	:15.2	:15.44
6. High Jump	6-3	
7. 100-Meter Dash	:11.0	:11.24
8. 800-Meter Run	2:01.0	2:01.24
9. Long Jump	21-0	
10. 4 x 200-Meter Relay	1:33.7	1:33.94
11. 400-Meter Dash	51.7	51.94
12. Pole Vault	12-9	
13. 300-Meter Int. Hurdles	:41.0	:41.24
14. 1600-Meter Run	4:37.0	4:37.24
15. Shot Put	49-0	
16. 200-Meter Dash	:22.8	:23.04
17. 4 x 400-Meter Relay	3:31.5	3:31.74
18. Triple Jump	42-0	

4) Boys Class AA Qualifying

Standards for 2008:		
No./Event	Manual	F.A.T.
1. 4 x 800-Meter Relay	8:03.0	8:03.24
2. 4 x 100-Meter Relay	:42.9	:43.14
3. Discus Throw	155-0	
4. 3200-Meter Run	9:33.0	9:33.24
5. 110-Meter High Hurdles	:14.5	:14.74
6. High Jump	6-4	
7. 100-Meter Dash	:10.6	:10.84
8. 800-Meter Run	1:57.5	1:57.74
9. Long Jump	22-3	
10. 4 x 200-Meter Relay	1:29.7	1:29.94
11. 400-Meter Dash	49.7	49.94
12. Pole Vault	13-9	
13. 300-Meter Int. Hurdles	:39.6	:39.84
14. 1600-Meter Run	4:23.5	4:23.74
15. Shot Put	52-9	
16. 200-Meter Dash	:22.0	:22.24
17. 4 x 400-Meter Relay	3:24.0	3:24.24
18. Triple Jump	45-0	

Note: Field events are listed in English measurements.

5) Event numbers are used only in situations described in Item V-C-8 for Sectional and State meet qualifications.

a) In track events only, the qualifying standard must be equaled or surpassed in the final races. Times recorded in preliminary or semifinal races may not be used to qualify for the State Final Meet.

b) In Sectional meets preliminaries shall be held in the Long Jump, Triple Jump, Shot Put and Discus Throw. Nine (9) contestants plus ties for ninth shall advance to competition in the finals. Any competitor who equals or surpasses the above qualifying standards for his/her Class shall advance to the State Final in the Long Jump, Triple Jump, Shot Put and Discus Throw.

c) The High Jump and Pole Vault should be run as finals. The qualifying standard for the High Jump and Pole Vault must be a measured height unless the height achieved is considerably in excess of the qualifying standard.

d) The qualifying standards for the field events are English distances and heights.

D. Sectional Meets: Preliminaries must be held in the 100 and 200-Meter Dashes and the 110/100-High Hurdles (unless the number of entries is equal to or less than the number of lanes on the track).

E. Sectional Meets: In events run in sections at Sectional meets (300-Meter Intermediate Hurdles, 400-Meter Dash, 800-Meter Run, 1600-Meter Run, 3200-Meter Run and the relay races), the winners will be chosen on the basis of the best time made and only one set of medals and points will be awarded in each event.

F. Sectional Meets: The local manager will determine the number of sections to be run by the number of entries.

G. Sectional Meets: At the Sectional meets, preliminaries and finals in the Field Events should be run off simultaneously, if practical.

H. Sectional Pole Vault: It is preferred that the Pole Vault be conducted at the assigned sectional site at the time of the sectional meet. However, due to increasing difficulties in obtaining sectional sites capable of conducting Pole Vault, the Pole Vault may be conducted at a different location prior to the Sectional (preferably Thursday). If this is necessary, all schools competing must be:

a) Notified of the new location and time of the event.

b) The event must be conducted at a time that would not prohibit the competitors from competing in any other event at the Sectional meet.

c) A licensed Track & Field Official must be present to officiate the event (supplied by the Sectional Manager).

d) All competitors must have a

Certified Coach (By-Law 2.070) accompanying them.

e) **Note:** During the regular season coaches will be required to complete the Pole Vault weight verification card at all meets. Athletes will not be required to weigh in at these regular season meets, but the coach must verify that the athlete has been weighed and is using a legal pole as determined by the weight of the vaulter. This card can be found online at IHSA.org. A weigh in will occur during the IHSA State Series, this will include all sectional meets.

f) In the case of inclement weather, the pole vault may be moved to an indoor location. This decision will be made by the Meet Referee.

I. Sectional Meets: Relay Races – It is the clerk's responsibility to verify that all relay participants are listed on each school's original on-line list of entries for that event. Copies of the relay lists of participants (including alternates) should be provided by the Sectional Meet Manager.

J. State Final Meet: If a school has qualified a relay team for the State Final, the names of the eight (8) runners who are entered in the relay must appear on the On-Line List of Participants submitted to the Sectional Meet Manager and the IHSA Office.

If a school qualifies a relay team for the State Final, the four (4) designated runners in the Semis or Finals must be from the eight (8) runners who were listed on the On-Line List of Participants submitted to the Clerk of Course at the Sectional meet.

K. State Final Meet: A competitor may participate only in those individual events in the State Final meet for which he/she has qualified in Sectional competition.

L. State Final Meet: In the track events, nine (9) competitors or teams will qualify for the finals to be run on Saturday except in the 800-Meter Run, 1600-Meter Run and 4 x 800-Meter Relay where 12 will qualify for the finals. The 3200-meter run will be run in sections on Saturday.

M. State Final Seeding: In seeding the semifinals in running events at the state final meet, the top qualifier in each event from the sectional will be placed in the last heat, and the other top qualifiers from the sectionals will be placed in the heats in front of the top qualifier, accordingly. Seeding for the final in each running event shall be as follows: 1) Heat winners, according to their times, 2) all other qualifiers, according to their times.

N. Qualifying For Finals at the State Meet

At the state final, in the semifinals of all running events, the winner of each heat advances to the finals, and the remaining qualifying positions

will be filled on the basis of time.

O. State Final Meet Ties: In case of a tie in the semifinals of the 100-Meter Dash, 100 or 110-Meter High Hurdles, and 200-Meter Dash that would qualify more than nine (9) competitors for the Finals; Rule 4-4-4 will be followed. The tying competitors shall compete again for the available lane(s).

In case of a tie in the semifinals of the 300-Meter Hurdles, 400-Meter Dash, 4x100-Meter Relay, 4x200-Meter Relay, 4x400-Meter Relay, that qualify more than nine (9) competitors or teams for the Final; two final sections shall be run and the final places will be determined on the basis of time. The runners or teams with the best qualifying times will be placed in the second section with at least three (3) runners or teams in the first section.

In case of a tie in the semifinals of the 800-Meter Run, 1600-Meter Run, and 3200-Meter Relay that would qualify more than twelve (12) competitors or teams; all tying competitors or teams will be assigned to the final race. Positions of the tying competitors or teams will be drawn and assigned as indicated in the State Final Seeding.

P. State Final Meet Relays: In a relay event, no substitute of an alternate is permissible after a false start since the time delay would be violated and a contestant becomes a competitor in a relay when the relay team of which he is a designated runner reports to the Clerk for that relay.

Alternates listed on the relay team card are not charged with participation in a relay event unless they actually become a competitor in the relay.

Q. State Final Meet Starting Heights: The Games Committee, in conjunction with the Head Field Referee, Head Pole Vault and Head High Jump judges shall announce the starting heights in the High Jump and Pole Vault for the preliminaries Tuesday previous to the State Meet on the IHSA Web Site. Competitors will be permitted to warm up at a lower designated height, but this must be done before the time scheduled for the start of the event.

R. State Final Meet Starting Heights Finals: The Games Committee shall approve definite qualifying heights for the Pole Vault and High Jump and only those competitors who clear the qualifying height in the preliminaries shall compete in the finals. The qualifying height is subject to the number and strength of entries.

S. State Final Meet Shot and Discus: In the Shot Put, Discus, Long Jump and Triple Jump, twelve (12) competitors plus ties for twelfth place will advance from the Preliminaries to the Finals.

T. State Final Meet Pole Vault: In the Pole Vault and High Jump, a minimum of nine (9) competitors will advance from the Preliminaries to the Finals.

U. State Final Meet: In both the semifinals and finals in the Field Events, measurements shall be made after each trial.

In the Finals, in the Field Events, a measurement and announcement will be made after each trial.

VIII. TOURNAMENT RULES

A. The current edition of the National Federation Official Track and Field Rules will be followed where those rules apply to the events in which there is competition, unless otherwise specifically indicated in these Terms and Conditions or in printed instructions.

Note 1: Starting Blocks: Blocks that are adaptable to the track surface without potential damage to the surface may be used by contestants; otherwise, starting blocks provided by the management must be used by the competitors.

B. In accordance with IHSA By-laws 2.020 and 2.070, all schools are required to have a qualified coach and/or faculty representative present at all times during a meet and be available for assignment as might be required by the local meet manager. If a school does not have a qualified coach and/or faculty representative present at the Sectional site or the State Final site during warm-ups or competition, that school's competitors shall not be permitted to participate.

Note: Schools are reminded that only coaches and faculty representatives who meet the provisions of IHSA By-laws 2.020, 2.070-2.079 and who are listed on the school's "List of Participants" shall be permitted to serve in those capacities at the Sectional and State Final meets.

C. Participation Limitations:

1) As stated in IHSA By-law 5.152, an individual contestant shall be permitted to participate in a maximum of four (4) track and/or field events.

2) A contestant officially becomes a competitor when the competitor or the relay team of which he/she is a designated runner reports to the Clerk of Course or to the Judge for a field event.

a) The eight (8) runners listed for each respective relay obtained from the On-Line List of Participants by the Sectional Manager are the only eligible runners in the respective relay. There can be no change in the names of runners in a respective relay after the On-Line List of Participants has been submitted (it is permissible to change any time, including a relay time, at the seeding meeting). The Sectional Manager will not make any changes in relay runners at the seeding meeting. Nor will there be any changes from the list of runners

submitted on the On-Line List of Participants allowed at the State Final in the event the school's relay team advances from the sectional to the State Final.

b) At the Sectional seeding meeting, a school may change or scratch its entries in the individual events.

c) The Sectional Manager will submit the runner information for each qualifying relay to the IHSA Office electronically, in addition to all individual event qualifiers when completing the On-Line Sectional Qualifiers Data.

3) If an individual contestant exceeds participation limitations in the Sectional or State Final meet, he/she shall forfeit all individual and team points earned in any events in which he/she competed and in accordance with the rules, he/she shall be disqualified from further competition in the state series.

D. Uniform: Competitors shall wear school issued track and field uniforms that meet the IHSA interpretations that follow:

1) NFHS Rule 4-3-1 — One or two-piece bodysuits, similar in color can be worn. Only undergarments approved by the school and coach, similar in color and text can be worn. Stripes down the side of the uniform will not be an issue. Once a running event or a field event has begun, there can be no disqualification for improper uniform. Competitors must compete in a school issued uniform that complies with NFHS Rule 4-3-1. It is the responsibility of the meet referee, starter, clerk of the course, and/or the respective field event head judge to inspect competitor uniforms prior to the start of the race or field event. They are not to knowingly allow a competitor in an illegal uniform to participate in the race or field event. If a field event judge or clerk of the course is uncertain whether a uniform complies with NFHS Rule 4-3-1, the clerk of the course or judge shall obtain a ruling from the meet referee or starter before starting the event. Referee, Starters, Clerks of the Course, and field event judges must be aware that schools may have multiple uniforms that they issue to their athletes. Athletes from the same school may participate in the same event in different school issued uniforms. If a competitor changes from an inspected uniform to jersey, shorts, undergarment(s), and/or any other unapproved items, and competes in the meet in an illegal uniform, the athlete is disqualified from the event and the meet for unsportsmanlike conduct.

2) NFHS Rule 4-3-2: In relay races, the clerk of the course, referee or starter shall not disqualify a team if the uniform worn by all runners is not identical. The color of the shorts for all relay runners and the color of the track jersey (singlet) for all relay runners must be the same. Same means there can be varying shades of the one color. The printing, design and/or lettering on the track jersey (singlet) must be such that each relay runner's school can be easily identified, and that as a person views the four

track jerseys (singlets) together they appear similar and the relay runner's team is easily identified. The rule for undergarments will be interpreted the same as for the uniform (i.e.: Same meaning similar).

3) Competitors wearing jewelry, caps, hats or adornments such as medallions and beads in the hair will not be permitted to compete as stipulated in Rule 4-3-3. Narrow head bands to keep the hair from interfering with a competitor's vision will be permitted. If religious or medical medals are worn, they shall be taped to the body under the uniform as provided in Rule 4-3-3.

4) Watches shall not be worn by competitors during track and field competition.

E. Field Events: Local Managers shall not permit a contestant to participate after the event judge has declared an event closed. In the field events, trials must be taken in order listed. If accommodations must be made because of a conflict, the competitor must appear in advance of, not after, the listed order of participants.

If a conflict has forced a competitor to miss his/her scheduled trial(s) in the High Jump or Pole Vault, he/she shall be given an allowance not to exceed five minutes after competition has been completed for his/her flight at the last height attempted in his flight. If he/she reports after this five-minute period, he/she shall be considered as having passed that height. In all other field events, he/she shall have a five-minute allowance after the trials in his/her flight have been completed.

In the Pole Vault, the one and one-half minute allowance for a trial, and in the High Jump, the one-minute allowance for a trial as prescribed in the NFHS Rule Book will start when the crossbar has been properly positioned for each jump/vault. In the Long Jump, Shot Put, Triple Jump and Discus Throw, the time allowance in the NFHS Rule Book for the trial will begin when his/her name is called for the trial. In the Long Jump, Shot Put, Triple Jump and Discus Throw, the judges shall measure and announce the distance after each throw in the preliminaries and finals.

In the Shot Put and Discus Throw a throwing sector of 34.92 degrees will be used.

F. Running Events:

1) The 400-Meter Dash, 300-Intermediate Hurdles (Boys)/300-Low Hurdles (Girls), 200-Meter Dash, 4 x 100-Meter Relay and the 4 x 200-Meter Relay shall be run in lanes all the way. The start will be from staggered positions figured for one, two and four turns, respectively.

2) In the 4 x 400-Meter Relay, the first runners shall start from positions staggered for three (3) turns and shall run the first leg in lanes. After the first baton exchange, the second runner will run one additional curve staying in his respective lane and may cut for the pole position provided he is one full running stride ahead (approximately 7 feet) as provided

in Rule 5-12-2. The lanes for the remaining exchanges will be determined by the "off the curve" system mentioned in Rule 5-9-11.

3) The 800-Meter Run, 1600-Meter Run and 4 x 800-Meter Relay will be run in alleys. In races run in alleys, seeding will be from the outside in.

4) In the 110-Meter High Hurdles and the 300-Meter Intermediate Hurdles, the space between each hurdle shall be as prescribed in Rule 5-3-8.

5) The 100-Meter Dash will be run in straight lanes with the runner finishing in the lane that he/she started in.

G. Reporting To Clerk of Course: At the State Final Meet,

1) All contestants in each running event shall report to the Clerk Tent at the same time. Hip numbers for the electronic timing system will be given to all competitors when they report. Race instructions shall be given to competitors in all heats after they have received their hip numbers.

2) A running event is considered closed when the Head Clerk has taken the final roll call in the Clerk's tent. This final roll call will take place at or around the time of the second call. Contestants must report to the tent upon hearing the first call. Failure to be present for the final roll call will cause disqualification from that event. The Assistant Referee/Conflicts will have the responsibility to oversee conflicts and have the final authority on disqualifications. These disqualifications cannot be appealed.

H. Official Times at State Final Meet:

1) The Official Times at the State Final meet shall be the F.A.T. (Fully Automatic Times) recorded in 1/100 seconds and the MT (Manual Times) recorded in 1/10 seconds after rounding up to the next highest (slowest) tenth of a second, as required in the Track and Field Rules. These Official Times will be used for advancement, seeding and placement in an event. If in the semifinals there is a tie for the last qualifying position(s) for advancement, F.A.T. times to 1/1000 and manual times to 1/100 will be used. If F.A.T. times are not available for all heats or sections of a race, the Manual Times will be the Official Times used for advancement, seeding and placement in an event.

2) Place results by the finish judges will not become official until the videotape picture of the race, if available, has been reviewed by designated officials immediately after each race.

I. Games Committee: A Sectional Games Committee must be appointed for each Sectional meet. The Sectional Games Committee shall be comprised of the Sectional manager and four (4) head coaches present at the Sectional Seeding meeting. The Sectional Games Committee shall render a decision on questions that might arise on the day of the

Sectional meet regarding the legality of an entry under existing rules. In accordance with Rule 3-2-4, the Sectional Games Committee shall act as the final Jury of Appeals for all final appeals of officials' decisions. At the State Final Meet, the Games Committee shall be appointed and determine the legality of entries according to National Federation 3-2. The Jury of Appeals shall act in accordance to National Federation Rule 3-5.

Note 1: All appeals of officials' decisions shall be submitted in writing to the Jury of Appeals by the head coach within 30 minutes of posting the results of the event.

Note 2: In ruling on such final appeals of officials' decisions, the Jury of Appeals shall not set aside or waive the provisions of any Track and Field Rule or IHSA State Series Term and Condition.

Note 3: The decision(s) of the Meet Referee and Jury of Appeals shall be final in matters pertaining to the National Federation Track and Field Rules. Neither the IHSA Office nor the Board of Directors will review officials' or Jury of Appeals decisions whether alleged errors are due to faulty judgment or misinterpretation of the rules.

J. Conduct: Unsportsmanlike conduct by coaches or contestants or the use of profane language by coaches or contestants will not be tolerated and shall be penalized under the provisions of IHSA By-laws 3.140, 6.011 and 6.012 and in accordance with the Track and Field Rules.

1) In accordance with the provisions of IHSA By-law 6.033 and the Track and Field Rules, the decisions of the Meet Referee and Games Committee shall be final.

K. Scoring:

1) Sectional Meets: In the Sectional meets, six (6) places will be counted in determining the winning team. First, second, third, fourth, fifth and sixth places will count 10, 8, 6, 4, 2 and 1 points, respectively. Points in the relay events will be scored the same as each of the individual events.

2) State Final Meet: In the State Final meet, nine (9) places will be counted in determining the team order. First, second, third, fourth, fifth, sixth, seventh, eighth and ninth places will count 10, 8, 7, 6, 5, 4, 3, 2 and 1 points, respectively. Points in the relay events will be scored the same as each of the individual events.

3) Ties: In the Sectional and State Final meets, if individuals or relay teams are tied for any of the places for which points are scored, the points earned by the tied competitors or teams shall be split. Ties in the High Jump and Pole Vault shall be broken as provided in NFHS Rule 7-3-2-b. Ties in the Long Jump and Triple Jump shall be broken as provided in NFHS Rule 7-3-2-a. Ties in the Discus Throw and Shot Put shall be broken as provided for in NFHS Rule 6-3-2-a..

Note: In the State Final meet, in breaking ties for the first eight places in the High Jump and Pole Vault, the provisions of NFHS Rule 7-3-2-b shall apply. However, if any ties are broken on the basis of the number of "misses" only those "misses" recorded during the finals shall be considered.

4) Only schools that meet the six contest requirements of IHSA By-law 3.054 shall be eligible to compete for team honors in the Sectional and State Final meets. No team points shall be recorded for places won by competitors from schools that do not meet the six contest requirements of IHSA By-law 3.054. This provision shall not alter the team order of finish or team points recorded for other contestants.

L. Records:

1) Any records established in the State Final Meet will be considered as the Class A, Class AA and/or all-time state high school outdoor record for the event. Marks established in meets other than the State Final Meet will not be considered for approval as a class or state high school record.

2) Records established in the Pole Vault, High Jump, Shot Put, Triple Jump and Long Jump at the State Final Meet will also be recognized as state records in situations where any of these events are held indoors.

3) National Interscholastic Records must conform to the provisions outlined in Rule 10 of the current Track and Field Rules Book.

Note: The Metric Records in Boys and Girls began in the 1980 Boys State Final Track and Field Meet.

M. Special State Final Meet Provisions:

1) The Discus Throw and Shot Put will be from concrete surfaced rings. The High Jump, Pole Vault, Triple Jump and Long Jump areas are surfaced with all-weather material. The track is surfaced with all-weather material. The indoor facilities at Lantz Fieldhouse are surfaced with a "Mando Super X" type substance. Contestants will be permitted to wear spikes no longer than one-quarter inch (1/4") or rubber-soled shoes.

2) Seeding for the High Jump for Saturdays State Finals will be achieved by using Fridays performances and breaking ties from Friday by using the finalists sectional performances.

3) School Packets: Head Coaches of participating schools shall pick up their school packets in Lantz Building, at Eastern Illinois University, on Thursday of the State Final Week, beginning at 2:00 p.m. and not later than 7:00 p.m. School packets not picked up during this time shall be picked up at 8:00 a.m. for Class A schools and 11:00 a.m. for Class AA schools in the ticket booth in the Lantz Building on Friday.

Note: School packets not picked up during the above stipulated times will be available at the Southeast gate of O'Brien Field. However, the IHSA will not be responsible for

any disqualification that might result from a coach's not picking up a school packet at the specific times and designated places stated above.

4) Relay Designation: The four (4) designated runners who will participate in the relay shall be designated when the relay team is called and reports to the Clerk of Course.

5) Thursday Practice and Warm-up At Eastern: Please refer to the State Final Instructions in the back of the School and Managers Manual for details. Schools shall observe any restricted areas that might already be prepared for use only during the State Final meet.

6) Awards Presentation: Immediately following the Finals in an event, competitors shall report to the award stand for the awards presentation in that event. Competitors also must be at the awards stand during this time for the Official Photograph of the event award winners.

N. Special Instructions at State Final Meet: All coaches and contestants must follow the Special Instructions found in the back of the Boys and Girls Track and Field School and Managers Manual.

O. Pole Vault Requirements

1) Contestant Weigh-In

a) **Sectional:** A weigh in will occur during the IHSA State Series, this will include all sectional meets. Each contestant in the pole vault shall be weighed on site in advance of the competition. Contestant shall weigh in wearing their school issued uniform, any clothing in addition to the school issued uniform that will be worn while vaulting, shoes and helmet. The combined weight of the person, all clothing, shoes and helmet will be the "competitor's weight" used to determine compliance with NFHS Rule 7-5 inclusive. Competitors must be weighed in prior to the start of the event.

b) **State Final:** Each contestant in the pole vault shall be weighed in advance of the competition in the event each day. Contestant shall weigh in wearing their school issued uniform, any clothing in addition to the school issued uniform that will be worn while vaulting, shoes and helmet. The combined weight of the person, all clothing, shoes and helmet will be the "competitor's weight" used to determine compliance with NFHS Rule 7-5 inclusive. At the State Finals every pole vaulter will weigh in at the hospitality tent, located in the south east corner of O'Brien Field. The "competitor's weight" shall be listed on the flight card for pole vault. Judges shall check the manufacturer's pole rating with the "competitor's weight" prior to each vault.

2) Coaches Area

a) **Sectional:** An area will be designated for pole vault coaches in close proximity to the event.

b) **State Final:** An area will be designated at the retaining fence on the east

side of O'Brien Stadium near the respective landing pit(s) for pole vault coaches to observe their competitors.

Note: During the regular season coaches will be required to complete the Pole Vault weight verification card at all meets. Athletes will not be required to weigh in at these regular season meets, but the coach must verify that the athlete has been weighed and is using a legal pole as determined by the weight of the vaulter. This card can be found online at IHSA.org. A weigh in will occur during the IHSA State Series, this will include all sectional meets.

IX. TOURNAMENT POLICIES

A. Passes for the State Final Meet:

1) A contestant number will be issued to each competitor who qualifies for the State Final, and it will admit contestant to the facility.

2) Passes for Coaches will be distributed according to the following formula: 1-5 qualifiers, school receives two (2) coaches passes; 6-10 qualifiers, school receives three (3) coaches passes; 11-above qualifiers, school receives four (4) coaches passes. Only coaches listed on the school's On-Line List of Participants will be considered eligible to receive a coach's pass.

Note: Only coaches who are listed on the On-line List of Participants will be issued a coaches pass (according to the above formula). However, those coaches must meet all IHSA Coaching By-law Requirements and its subsections. (By-law 2.070). Coaches who do not meet By-law 2.070 are not eligible and cannot be entered on the On-line List of Participants.

3) A copy of the school's On-Line List of Participants must be submitted to the IHSA Office prior to the Sectional seeding meeting. No more than four (4) Coach Passes will be issued to any school.

B. Mechanical Noisemakers:

All mechanical noisemaking devices shall be excluded from the facilities.

C. Signs and Banners:

1) The display of signs, banners, placards or similar items at IHSA state series events is permitted, provided:

a) they are in good taste and reflect good sportsmanship in their message and use;

b) they reflect identification and encouragement to participants and their school/community;

c) they are not displayed on the field of play or in a manner which interferes with competition;

d) they do not obstruct the view of participants or spectators; and,

e) they are not safety hazards.

D. Damage to Property and Equipment:

If contestants or people from any school

entered in a state series meet are found guilty of carelessness or maliciously breaking, damaging, or destroying property or equipment belonging to the host school, such school shall be held responsible for costs incurred in replacing or repairing such property or equipment.

E. Practice (State Final):

1) Competitors will be permitted to warm-up on the track on Thursday, from 2:00 p.m. until 8:00 p.m., between 7:00 a.m. and 8:30 a.m., on Friday, and between 9:00 a.m. and 9:55 a.m. on Saturday. The track will be cleared after these special warm-up times. Contestants shall not use the space inside O'Brien Field for warm-up or practice on the days of the **State Final** except at the above designated times. The track will be cleared promptly at 8:00 p.m. on Thursday after all special warm-up times.

2) Contestants warming up at other than the above times during the meet may use the southeast area behind the tennis courts and the area behind the East bleachers or Lantz Fieldhouse, but shall not use unauthorized or **off limits** areas.

3) **Field Event Warm-up:** The Head Judge in each field event will conduct a maximum 15-minute warm-up prior to the beginning of competition in each flight in the field events. Competitors who report promptly to the Head Judge may participate in this warm-up. Exception: The discus competition will be permitted a 20-minute warm-up period.

Girls Track Only—Due to the lack of volunteer officials at the Girls State Meet, the No. 1 discus ring will be used and the other discus rings are **off limits, unless it is put into use for competition**. Competitors **shall not** use a discus ring that is **off limits** for practice **at any time**.

F. Media Requirements:

1) Provide Space: Space shall be set aside to provide for news media representatives covering the state series whether they be from newspapers, radio stations, over-the-air television stations and/or cable television stations.

2) Radio and TV Originators: It is the responsibility of the local Manager to accept applications, approve requests to originate, collect proper rights fees payments (where required) and make cancellation refunds for television and/or radio play-by-play originations, according to the IHSA Television and/or IHSA Radio Broadcast Policy.

a) Television Rights Fees for all levels of competition below the State Final level shall be paid to the host school and shall become part of the revenue to be shared by the member school(s) and the Association according to the financial terms stipulated in these Terms and Conditions.

b) Radio Broadcast Rights Fees are not required for any level of competition in this series below the State Final. Local Managers shall permit radio play-by-play originations of the competition.

c) Television and/or Radio Stations which do not apply in advance, or which do not pay required rights fees prior to the start of competition in each respective level in this state series shall not be given credentials nor allowed access to the facility to originate. Sponsors of the originations for television and radio shall be only those so stipulated in the respective IHSA Television and Broadcast policies.

3) All media requirements for the State Final meet shall be handled through the IHSA Office.

4) Local tournament managers shall be responsible for reporting state series information and results to the IHSA Office and the news media as stipulated in printed instructions received from the IHSA Office.

G. Tobacco Products

No coach, player or any other person connected with a team shall be permitted to use tobacco products in the competition area, either during practice or while a contest is in progress.

H. Use of Inhalers

A student with asthma may possess and use his/her medication during an IHSA competition, while under the supervision of school personnel, provided the school meets the outlined procedures of self administration in the Illinois school code.

I. Alcoholic Beverages and IHSA State Series

The possession, distribution, sale and/or consumption of alcoholic beverages are prohibited at the site and on any affiliated property of any IHSA state series contest. State series hosts are required to make all state series contest sites and any affiliated property, including parking lots, fan accommodation areas, and other school or event venue property, alcohol free zones on the date or dates of any IHSA event being held at the site. Violation of this policy by an event host will subject the host to a penalty for violation of IHSA By-law 2.020. Such penalty may include but not necessarily be limited to prohibition against subsequent event hosting assignments. Violation of this policy by a non-hosting member school will subject the school to penalty for violation of IHSA By-law 2.020. Patrons of any IHSA state series contest determined to be in violation of this policy will be removed from the premise, and law enforcement officials will be called as warranted. No ticket refunds will be granted in such cases.

X. AWARDS

A. Sectional

1) **Individual:** At the Sectional meets, medals will be awarded to the first six (6) place winners in each individual event and relay event.

2) **Team:** A plaque will be presented to the school winning the team championship at the Sectional meets.

3) **Duplicate Awards:** An order form for Duplicate Awards can be found in the Manual for Managers posted online through the IHSA Schools Center.

B. State Final

1) **Individual:** At the State Final meet, medallions will be awarded to the first nine (9) place winners in each individual event and relay event. In case of ties, duplicate individual awards shall be presented.

a) State Final place winners are to appear at the awards stand and receive their medallions only in their school issued uniform or school issued warm-up suit.

b) In all events, in order to be eligible for awards, individuals are required to report to their event finals at the scheduled time, unless specifically excused by the Games Committee.

2) **Team:** Trophies will be presented to the first, second and third place teams at the State Final meet. Medallions will be presented to the State Final qualifiers from the first, second and third place teams. Eighteen (18) medallions will be provided to qualifying competitors, two (2) coaches, one (1) Superintendent, one (1) Principal and one (1) Athletic Director. In case of ties, duplicate team awards shall be presented.

a) State Final place winners are to appear at the awards stand and receive their medallions only in their school issued uniform or school issued warm-up suit.

b) Only schools that meet the six contest requirements of IHSA By-law 3.054 shall be eligible to compete for team honors in the Sectional and State Final meets.

3) **Duplicate Awards for schools who are part of a Coop or have lost medallions or want to order more medallions:** Please use the form in your Manual for Schools.

XI. OFFICIALS

A. Appointment and Fees

1) **Sectional:** A minimum of (2) officials will be assigned to each Sectional Meet by the IHSA Office (Meet Referee, Starter). A third official (Assistant Starter) will be assigned if available. The Meet Referee, Starter and Assistant Starter for each sectional shall receive the following fees: Meet Referee \$84.00, Starter \$84.00, Asst. Starter \$68.25. Host schools must either provide shells for the starter or make arrangements to pay him/her for the shells he/she provides to start the sectional meet.

2) **State Final Meet:** Five (5) officials will be assigned to the State Final Meet by the IHSA Office. The Field Referee, the Meet Referee, the Class A and Class AA Starter for the

State Final meet shall receive a flat fee of two hundred dollars (\$200.00). The Assistant Starter shall receive a flat fee of one hundred seventy five dollars (\$175.00).

a. Mileage Reimbursement

Policy: The Referee/Starter will be paid mileage from the IHSA Office upon receipt of a mileage voucher submitted by the Referee/Starter to the IHSA Office within 30 days of the contest. The Referee/Starter will receive 25 cents per mile for every mile over 100 miles for each round trip. Mileage vouchers can be printed from the IHSA Web Site through the IHSA Officials Center. **Note:** Mileage is determined to and from the officials home to the site of the competition, unless prior approval has been given from the administrator in charge of the sport/activity.

b. Mandatory Officials Meeting:

There will be a mandatory meeting for the Head State Finals Officials at 7:00 p.m. on Thursday at the State Final site.

c. Head Officials Housing:

The IHSA has a block of rooms set aside for the five (5) Head Officials (mentioned above) in the dorms. The IHSA Office will be direct billed from EIU Housing for rooms. Head officials who incur an overnight lodging expense to attend the mandatory officials meeting are entitled to up to three (3) nights of lodging. Head officials must notify Cheryl Mitchell at the IHSA Office, upon receipt of their State Final Officials Contract whether or not they will require housing reservations.

3) State Final Volunteer Officials:

a. **Volunteers who are IHSA licensed officials at the State Meets:** You can go online through the officials center to make yourself available for the State Track Meets. You will not receive a form in the mail. We will post a request for you to volunteer at the State Meets. You will be able to accept or decline that assignment online as well as indicate your shirt size.

b. **Volunteers who are non-licensed officials at the State Meets:** All non-licensed officials who volunteered at last year's meet(s) will be mailed a State Final Worker Request ScanTron Form to complete and return immediately to the IHSA Office.

c. **People who have never Volunteered at the State Track Meets:** If you would like to this year at either the girls or boys state final, contact Cheryl Mitchell at the IHSA Office. Call her at (309) 663-6377, email (cmitchell@ihsa.org) or fax your name and address to her at (309) 663-7479. She will mail the State Final Worker Request ScanTron Form to you.

d. **Volunteer Officials Housing:** Reservations for University Residence Halls must be made in advance. Contact the housing department for rates and reservations. Contact Director of Housing, Eastern Illinois University, Charleston, IL 61920. Phone: (217) 581-3923.

Revision History

March 27 Replaced the word Preliminaries with Semifinals in the State Final Time Schedule and Order of Events.
May 7 Page 6, Discus Throw will be held in the (No. 1 Circle, north) rather than south.