

2019-2020 IHSA GIRLS and BOYS TRACK & FIELD QUALIFYING STANDARDS

(Last Revised January 6, 2020)



IHSA BOYS/GIRLS ABLE-BODIED & WHEELCHAIR ATHLETES QUALIFYING STANDARDS

Qualifying Standards: The Qualifying Standards for each individual and relay event will be calculated for classes 1A and 3A by determining the FIVE-year average of the 21st place time/distance/height from all sectionals. For class 2A, a FIVE-year average of the 16th place time/distance/height in individual events and relays was used. Using this process, the proposed qualifying standards for the 19-20 season are:

Event	Class 1A Girls	Class 2A Girls	Class 3A Girls	Class 1A Boys	Class 2A Boys	Class 3A Boys
LJ	5.00m (16-5)	5.20m (17-1)	5.35m (17-7)	6.35m (20-10)	6.57m (21-7)	6.75m (22-2)
PV	2.74m (9-0)	2.97m (9-9)	3.12m (10-3)	3.70m (12-2)	13-0 (3.96m)	4.16m (13-8)
HJ	1.52m (5-0)	1.54m (5-1)	1.60m (5-3)	1.85m (6-1)	1.87m (6-2)	1.90m (6-3)
SP	10.97m (36-0)	36-7 (11.15m)	11.76m (38-7)	14.60m (47-11)	14.80m (48-7)	15.97m (52-5)
TJ	10.33m (33-11)	10.64m (34-11)	11.09m (36-5)	12.57m (41-3)	13.05m (42-10)	13.61m (44-8)
DISC	34.03m (111-8)	34.21m (112-3)	36.29m (119-1)	43.05m (141-3)	44.24m (145-2)	46.71m (153-3)
4 X 800	10:31.77	10:09.59	9:36.93	8:33.28	8:16.81	8:02.59
4 X 100	:51.70	:50.07	:49.20	:44.54	:43.50	:42.77
3200	12:19.89	11:45.93	11:07.39	10:12.64	9:53.65	9:29.30
100 HH	:16.53	:15.97	:15.49	:16.00	:15.29	:15.15
100	:12.95	:12.69	:12.49	:11.37	:11.12	:11.00
800	2:27.56	2:23.23	2:19.49	2:02.83	2:00.80	1:57.75
4 X 200	1:50.82	1:47.64	1:44.87	1:33.90	1:31.24	1:30.04
400	1:02.04	1:00.26	:59.18	:52.06	:51.10	:50.29
300 LH/IH	:48.74	:47.69	:46.69	:41.79	:40.71	:39.97
1600	5:36.90	5:24.45	5:08.14	4:39.80	4:31.13	4:23.68
200	:26.89	:26.13	:25.72	:23.11	:22.57	:22.33
4 X 400	4:17.79	4:10.59	4:04.32	3:33.91	3:28.84	3:25.13

Athletes with Disabilities Wheelchair Track & Field Qualifying Standards:

Event	Wheelchair Athletes	
	Boys	Girls
SP	1.83m (6-0)	1.22m (4-0)
DISC	4.75m (15-0)	2.44m (8-0)
100	:40	:45
800	6:00	6:30
400	3:00	3:15
200	1:25	1:35

Note: The field event qualifying standards above show both the metric distances/heights along with the English distances/heights in parenthesis. The metric measurements will be used in determining qualifying marks for all field events. The English measurement conversions in parenthesis are only listed for convenience and are not necessarily exact conversions. Therefore, at the sectional meets, the

metric distances/heights are what will be used to determine if a qualifying standard has been met by a competitor. In other words, the English conversions listed in parenthesis will not be used or considered to determine if a qualifying standard was met.