

## ADAPTIVE SWIM CLINIC

For adaptive swimmers and coaches with a club or high school team and swimmers with an adaptive swim program who can swim 25M with proper technique.



## PRESENTER:

GLEN O'SULLIVAN, U.S. PARALYMPIC SWIM COACH

Sunday November 7, 2021 Lake Forest Academy 1500 Kennedy Rd., Lake Forest, IL 60045 4:30 - 6:00 pm

THIS CLINIC IS DESIGNED TO HELP IMPROVE TURNS AND DIVES.

Register Online: <a href="https://tinyurl.com/2021SwimClinic">https://tinyurl.com/2021SwimClinic</a>
FREE for paid GLASA members, \$10 for non-members