

PLAY SMART.  **PLAY HARD.®**

2016-17

**Girls/Boys Swimming & Diving
Manual for Schools**



Swimming & Diving Manual for Schools

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Revision History

Oct. 28 Pg. 3-4, Terms & Conditions V-C and D
Pg. 18, Electronic Sectional Seed Meeting Timeline
Feb. 10 Pg. 19, Added Reminders for Coaches and Meet Managers
Feb. 22 Pg. 22 Ticket Sale information



2016-2017 Girls/Boys Swimming and Diving Series Terms and Conditions

In accordance with Section 1.450 of the IHSA Constitution, the Board of Directors has approved the Terms and Conditions governing the 2016-2017 IHSA Girls/Boys Swimming & Diving Series.

I. SCHOOL CLASSIFICATION

Competition in the IHSA Girls & Boys Swimming and Diving Tournament Series will be held for all member schools without classification.

Students with physical/visual disabilities will compete in girls' or boys' swimming against other students with physical disabilities regardless of school classification. A disability is a physical impairment that substantially limits one or more major life activity.

Students with physical/visual disabilities wishing to participate in the girls' or boys' swimming events for students with physical/visual disabilities must have a statement of disability on file with appropriate personnel responsible for student health issues at the student's school. The IHSA reserves the right to request this documentation as part of the entry process.

Competitors with physical/visual disabilities will be categorized into one of two classifications based on U16/18 standards developed by Wheelchair and Ambulatory Sports USA (WASUSA).

Competitors who are classified as S1-S7 shall participate in Classification A.

Competitors who are classified as S8-S13 shall participate in Classification B.

Student athletes with physical/visual disabilities (or any adult acting on their behalf, *e.g.*, a coach, parent, or guardian) are required to provide their school with a written statement of their classification, for purposes of the 2016-2017 IHSA swimming and diving championship series, by any of the following means at the time of registration for the 2016-2017 swimming season:

a. Provide an official WASUSA classification card or other evidence demonstrating the athlete's classification category; or

b. If a student athlete with a physical/visual disability is not classified as detailed above by the time of the Sectional meet, the athlete will still be allowed to swim in the athletes with physical/visual disabilities division but will automatically be classified to swim under Classification B.

II. DATES AND SITES

A. Girls Sectional meets will be held on November 12, at 16 sites to be announced on the website at a later date.

B. Girls State Finals will be held on November 18-19, at Evanston Township High School, Evanston, Illinois.

C. Boys Sectional meets will be held on February 18, at 16 sites to be announced on the website at a later date.

D. Boys State Finals will be held on February 24-25, at New Trier High School in Winnetka, Illinois.

III. SCHOOLS AND OFFICIALS CENTER INFORMATION, ON-LINE SCHOOL ENTRIES, RULES MEETING PRESENTATION, WITHDRAWAL PROCEDURE, ELIGIBILITY, AFFIRMATIVE ACTION AND ON-LINE LIST OF PARTICIPANTS

A. The policy for Original School Entry Deadlines, Late Entries, and Late Withdrawals shall be the policies and procedures regarding entry for all IHSA-sponsored sport/activities.

Directions: Login to the Schools Center (Official Representative or Principal Password is required to perform this task), Enter your School User ID (5 digits, a letter followed by 4 numbers) and Administrative Password, go to the activity tracker and click the button to add sports for the upcoming year. Sports Entry Deadlines are Sept. 9 (fall), Nov. 1 (winter) and Feb. 1 (spring).

B. **On-Line School Entries (Including individuals in the Students with Physical/Visual Disabilities Division):** All Official Representatives must login to the IHSA School Center; click on "Sport & Activity Tracker"; click on "enter your teams". There you will select the sports and activities your school team or individuals will participate in during the 2016-2017 school term. After the Fall entry deadline (September 9) and November 1 (Winter Entry deadline), the IHSA will assign all schools to Sectionals in the Swimming & Diving State Series after the respective date.

C. **Late On-Line School Entries (Able bodied and individuals in the Students with Physical/Visual disabilities Division):** Any attempt for a school to enter a sport or activity on-line after the established deadlines will be denied. Schools that wish to enter after the deadline will be considered late. To be considered for late entry, the Principal/Official Representative must contact the IHSA administrative officer in charge of that sport or activity. The penalty for late entry shall be a payment of \$100.00 for that sport/activity by the school (if allowed to enter late).

D. **Six Contest Verification (Team entries only):** When completing the Sectional Online List of Participants, only schools entering a team must check the Six Contest Verification box to be eligible to compete for team honors. By **checking the Six Contest Verification box** in the Sectional Online List of Participants, schools are verifying that the school's boys and/or girls interscholastic Swimming & Diving team has participated in six boys or girls interscholastic Swimming & Diving meets during the current Boys and/or Girls Swimming & Diving season and is thereby eligible to compete for team honors at the state meet in accordance with IHSA By-law 3.054.

Individuals: Schools with only individuals competing **do not check the Six Contest Verification box** as they are not required to meet this requirement. Individual entries are not eligible to compete for team honors in the state series meets.

E. SWIMMING RULES MEETING PRESENTATION:

The Swimming On-line Rules Video presentation will become available August 8 through September 13 (for Girls Swimming & Diving Schools and all Officials). The schools participating in Boys Swimming and Diving have until November 29 to view the Rules Meeting presentation. Each participating school must have the Girls and Boys HEAD Coach view to receive credit for the 2016-2017 Swimming/Diving rules interpretation. Each participating official must view and receive credit for the 2016-2017 Swimming/Diving rules interpretation. To receive credit, the coach/official must view the presentation in their respective IHSA School/Officials Center. See the On-Line Swimming/Diving Bulletin located on the IHSA Swimming/Diving page for specific instructions.

Once the deadline passes your school will be placed on probationary or suspended status if the online rules meeting presentation isn't reviewed by your coach. For probationary/suspension status to be lifted from your school you must:

Submit a \$50.00 penalty fee to the IHSA Office (you must contact Tammy Craig or Brandi Waters to process Visa, MasterCard or Discover credit card payments or school checks payable to the IHSA will be acceptable forms of payment). Upon receipt of payment, the schools center will be re-opened for your coach to view the online presentation.

- 1) Go to www.ihsa.org
- 2) Click on "Schools and Officials Center login"
- 3) Enter your "IHSA User ID" and your Head Coaches password
- 4) Click on Sport & Activity Tracker

5) Click on "Rules Video" next to the respective sport under the Sport & Activity Tracker

6) View and interact with the online Rules Video Presentation to receive credit

This is a yearly requirement to compete in the IHSA State Series.

NOTICE: If you are a coach at two different schools or you are a coach and an official, you must contact Cheryl Lowery at the IHSA Office to be issued credit. You must be listed as the coach at both schools in the respective Schools Center for the schools you are coaching for. If you have viewed the presentation and were not given credit (after 24 hours), please contact Cheryl Lowery (clowery@ihsa.org) to review your request.

Below are a few options to assist you in viewing the Rules Video presentation once you have tried and have failed.

Try again on a different computer, preferably in a different location (home instead of school, etc.) Sometimes these files download badly. Going to a different computer/location is the easiest way to get a fresh start.

Go back to where you clicked on the link to start the presentation, and INSTEAD click on the link below to view the LITE version, which has no video content. Flash video can be an issue for some computers, and the lite version takes this out of the equation.

New: Any diving coach, who wishes to be considered to serve on the sectional dive panel, is required to view a yearly diving rules presentation which will be specific to diving rules and protocols.

Steps to be eligible for the Diving panel:

1. School administration must list the name of their diving coach in the IHSA Schools Center and issue their diving coach a User ID and password.

2. Diving Coach is required to log in using the User ID & Password to complete Diving Rules Presentation, PES, Concussion Risk Management Protocol (by September 1, 2016), and be a certified coach to be in compliance. Coaches and Officials who wish to serve on the diving panel at state must view the Diving Rules Presentation by logging in to their Officials Center by September 13.

The Assistant Executive Director in charge of Swimming and Diving will have the ability to appoint a coach to a site when circumstances would require doing so.

3. Head coaches must nominate their diving coaches (if interested and eligible) to serve on the sectional diving panel through the "Coaches" tab in the "List of Participants" page located in the School Center. This can be done when entering their List of Participants prior to the Electronic Sectional Seeding Meetings.

F. Breach of Contract By-Law 6.041
(Withdrawal Procedure)

You must withdraw by notifying the IHSA Office, not the Sectional Manager.

To withdraw without penalty, the Official Representative or Principal must email Tammy Craig (tcraig@ihsa.org) notifying IHSA of the school's withdrawal from Swimming & Diving prior to the List of Participants respective deadline.

If a school withdraws after the List of Participants deadline and/or does not show up for competition, the school will be charged a \$100 penalty. If applicable, the school may be charged for any additional financial loss sustained by the offended school(s) or the Association as a result of such breach.

G. Eligibility

All member schools in good standing may enter an individual(s) or a team under the provisions of IHSA By-law 3.054 for both the able-bodied swimming and diving program and the events for students with physical/visual disabilities.

In accordance with By-law 3.050, schools are subject to entering eligible student-athletes

H. Affirmative Action Policy: Only boys may participate in the boys' competition in the meet series and only girls may participate in the girls' competition in the meet series, except as provided in the Illinois High School Association Affirmative Action Policy.

I. On-Line List of Participants (Including individuals participating in the Students with Physical/Visual disabilities Division):

Each school entering the state series (whether entering a team or individuals) must submit its Online List of Participants via the Internet through the IHSA Schools Center Web Site to the IHSA Office. This List of Participants must be received in the IHSA Office by noon Tuesday, November 8, 2016 (Girls Swimming/Diving) and by noon on Tuesday, February 14, 2017 (Boys Swimming/Diving). If a school does not submit the On-line List of Participants by the deadline, coaches and participants from that school are subject to sanctions, which could include but not be limited to being ruled ineligible to compete in the State Series. Schools which do not submit their school's On-Line List of Participants and are consequently ruled ineligible for the State Final Series must formally withdraw (see Withdrawal Procedures/Breach of Contract above in section III-C). The On-Line List of Participants will provide space for each participating school to list the accurate names of up to two (2) Girls/Boys entered in each individual event at their respective Sectional Meet. A school may enter into the IHSA Swimming and Diving State Series one relay team in each relay event. All eligible schools are allowed to enter four (4) swimmers and four (4) alternates (8 names maximum). Any school qualifying at least one of these relay for the state finals will be issued one (1) additional deck pass for the alternate of the schools choice. This single deck pass is to be issued to the individual selected by the coach to represent the team as the teams designated relay alternate. The other alternates listed

in the schools List of Participants at the time of entering the State Series will not be provided deck passes. As always, any athlete listed as an alternate in a specific relay(s) can be used to swim in that relay.

SPACES LEFT BLANK DURING THE ON-LINE LIST OF PARTICIPANT PROCESS MAY NOT BE FILLED IN AFTER THE ON-LINE LIST OF PARTICIPANT ENTRY DEADLINE. Only person for person changes can be made through the Electronic Seeding Meeting procedures.

COACHES NAMES: If a coach on your coaching staff doesn't appear in the drop down menu in the List of participants, check the following under the Staff Responsibility page:

- Who has been listed as coaches for your school (School Administrator only)
- How each coach on your staff is certified to coach (School Administrator only)
- If the coach has completed the PES Exam (one time requirement) (Coach)
- State of Illinois mandated Concussion Management Program (see details below).
- Online Girls & Boys Swimming Rules Exam and Rules Presentation.
- Coaches who wish to be considered for the Sectional Diving panel must also view the required Diving Rules Presentation.

Concussion Risk Management Program: A change in state law requires all staff and officials to pass a new Concussion Management Program examination prior to working with students in the 2016-17 school term no later than September 1. If you work as an official, athletic director, athletic coach (head or assistant), sideline cheer or dance coach, or marching band director, you must pass the Concussion Management Program examination with a score of 80% (24 out of 30) in order to be in compliance with state law. You may take the examination as many times as necessary to reach the 80% grade. You must retake the exam every two years to remain certified.

Confirmation of receipt of Online List of Participants: Schools should login to their School Center site on the IHSA website and go to the Activity Tracker. **Reasons for the "Red Box" to appear in the Sport/Activity Tracker:**

- Some schools will not have a competitor in every event offered.
- Schools would not verify to have competed in at least 6 Contests (team honors only).
- School hasn't "Certified & Submitted" their form.

Verification of IHSA Receiving List of Participants:

- Print a copy once you have completed the Sectional entries (Ctrl+P on your computer keyboard will prompt the page(s) to print)
- Make sure you "Certify & Submit" your form so you will not receive unnecessary reminders from our office about not receiving your Swimming List of Participants.

Once the process is complete and the deadline date approaches, the Schools Center Activity Tracker will show that the deadline has passed. This does not mean your school didn't complete it. It means the IHSA Office has imported all rosters and is in the process of preparing the files for the Sectional Managers.

After completing and submitting the Online List of Participants, print out each page of the completed List of Participants for your records. You will not have access to this page, if you try to print it after the deadline. (Ctrl+P on your computer keyboard will prompt the page(s) to print.)

IHSA will utilize the name spellings and year in school data from the On-Line List of Participants submitted by each school entered into the State Series for publication in the State Final Program. If you notice an error after the on-line deadline, please email (clowery@ihsa.org) or contact Cheryl Lowery at (309) 663-6377 at the IHSA Office.

J. A school may enter two contestants in each individual swimming event and two contestants in the diving event. A school can enter a maximum of two (2) participants per event in each gender for the physical/visual disabilities division. A school may enter 1 relay team in each of the relay events.

K. Teams: When completing the Online List of Participants, team entries must check the Six Contest Verification box to be eligible to compete for team honors. By checking the Six Contest Verification box in the Online List of Participants, schools are verifying that the school's boys or girls interscholastic Swimming & Diving team has participated in six boys or girls interscholastic Swimming & Diving meets during the current Boys and Girls Swimming & Diving season and is thereby eligible to compete for team honors at the state meet series in accordance with IHSA By-law 3.054.

Individuals: Schools with individuals competing only, including those who have entered students with physical disabilities in the girls' or boys' Swimming and Diving competition, do not check the Six Contest Verification box as they are not required to meet this requirement. Individual entries are not eligible to compete for team honors at the state meet.

IV. HOST FINANCIAL ARRANGEMENTS

A. Host school shall pay for all local expenses and issue checks to meet officials. Each sectional host will receive a guarantee of \$700.00 and will be reimbursed the cost of officials. Host shall retain 20% of net income and submit remainder to the IHSA. In the case of a negative balance, the host will be reimbursed for the entire deficit. If admission is not charged, the host school shall forfeit the guarantee. A financial report must be sent by the sectional manager to the IHSA office within 10 days following each sec-

tional meet. This form is found in the managers' school center under the Meet Management section.

B. Neither the State Association nor the local meet manager will assume responsibility for any other contestant expenses of any kind for any meet except those expenses specified above.

C. Admission Prices:

1) Sectional: \$5.00 for Child, Student or Adult.

2) State Final as follows:

Diving tickets are sold the day of the prelims at the door, no pre-sales - \$10.00/day (Advancing Divers will be allowed to purchase additional tickets for Saturday Finals once they qualify for Finals).

Swimming (Friday/Saturday ticket) - \$20.00

Note: Please see Item IX-A for the State Final Ticket Distribution Policy.

D. The Sectional meet revenue shall include the television and radio rights fees collected by the Sectional manager as provided for in Item IV-E and IX-G.

E. Rights Fees for TV and Radio: See the IHSA web site (www.ihsa.org) for the fees to be charged by Local Managers and/or the IHSA for television and cable broadcasts and radio originations.

V. TOURNAMENT ASSIGNMENTS AND SEED MEETINGS

A. All schools who complete their On-Line School Entry for both the able-bodied swimming and diving program and the events for students with physical/visual disabilities by the deadline in the IHSA Girls/Boys State Swimming and Diving Meet Series will be assigned to compete in one of the sixteen (16) Sectional meets on a geographic basis. Qualifiers from the Sectional meets will compete in the State Final meet for both the able-bodied swimming and diving program and the events for students with physical/visual disabilities.

B. On or about September 16 (Girls) or November 4 (Boys), Sectional Swimming/Diving School Assignments will be posted on the respective IHSA Swimming/Diving Activity Web Page. A manual outlining the State Swimming/Diving meet series will be posted on the IHSA Schools Center; click on Girls or Boys Swimming & Diving; Click on School Manual. School Manuals will not be mailed to member schools.

C. ELECTRONIC SECTIONAL SEEDING MEETINGS:

Beginning with the 2016-2017 season, the sectional seed meetings will be done electronically. The process and timeline for the electronic sectional seeding meetings for this year are as follows:

There has been no change to when the List of Participants/Entry deadline to send entries to the IHSA occurs -- that has always been, and remains, at Noon on Tuesday, November 8.

Tuesday of the Sectional week:

1. IHSA will send electronic files to meet managers as soon as IHSA has received all entries and withdrawals from Sectionals. Meet managers are required to use the files IHSA provides them. Do not ask schools in your sectional to provide their entries in advance, as they may not match what they originally submitted in the Schools Center during the LOP process.

2. IHSA will send a list of Diving Coaches to Sectional Managers who are eligible to serve on the Sectional Diving Panel. To be eligible to serve on the Diving panel the Head Diving Coach was required to: (If any of the following requirements were not met, they will not appear on the Diving panel list.)

- a. Certified Coach
- b. Be listed in the Schools Center as the "Head Diving Coach", not as an assistant coach.
- c. Watch the Diving Rules Video
- d. Complete the PES Examination
- e. Completed and passed the Concussion Protocol as required by the State of Illinois.

Wednesday of the IHSA Sectional Week (Girls – November 9; Boys – February 15)

9:00 a.m.

• Coaches will be emailed their entries only to review on Wednesday by the Sectional Host School. Only the Meet Referee will be given a complete, preliminary heat sheet with all entries as submitted on the List of Participants.

• The list of eligible dive coaches who have been nominated to serve on the sectional dive panel will be sent to each individual team and the Meet Referee from the Meet Hosts.

6:00 p.m.

• Coaches have until 6PM Wednesday to correct any errors on their entries and return those to the host school.

• Deadline for individual teams to submit any and all corrections back to Meet Host and Meet Referee.

• Deadline for eligible teams to vote for three nominated diving coaches to the Meet Host to serve on the Sectional Diving Panel. Failure to vote will be viewed as having forfeited the right to vote for the diving panel for this IHSA Sectional.

• Sectional managers shall provide an opportunity for divers from competing schools to practice from 6:30 p.m. – 8:30 p.m. on Wednesday before IHSA Sectionals (Girls – November 9; Boys – February 15)

8:00 p.m.

• Full heat sheet with corrections sent to each team (and Meet Referee) from Meet Hosts.

• By 8PM Wednesday, the host will send the final heat sheet to everyone, which is final and cannot be changed.

• **Under NO circumstances** should the host school send a complete heat sheet to everyone before 8PM on Wednesday.

Thursday of the IHSA Sectional Week (Girls – November 10; Boys – February 16)

9:00 a.m.

• Bullet point reminders and site specific information from the Meet Referee will be sent to each team from the Meet Hosts.

• Any egregious errors on the Meet Host's part need to be addressed with the Meet Host, Meet Referee and individual teams.

D. CHANGES PERMISSIBLE DURING THE ELECTRONIC SECTIONAL SEEDING MEETING:

Event Times (Ind. events and relays). Changes (PERSON FOR PERSON BASIS) to name and times are permissible in individual events and relays. All changes during the Electronic Seeding meeting must be completed on or before 6:00 p.m.

NOTE: For all teams, the IHSA will use the athlete's names that actually competed at the sectional meet in any relay(s) for the purpose of determining quantities of participant's deck passes and spectator tickets that will be available to qualifying individuals at the state meet.

E. Relay teams and individual swimmers who do not have an interscholastic time for the current season must submit a non-interscholastic time for seeding purposes at the Sectional meet provided that the principal certifies to the Sectional manager, in writing, that the principal has verification of the accuracy of the non-interscholastic time and that it has been performed in actual competition during the period of July 1, 2016 through the current Girls/Boys swimming season. These non-interscholastic time verifications from the principals must be available for review by competing team coaches upon request. If an interscholastic time that has actually been performed during the current season is available, it must be used for seeding purposes at the Sectional meet. "No Time" entries shall not be accepted. Schools do not need to submit a time for the competitor(s) it is entering in the Students with Physical/Visual Disabilities Division.

Note 1: All seed times submitted for Sectional meet seeding must be recorded to hundredths. Times submitted in tenths shall have the factor nine (9) added to them for seeding purposes (i.e., 55.1 for a Backstroke seedtime will be changed to 55.19 at the Seeding Meeting.)

Note 2: Verified non-interscholastic times for relay teams entries shall not be "add-up" times.

Note 3: A verified leadoff relay time is not an acceptable individual seedtime in the appropriate event.

Note 4: Entries will be assigned to heats and lanes in the swimming events on the basis of (1) best times; and, (2) the composite opinion of the head Girls'/Boys swimming coaches. In case of a discrepancy, (2) is to take precedence over (1). Coaches must be prepared to present evidence

(which might include official meet results) to support the times submitted for seeding purposes at the Sectional meet.

F. **Scratch Meeting:** A scratch meeting with the Sectional Referee and all coaches shall be held immediately prior to the start of the Sectional Swimming and Diving Meet. After the scratch meeting, there shall be no substitutions or changes in a school's entries. Only changes related to illness or injury will be permitted at the Sectional Scratch Meeting (see VH. below), and in individual events only.

G. **Entry Substitutions:** AT THE SECTIONAL MEET - In case of illness or injury, as certified in writing by a principal or physician, an entry substitution may be made in an individual event following the Electronic Sectional Seed Meeting on a person for person basis only. This substitution must be made at the Sectional Meet Scratch Meeting (Referee and all coaches) to be held immediately prior to the start of the Sectional meet. No contestant shall be permitted to change events in order to act as a substitute. The replaced swimmer shall not participate in any Sectional Meet events. However, a swimmer who is replaced at the Sectional and who is listed for the Sectional Meet as one of the possible swimmers in any Relay event may participate in the Relay(s) at the State Final only in the event that Relay(s) qualifies for the State Final Meet.

Note: A different swimmer may be substituted in each event in which the injured or ill swimmer was entered. All Swimmers/Divers used as substitutes must have been on this year's school team and must be eligible in all respects.

AT THE STATE FINALS – RELAY EVENTS ONLY

- In case of illness or injury, as certified in writing by a principal or physician (licensed to practice medicine in all of its branches in Illinois), following the sectional competition, an entry substitution may be made only in a relay event. Such a substitution would be rare and would only be considered by meet management in conjunction with the meet referee if two (2) of the four (4) athletes listed as competitors (not alternates) in any relay event were ill or injured at some point following the sectional competition and prior to Saturday's competition. A request for a substitution in Saturday's meet must be submitted in writing by the coach before 11:00 a.m. on Saturday morning. The coaches written request must be accompanied by the written verification of the building principal or physician (licensed to practice medicine in all of its branches in Illinois), verifying the illness or injury. No contestant shall be permitted to change events in order to act as a substitute. The two (2) replaced swimmers shall not participate in any State Final Meet events. The one individual now being considered as the substitute must have been on this year's school team and must be eligible in all respects.

NOTE: Substitution at the state meet is not possible in individual events. If a state qualifier in an individual event is injured following the sectional meet, his/her lane will be left open.

VI. TOURNAMENT STRUCTURE AND TIME SCHEDULES

A. For the Sectional meets, the local managers shall hold Electronic Seed Meetings on Wednesday prior to sectionals. Please refer to V.-C. for complete instructions.

B. Sectional Meet Time Schedule: Saturday, November 12, 2016 (Girls) and Saturday, February 18, 2017 (Boys) Diving Event

The times shown below (Diving) are suggested times, however the host school may determine when they will open the doors for participants and spectators prior to the start of the meet. Pool doors open to contestants and coaches only for

Diving Warm-ups: 7:30 a.m.

Diving Prelims, Semifinals, and Finals start: 9:00 a.m.

Note: The Preliminary, Semifinal and Final rounds of competition in the Diving event will be held in the morning session at the Sectional meet. Diving awards shall be presented at the conclusion of the diving competition. Both classes in the Students with Physical/Visual Disabilities Division will race at the same time at the sectional meet. In the event that more athletes compete in a given sectional than there are lanes, multiple heats of a particular race shall be conducted.

Swimming Events

The times shown below (Swimming) are suggested times, however the host school may determine when they will open the doors for participants and spectators prior to the start of the meet.

Pool doors open to contestants/coaches only for Swimming Warm-ups: 11:30 a.m.; Swimming Finals start: 1:00 p.m.

Swimming Order of Events

- 200-Yard Medley Relay
- 200-Yard Freestyle for Students with Physical/Visual Disabilities
- 200-Yard Freestyle
- 200-Yard Individual Medley
- 50-Yard Freestyle for Students with Physical/Visual Disabilities
- 50-Yard Freestyle (15-Minute Break)
- 100-Yard Butterfly
- 100-Yard Freestyle for Students with Physical/Visual Disabilities
- 100-Yard Freestyle
- 500-Yard Freestyle
- 200-Yard Freestyle Relay (15-Minute Break)
- 100-Yard Backstroke
- 100-Yard Breaststroke for Students with Physical/Visual Disabilities
- 100-Yard Breaststroke
- 400-Yard Freestyle Relay

Note: All Swimming events at the Sectional meets shall be conducted on the "Timed Finals" basis. No preliminary or final heats shall be held.

State Time Schedule:

Thursday, November 17, 2016 (girls)/Thursday, February 23, 2017 (boys)

- 3:00 pm. – 9:00 p.m.: It is preferred that diving sheets be faxed to the host school by 3:00 p.m. on Thursday, however, coaches may submit them in person on site at diving practice not later than 9:00 p.m. Changes in the diving sheets may be made until 8:00 a.m. on Friday.
- 4:00 p.m.-7:00 p.m.: Team Packet Pick-up by head coach (swimming and diving packets may also be picked up at the team entrance Friday morning. Swimming and Diving packets are separate. Swim tickets for qualifiers may also be picked up during this time (see ticket information in the School Manual for a complete ticket pickup schedule).
- 7:00 p.m.: IHSA State Final Head Officials Meeting at the State Final Site.
- 5:00 p.m.-9:00 p.m.: Diving practice (open to contestants and coaches only)

Friday, November 18, 2016 (girls)/February 24, 2017 (boys)

- 9:00 a.m.-2:30 p.m.: Team packet pick-up by head coach (swimming and diving packets separate)
- Diving Preliminaries:**
- 6:30 a.m.: Locker room and pool doors open to divers and coaches. The pool is open for diving warm-ups at this time.
- 8:00 a.m.: Doors open to public and tickets go on sale for Diving Prelims. Diving Public allowed in spectator area
- 8:00 a.m.: Deadline for submitting Diving Sheets.
- 8:45 a.m.: Dive Boards Close. Diving coaches and participants meet with head diving referee on pool deck (voluntary)
- 9:00 a.m.: Diving Prelims and Semifinals begin.

Swimming Preliminaries:

- 8:00 a.m.: Swimming Public allowed in gym holding area until 2:30 pm entrance onto Pool Deck
- 1:30 p.m.: All participants and coaches scheduled for arrival
- 1:40 p.m.: Pool doors open to participants and coaches (by Entrance Order number) for Warm-ups.
- 2:00 p.m.: Pool opens for warm-ups.
- 2:00 p.m.: Officials meet with Meet Referee. See online state final instructions for complete details.
- 2:30 p.m.: Swimming Public allowed in spectator area.
- 2:45 p.m.: One Sprint Lane opens.
- 3:00 p.m.: Two Sprint Lanes open.
- 3:20 p.m.: Pool Closes
- 3:30 p.m.: Swimming Preliminaries begin

Saturday, November 19, 2016 (girls)/February 25, 2017 (boys)

Swimming and Diving Finals:

- 8:30 a.m.: Outside Entrance opens to coaches/participants
- 8:30-9:30 a.m.: Pool doors open to divers/coaches only for diving warm-ups
- 9:15 a.m.: All participants and coaches scheduled for arrival
- 9:30 a.m.: Doors open to public
- 10:15 a.m.: Pool doors open to participants and coaches (by Entrance Order number) for Warm-ups.**
- 10:30 a.m.: Pool opens for warm-ups (Lane 1 is dedicated for Athletes with Disabilities only)**
- 10:30 a.m.: Officials Meeting See online state final instructions for complete details.
- 11:00 a.m.: Spectators allowed in pool seating area
- 11:15 a.m.: One Sprint Lanes open
- 11:30 a.m.: Two Sprint Lanes open
- 12:00 p.m.: Swimming and Diving Finals begin
- Both classes in the Students with Physical/Visual Disabilities Division will race at the same time at the state finals meet. At the state finals meet, if there are more qualifiers in an event for students with physical/visual disabilities than twice the number of lanes available, preliminary qualifying heats will be held on Friday, interspersed among the events for able-bodied swimmers, with the 12 fastest times from the preliminaries qualifying for Saturday's Championship finals. In the Championship Finals, place finishers in each classification will be determined solely on the times swum by each competitor. If there are 12 or fewer entrants in an event for students with physical/visual disabilities, then place finishers in each classification will be determined solely on the times swum by each competitor in Saturday's Championship Finals.
- Order of Events**
- 200-Yard Medley Relay
- 200-Yard Freestyle for Students with Physical/Visual Disabilities
- 200-Yard Freestyle
- 200-Yard Individual Medley
- 50-Yard Freestyle for Students with Physical/Visual Disabilities
- 50-Yard Freestyle (15-Minute Break)
- Diving
- 100-Yard Butterfly
- 100-Yard Freestyle for Students with Physical/Visual Disabilities
- 100-Yard Freestyle
- 500-Yard Freestyle
- 200-Yard Freestyle Relay (15-Minute Break)
- 100-Yard Backstroke
- 100-Yard Breaststroke for Students with Physical/Visual Disabilities
- 100-Yard Breaststroke
- 400-Yard Freestyle Relay

Note: The consolation finals shall be swum immediately prior to the championship finals in each event.

VII. ADVANCEMENT OF WINNERS

A. The first place winners in each individual swimming event and the first place winners in the diving from each Sectional meet shall advance to the State Final meet and compete in the events in which they qualified.

In Addition, any individual or relay team in the swimming events who equals or surpasses a minimum qualifying time in the Sectional meets shall be certified by the meet manager and shall advance to the State Final meet in the qualifying event(s). Legal lead-off leg times may not be used to qualify to the State Meet in corresponding individual events.

The first place winners in each individual swimming event for swimmers with physical/visual disabilities from each Sectional meet shall advance to the State Final meet and compete in the events in which they qualify. In addition, any individual who equals or surpasses a minimum qualifying time in the Sectional meets shall be certified by the meet manager and shall advance to the State Final in the qualifying event(s). Qualifying times for girls or boy's to advance from the sectional to the state finals in the physical/visual disabilities division shall be based on the gender appropriate WASUSA S5/U16/18 standard for Classification A and WASUSA S8/U16/18 standard for Classification B.

B. State Swim Qualifying Standards: Sectional Qualifying Standards for the Boys and Girls State Finals are determined in the following manner. The Qualifying Standards for each individual swimming event will be calculated by determining the 30th place time from all sectionals. Then that time will be used to obtain an average of the last FIVE years average times in each event. In relay events the same process will be implemented but the 24th sectional place time will be used to make the calculations. Any time calculated to be slower than the existing qualifying time would not be used in that event. The existing time would remain. Using this process, the qualifying standards for the 15-16 seasons are:

Important Notice:

***Sectional hosts are required to email Kraig Garber (kgarber@ihsa.org) a complete set of results so the calculations can be made when sectional events are completed. The complete set of results must be sent to the IHSA Office no later than the Monday following the Sectional Meet.

Event	2016 Girls Standards	Students with Physical/Visual Disabilities Class A	Students with Physical/Visual Disabilities Class B	Event	2017 Boys Standards	Students with Physical/Visual Disabilities Class A	Students with Physical/Visual Disabilities Class B
200 Medley Relay	1:48.88			200 Medley Relay	1:37.33		
200 Free	1:55.10	7:30.00	5:30.00	200 Free	1:44.48	7:00.00	5:00.00
200 IM	2:09.84			200 IM	1:57.99		
50 Free	:24.46	3:00.00	2:15.00	50 Free	:21.86	2:45.00	2:00.00
100 Butterfly	:58.23			100 Butterfly	:52.44		
100 Free	:53.08	4:45.00	3:30.00	100 Free	:47.72	4:15.00	3:00.00
500 Free	5:09.87			500 Free	4:45.38		
200 Free Relay	1:38.44			200 Free Relay	1:27.79		
100 Back	:58.81			100 Back	:53.47		
100 Breast	1:07.07	5:30.00	5:00.00	100 Breast	1:00.00	5:00.00	4:30.00
400 Free Relay	3:35.73			400 Free Relay	3:13.35		

C. In addition, in the diving event, any diver whose score in the Sectional Meet is among the next thirty-two (32) top scoring divers from all sectional meets who did not win first place in diving, shall advance to the State Final as an “At-Large Qualifier” and shall be determined by the administrator in charge in the IHSA Office who shall screen all Sectional Scores. At Large Diving Qualifiers for both Girls and Boys will be posted on the IHSA Website on the Sunday morning following the Sectional Meets.

In the diving event at the Sectional Meet the sixteen (16) divers with the highest scores in Rounds 1, 2,3,4 and 5 shall qualify for semifinal Rounds 6,7 and 8, the twelve (12) divers with the highest total score after Round 8 shall qualify for the finals.

In the diving event at the State Final, the sixteen (16) divers with the highest scores in Rounds 1,2,3,4 and 5 shall qualify for semifinal Rounds 6,7 and 8, the twelve (12) divers with the highest total score after Round 8 shall qualify for the finals.

Note: In the event of a tie for the final qualifying position in the State Finals (12th place), all divers tied for 12th place will dive in the finals. However, as per Item X-B-1 in these terms and Conditions, all competitors will be competing for a maximum of 12 medals. The top 12 scores at the conclusion of the final three dives will receive medals. No additional medals for any additional qualifier will be awarded (unless after all dives are completed there remains a tie for the 12th position).

D. All swimming events in the Sectional meets shall be conducted on the “Timed Finals” basis. No preliminary or final heats will be held.

E. In the State Final meet, there shall be six contestants qualifying from preliminaries for the championship finals and six contestants qualifying for the consolation finals in the swimming events. In case of a tie for the last qualifying place, a swim-off should be conducted not later than 45 minutes after the last heat of the last event in which any of the swimmers in question has competed during that session of the meet.

F. In the State Final Meet, winners in the swimming preliminaries shall qualify for the finals on the basis of time trials.

Note: All Sectional times shall be recorded to two decimal places. In the event automatic timing equipment fails, and stopwatches are used for backup timing, times shall be recorded in accordance with Rule 6-1-2.

Note: All Sectional meet times for State Final Qualifiers shall be initiated by the Meet Referee to verify that all times recorded by the Head Timers are “official” and correct.

VIII. TOURNAMENT RULES

A. The current Swimming and Diving Rules published by the National Federation of State High School Associations are the official rules governing the competition in all state series meets unless otherwise specifically provided for in these Terms and Conditions or in printed instructions to meet managers.

B. In accordance with IHSA By-laws 2.020 and 2.070, all schools are required to have a qualified coach or faculty representative present at all times during a meet and be available for assignment as might be required by the meet manager. If a school does not have a qualified coach or faculty representative present at the Sectional site or the State Final site during warm-ups or competition, that school’s competitors shall not be permitted to participate.

Note: Schools are reminded that only coaches and faculty representatives who meet the provisions of IHSA By-law 2.020 and 2.070 and who are listed on the School’s On-Line List of Participants shall be permitted to serve in those capacities at the Sectional and State Final meet.

C. A school may enter into the IHSA Swimming and Diving State Series one relay team in each relay event. All eligible schools are allowed to enter four (4) swimmers and four (4) alternates (8 names maximum). Any school qualifying at least one relay for the state finals will be issued one (1) additional deck pass for the alternate of the schools choice. This single deck pass is to be issued to the individual selected by the coach to represent the team as the teams designated relay

alternate. The other alternates listed in the schools List of Participants at the time of entering the State Series will not be provided deck passes. No alternate listed in the List of Participants will be provided spectator tickets for any day of the state final events. As always, any athlete listed as an alternate in a specific relay(s) can be used to swim in that relay. NOTE: For all teams, the IHSA will use the athlete’s names that actually competed at the sectional meet in any relay(s) for the purpose of determining quantities of participant’s deck passes and spectator tickets that will be available to qualifying individuals at the state meet.

D. In accordance with Rule 3-2-1, an individual contestant shall be permitted to enter a maximum of four events, no more than two of which may be individual events. Being designated as a member of a relay team does not count as an entry unless the competitor actually competes in the event.

Note: In regard to contestant limitations, the Sectional and State Final meets shall be considered to be separate meets.

Student-athletes in the physical/visual disabilities division shall be allowed to swim in up to four individual events in the Sectional meet. In the State Championship Meet, an athlete with a physical/visual disability, who qualified in the applicable events through the sectional, shall be guaranteed to swim in at least two events and shall be able to swim in up to four (4) events as long as there are two (2) athletes with disabilities of any classification swimming in the third and fourth events. Starts at both the sectional and state finals can be from the platform, the pool deck, or in-water.

E. The Referee, Starter, Diving Referee and a Turn/Stroke Judge for the Sectional meets shall be appointed by the IHSA Office. In addition, the Sectional managers shall appoint all other non-paid meet officials and shall appoint a full complement of officials as needed for a championship meet.

F. At the Sectional meets, the panel of judges for diving shall be comprised of five (5) persons, including at least two (2) of the officials assigned by the IHSA Office and swimming and/or

diving coaches from the schools participating in the Sectional meet. Coaches that wish to be considered as Dive Judges are required to view the Diving Rules Presentation found in the IHSA School Center.

Note 1: Wednesday prior to Sectionals. Deadline to vote for 3 coaches to serve on sectional dive panel from the list of eligible coaches must be returned to the Sectional Host by 6:00 p.m. Only coaches that have divers actually competing in the sectional competition may vote. Only names of coaches who received credit for the Diving Rules Presentation and were nominated during the school's List of Participants process will be listed for the vote.

Note 2: At least two (2) officials selected to serve on the diving panel at the Sectional meet must be from among the Meet Referee, Starter and Turn/Stroke Judge appointed by the IHSA Office.

Note 3: Diving Score Sheets will be distributed at Diving practice on Wednesday prior to Sectionals and will be available on Saturday morning of the Sectional Meet (2 forms per school). At the State Final, Diving Score Sheets will also be distributed. At the Sectional and State Final Meets, coaches are reminded that the coach's signature (as well as the diver's signature) is required on the Diving Score Sheet.

G. At the State Final meet, the IHSA Office shall assign all officials, including a Referee, Starter, Diving Referee, Head Timer, Head Finish Judge and Coordinator of Officials as well as two panels of seven (7) diving judges.

All diving judges must be a Certified IHSA Swimming official. The first diving panel shall judge rounds 1, 2, 6, 7 and 8 and comprised of (7) IHSA certified officials. The second diving panel shall judge round 3, 4, 5, 9, 10 and 11 and shall be comprised of (7) IHSA officials.

Note 1: To be eligible for appointment to the diving panels at the State Final meet, diving officials must have attained the Certified © level within the IHSA promotional system.

Note 2: To be eligible for appointment to the diving panels at the state meet, IHSA officials must have attended a level 2 clinic within the preceding one (1) year.

Note 3: To be eligible for appointment to a diving panel at the state meet, the IHSA official must have viewed BOTH the annual rules presentation video AND the separate diving judging video.

The six (6) assigned Head Officials for the state meet (Coordinator of Officials, Meet Referee, Starter, Diving Referee, Head Timer and Head Finish Judge) shall NOT serve on a State Final Diving judging panel.

H. In accordance with IHSA By-law 6.033 and the Swimming and Diving Rules, the decision of the Meet Referee and Diving Referee shall be final.

I. Conduct of swimmers and divers:

Unsportsmanlike conduct by coaches or contestants or the use of profane language by coaches or contestants will not be tolerated and shall be punishable under the provisions of Bylaws 3.141 and 4.061.

J. Uniforms: Swimmers and divers shall wear suits that comply with specifications included in the modified NFHS Rule 3-3. Coaches and athletes are encouraged to work with their distributor to determine if any suit meets the new standards defined in 3-3-2. To be deemed a legal suit, any suit must meet the style and construction restrictions described in rule 3-3-2, (i.e.: must be completely permeable to water and air). A suit listed on the FINA list of approved suits will be legal for competition. Not being included on that list does not necessarily mean the suit is not legal. It is legal to wear two caps.

K. In the swimming events at the Sectional meets, points shall be awarded to the swimmers achieving the twelve (12) fastest times in each event.

L. In the swimming events at the State Final meet, points for first through sixth places shall be awarded solely on the basis of the order of finish in the championship finals. Points for seventh through twelfth places shall be awarded solely on the basis on the order of finish in the consolation finals.

M. In the diving event at the Sectional meets and the State Final meet, points for the first through twelfth places shall be awarded solely on the order of finish in the championship finals.

N. In the scoring of the Sectional meets, points shall be awarded for the first through twelfth places as follows:

1) Relay Events – 32-26-24-22-20-18-14-10-8-6-4-2

2) Individual Events – 16-13-12-11-10-9-7-5-4-3-2-1

3) No team points shall be recorded for the places won by contestants from schools that do not meet the six contest requirements of IHSA By-law 3.054. No points shall be scored for places won by such contestants and this provision shall not alter the order of finish or the points scored of other contestants.

O. At the State Final meet, if more than 6 lanes are used for the preliminary heats in the swimming events, only six lanes shall be used for both consolation finals and the championship finals.

IX. TOURNAMENT POLICIES

A. State Final Ticket Distribution Policy:

1) Ticket Sales for State Final Qualifiers: Each qualifier in the State Final meet will be permitted to purchase two (2) Swim Events

tickets per swim qualifier, plus one alternate (if they qualify a relay team). Students who are competing in the Students with physical/visual disabilities will be able to purchase 2 Swim event tickets.

In addition, after meet management has determined the number of spectator tickets to be distributed to qualifiers, meet management will determine if extra spectator tickets are available. If so, then all schools that have qualified at least one individual for the state finals will be allowed to purchase two (2) additional Swim Event tickets. This number may be reduced to one (1) or to zero (0) if the number of qualifiers spectator's tickets approaches the maximum capacity of the swimming and diving venues.

Monday-Wednesday, 8:30 a.m. – 4:00 p.m. (will call not available)

Thursday: 8:30 a.m. – 7:00 p.m. (during packet pick-up)

2) If there are any Swim Events tickets remaining after Thursday night they will go on sale to the general public at the door prior to the prelims.

3) The cost of Swim Events tickets for the State Final Meet is \$20.00 (two days)

4) Diving Event tickets will be sold at the door for the single Friday session at a cost of \$10.00. The twelve divers who qualify for the finals on Saturday will be eligible to purchase two tickets, at \$10.00 each, for the entire Saturday finals, immediately following Diving prelims.

Note: A coach, athletic director, faculty representative, principal or person with a letter of authorization from the high school principal, may purchase tickets on behalf of a school.

B. Participant Passes for the State Final:

At the State Final meet, a participant pass will be issued to each girl/boy who qualifies for the State Final meet for both the able-bodied swimming and diving program and the events for students with physical/visual disabilities. Schools that qualify at least one relay will be provided one additional deck pass to be given to the single relay alternate determined by the school. In addition, for those schools that have qualifiers for the State Final meet, for both the able-bodied swimming and diving program and the events for students with physical/visual disabilities, qualified coaches, who are listed on the school's On-Line List of Participants, shall be issued a coaches pass with the following formula:

1-5 Qualifiers = Two (2) Coaches wristbands
6-10 Qualifiers = Three (3) Coaches wristbands

11 or more Qualifiers = Four (4) Coaches wristbands

Note 1: Managers or Rub Down personnel will not receive a participant pass.

Note 2: Participant and coach passes shall not be transferable and shall entitle those persons who receive participant passes only to the seating assignment in the pool deck area. IHSA has the authority to revoke a participant and/or coaches wristband at any time. Certified coaches who are listed on the On-line List of Participants will be

issued a coaches wristband (in accordance with the above formula). However, those coaches must meet all IHSA Coaching By-law Requirements and its subsections (By-law 2.070). Coaches who do not meet By-law 2.070 are not eligible and cannot be entered on the On-line List of Participants and are not eligible to receive a wristband. Only legitimate coaches and authorized meet personnel who have been issued wristbands and stamped contestants shall be allowed on the pool deck at the Sectional and State Final meet.

Coaches Wristbands: In an effort to ensure that only approved personnel are on the pool deck, meet management and/or IHSA officials will secure the required wristband on coaches as they enter the facility. **Only Coaches listed on the List of Participants for the participating school through the IHSA Schools Center (who has been identified how they are certified to coach, has completed/passed their PES and the New Concussion Risk Management program by September 1, 2016) will be issued a coaches wristband.** Any wristband that appears to be tampered with at any time during the championship will be confiscated and the individual in possession will not be allowed entrance without the purchase of a ticket. If no tickets are available for purchase the individual will not be allowed admittance. There have been numerous instances in past years involving coaches providing an extra coaches' band to individuals other than the certified coach for which the band was approved and intended. Schools involved in the transfer of coaches' bands will have themselves and their program placed on probation for the following year.

The IHSA will eliminate the diving coach's wristband from the number of allowable coach's wristbands as calculated by the number of qualifying swimmers and divers. The qualifying divers will be removed from the list of qualifiers used to determine the number of coaches' wristbands. In other words, the swimming coaches' wristbands will be determined by using only the number of swimmers qualifying from each team.

C. Bands: No bands, pom-pom squads or drill team groups shall perform at any state series meets.

D. Signs, Banners, Balloons and Mechanical Noisemakers:

1) The display of signs, banners, posters or similar items at IHSA state series events is permitted, provided:

- a) They are in good taste and reflect good sportsmanship in their message and use;
- b) They reflect identification and encouragement to participants and their school/community;
- c) They are not displayed on the field of play or in a manner that interferes with play;
- d) They do not obstruct the view of participants or spectators; and,

e) They are not safety hazards.

2) All mechanical noisemaking devices, including balloons, shall be excluded from the swimming and diving facilities.

E. Cheerleaders: Participating schools are encouraged to use school cheerleaders provided their cheers are appropriate to the sport of swimming and diving, are in accordance with IHSA By-laws, and provided they have purchased tickets for seating during the meet.

F. Damage to Property and Equipment: If contestants or people from any school entered in a state series meet are found guilty of carelessness or maliciously breaking, damaging or destroying property or equipment belonging to the host school, such school shall be held responsible for costs incurred in replacing or repairing such property or equipment.

G. Media Requirements:

1) Provide Space: Space shall be set aside to provide for new media representatives covering the state series whether they are from newspapers, radio stations, commercial television stations and/or cable television stations.

2) Radio and TV Originators: It is the responsibility of the Local Manager to accept applications, approve requests to originate, collect proper rights fees payments (where required) and make cancellation refunds for television and/or radio play-by-play originations, according to the IHSA Television and/or IHSA Radio Broadcast Policy.

a) Television Rights Fees for all levels of competition below the State Final level shall be paid to the host school and shall become part of the revenue to be shared by the member school(s) and the Association according to the financial terms stipulated in these Terms and Conditions.

b) Radio Broadcast Rights Fees are not required for any level of competition in this series. Local Managers shall permit radio play-by-play originations of the competition.

c) Television and/or Radio Stations which do not apply in advance, or which do not pay required rights fees prior to the start of competition in each respective level in this state series shall not be given credentials nor allowed access to the facility to originate. Sponsors of the originations for television and radio shall be only those so stipulated in the respective IHSA Television and Broadcast policies.

3) All media requirements for the State Final Meet shall be handled through the IHSA Office.

4) Local meet managers shall be responsible for reporting meet information and results to the IHSA Office and the news media as stipulated in printed instructions received from the IHSA Office.

5) Flash photography is not allowed by anyone except the photographers from V.I.P. These photographers are contracted by the IHSA

and have been trained in the appropriate uses of flash photography during events.

H. Filming/Videotaping: At the Sectional and State Final meets, spectators will be permitted to film and videotape the competition provided:

- 1) The filming or videotaping unit is a self-contained unit that needs no power outlet;
- 2) The filming or videotaping unit is a compact, hand-held unit that can be operated from the spectator's seat;
- 3) The spectator is seated while filming or videotaping;
- 4) No tripod is used; and,
- 5) No additional seating space than the one seat occupied by the spectator is used for the camera or case, etc. for the filming or videotaping.

I. Flash photography is not allowed by anyone. Spectators who do not abide by these provisions will not be permitted to film or videotape at the meet.

Note: If a diver from a school qualifies for the diving event at the State Final meet, and video of her/his dives is needed for her/his application for All-American consideration, arrangements to film are to be made with the State Final manager prior to the meet.

J. Tobacco/Liquid Nicotine Products: The use of tobacco or liquid nicotine products in any competition area, either during a practice or while a contest is in progress, or affiliated property of any IHSA state series contest by any coach, player, any other person connected with a team, or fan shall be prohibited. State series hosts are required to make all state series contest sites and any affiliated property, including parking lots, fan accommodation areas, and other school or event venue property, tobacco/liquid nicotine free zones on the date or dates of any IHSA event being held at the site.

K. Use of Inhalers: A student with asthma may possess and use his/her medication during an IHSA competition, while under the supervision of school personnel, provided the school meets the outlined procedures of self-administration in the Illinois school code.

L. Alcoholic Beverages and IHSA State Series Events:

The possession, distribution, sale and/or consumption of alcoholic beverages are prohibited at the site and on any affiliated property of any IHSA state series contest. State series hosts are required to make all state series contest sites and any affiliated property, including parking lots, fan accommodation areas, and other school or event venue property, alcohol free zones on the date or dates of any IHSA event being held at the site. Violation of this policy by an event host will subject the host to a penalty for violation of IHSA By-law 2.020. Such penalty may include but not necessarily be limited to prohibition against subse-

quent event hosting assignments. Violation of this policy by a non-hosting member school will subject the school to penalty for violation of IHSA By-law 2.020. Patrons of any IHSA state series contest determined to be in violation of this policy will be removed from the premise, and law enforcement officials will be called as warranted. No ticket refunds will be granted in such cases.

X. AWARDS

A. Sectional

1) Individual: Medals will be awarded to the first six place winners in each individual event and relay event. Medals will be given to the first six individual finishers in each classification in each event at the sectional meet for students in the Physical/Visual Disabilities Division.

2) Team: Plaques will be presented to the school winning the team championship at the Sectional meets.

3) Duplicate Awards: Managers can find a Duplicate Awards order form online in the online Managers Manual in the forms section.

B. State Final

1) Individual: Medallions will be awarded to the first twelve place winners in each individual event and relay event. Medals will be given to the first twelve individual finishers in each classification in each event at the state final meet for students in the Physical/Visual Disabilities Division.

2) Team: Team Medallions and Trophies will be presented to the first, second and third place teams at the State Final meet. Eighteen (18) medallions for competitors, two (2) for coaches, one (1) superintendent, one (1) principal, one (1) athletic Director and one (1) certified Athletic trainer will be provided.

3) Duplicate Awards: Schools can find a Duplicate Awards order form online in the online Schools Manual in the forms section.

Note: Only schools that meet the six contests requirements of the IHSA By-law 3.054 shall be eligible to compete for team honors in the Sectional and State Final meets.

C. Combined State Championship

The Combined State Championship will consist of schools with athletes competing in the Swimming and Diving State Championship along with students competing in the Students with Disabilities Division. A Combined State Championship will be awarded if the following conditions are met:

There must be at least eight participants in the Students with Disabilities Division advancing to the State meet; and There must be at least three students per classification (Classifications A and B are defined in Section I). If the conditions are met, athletes in the Students with Disabilities Division may be eligible to earn points toward the Combined Championship as follows:

There must be at least three competitors entering an event for Students with Disabilities. Students with Disabilities may swim in up to four events, but may only earn points in two events. Each student's top two results will be eligible to count for the Combined State Championship score.

Points awarded in the Students with Disabilities Division will be based on the number of participants per class as provided in the following chart:

#Competitors	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
2	3	2										
3	4	3	2									
4	5	4	3	2								
5	6	5	4	3	2							
6	8	7	6	5	4	3						
7	9	8	7	6	5	4	3					
8	10	9	8	7	6	5	4	3				
9	11	10	9	8	7	6	5	4	3			
10	13	11	10	9	8	7	6	4	3	2		
11	14	12	11	10	9	8	7	5	3	2	1	
12	16	13	12	11	10	9	7	5	4	3	2	1

Any school with a student competing in the Swimming and Diving State Championship along with Students in the Disabilities Division will be eligible for the Combined State Championship. The six contest requirement (Section III.D) will not apply to participants in the Students with Disabilities Division.

The score applied to determine the Combined State Championship will be the total of all points for students competing in the Swimming and Diving State Championship with students competing in the Students with Disabilities Division. Team Medallions and Trophies will be presented to the first, second and third place teams at the State Final meet for the Combined State Championship.

The Combined State Championship is an officially recognized IHSA State Championship.

Whether or not a Combined State Championship is awarded, students with disabilities will be eligible for Individual awards.

XI. OFFICIALS

A. Appointment and Fees

1) Sectional: Four (4) officials will be assigned from the IHSA Office. The IHSA Office will assign officials to the 16 Sectional Meets. \$152.50 flat fee for the Meet Referee, Diving Referee and Starter and \$116.50 for the Turn/Stroke Judge.

2) State Final: Six (6) officials will be assigned by the IHSA Office. The head officials will receive the following flat fees: \$272.00 flat fee for the Meet Referee, Starter and Diving Referee; \$208.00 flat fee for the Head Timer/Head Finish Judge; \$250.00 flat fee for the Coordinator of Officials.

a. Mandatory Officials Meeting: There will be a mandatory meeting for the six (6) Head State Finals Officials at 7:00 p.m. on Thursday at the State Final site.

b. Housing: The IHSA has a block of rooms at the Hilton Garden Inn, Evanston set aside for Head Officials. Housing for Head officials who incur an overnight lodging expense to attend the mandatory officials meeting are entitled to two

(2) nights of lodging and will be paid by the IHSA Office upon check-in (provided they stay at the hotel designated by the IHSA Administrator). Head officials must notify Cheryl Lowery at the IHSA Office, upon receipt of their State Final Officials Contract whether or not they will require housing reservations.

c. Volunteer officials must log in to their Officials Center to accept the state final volunteer assignment

B. Mileage Reimbursement Policy: The officials appointed by the IHSA will be paid mileage from the IHSA Office upon receipt of a mileage voucher submitted by the appointed official to the IHSA Office within 30 days of the contest. Appointed officials will receive 30 cents per mile for every mile over 70 miles for each round trip. Mileage vouchers can be printed from the IHSA Web Site through the IHSA Officials Center. Note: Mileage is determined to and from the official's home to the site of the competition, unless prior approval has been given from the administrator in charge of the sport/activity.

Important Dates for Swimming & Diving

- August 8:** First date of Officials Online Part 1 exam/Swimming Rules Presentation and Diving Rules Presentation begin through the IHSA School & Officials Center.
- August 8:** School Manual for Coaches (School's Center and Swimming & Diving Activity web pages).
- August 10:** Season/practice may begin
- August 22:** Girls first Contest Date
- September 1:** **A change in state law requires all coaching staff to pass a new Concussion Management Program examination prior to working with students during the 2016-17 school term.**
- September 9:** School Team/Individual Entry Deadline to participate in the State Series (Principal or Official Representative password required) through their IHSA Schools Center Site. **Coaches:** Double Check to make sure the Official Representative or Principal from your school entered your school. This is the only way your school will be assigned to a Swimming Sectional. If you notice your school is not listed on the Sectional assignments, it indicates your school is not entered in the IHSA State Series. **If your school is listed on the Sectional Assignments and your school will not be competing in the IHSA Sectional Competitions, send an email to tcraig@ihsa.org** and indicate your school needs to withdraw from Swimming & Diving. Sometimes prior Principals or Official Representatives will enter your school before the end of the prior school year without knowing how many kids will go out for your program in the fall. Check on your IHSA status with your school representative.
- September 13:** **Girls Swimming & Diving Schools & Swimming Officials Online Rules Presentation Deadline.** The first year of failure to redeem Rules Presentation credit will result in being placed on probation. The second year of failure to redeem will result in suspension. There will be a penalty fee of **\$50.00 payable to the IHSA Office prior to the site being re-opened.**
- September 13:** **Diving Rules Presentation Deadline for Swimming Officials who want to be considered for State Final Dive Panels.**
- September 13:** **Deadline Diving Rules Presentation for Girls Diving Coaches who wish to be considered to serve on the Girls Sectional Dive Panel.**
- September 16:** Officials Assignment Process Begins. Official's availability calendars should be updated in the Officials Center for consideration for Sectional assignments.
- October 24:** Officials Deadline to volunteer working the State Final Meet should go to their Officials Center and indicate so.
- November 8:** Girls Coaches must submit their Online List of Participants by noon.
- November 9:** **Girls Electronic Sectional Seeding Meetings**
- November 12:** IHSA Girls Sectional Swimming & Diving Meets
- November 18-19:** IHSA Girls State Final Swimming & Diving Meet, Evanston Township High School, Evanston, IL
- November 21:** Boys season/practice may begin
- November 29:** School Deadline: Online Rules Video for Boys Coaches. If you miss the deadline, there is a penalty fee of **\$50.00** payable to the IHSA Office prior to activating the link in your Schools Center to be taken off probation or suspension.
- November 29:** **Deadline Diving Rules Presentation for Boys Diving Coaches who want to be considered to serve on the Boys Sectional Dive Panel.**
- December 1:** School Team/Individual Entry Deadline to participate in the State Series (Principal or Official Representative password required) through their IHSA Schools & Officials Center login. **Coaches:** Double Check to make sure the Official Representative or Principal from your school entered your school. This is the only way your school will be assigned to a Swimming Sectional. If you notice your school is not listed on the Sectional assignments, it indicates your school is not entered in the IHSA State Series. **If your school is listed on the Sectional Assignments and your school will not be competing in the IHSA Sectional Competitions, send an email to tcraig@ihsa.org** and indicate your school needs to withdraw from Swimming & Diving. Check on your IHSA status with your school representative.
- December 2:** Boys first contest date
- December 5:** Officials Assignment Process Begins. Official's availability calendars should be updated in the Officials Center for consideration for Sectional assignments.
- February 1:** Officials Deadline to volunteer working the State Final Meet should go to their Officials Center and indicate so.
- February 14:** Boys Coaches must submit their Online List of Participant by noon.
- February 15:** **Boys Electronic Sectional Seeding Meetings**
- February 18:** IHSA Boys Sectional Swimming & Diving Meets
- February 24-25:** IHSA Boys State Final Swimming & Diving Meet, New Trier High School, Winnetka, IL

Important Procedures for Participating Schools to remain Eligible to Compete in the IHSA State Series

This following guideline is an attempt to help keep schools and/or its participants eligible to compete in the Swimming & Diving State Series. It is not intended to replace the Terms and Conditions or the Manual for Schools. It is the coach's responsibility to check their online Activity Tracker for information and to meet all required deadlines. To be fully informed, coaches must make themselves familiar with **the Online Manual for Schools. PLEASE DO SO!**

- A. What: Concussion Management Risk Management Program**
Who: All coaches and Officials
When: September 1
Where: Schools Center and Officials Center
How: **Schools:** Login to the Schools Center with your User ID and Password and click on the "Concussion Risk Program"
Officials: Login to your Officials Center and click on the words "Concussion Education Resources". This is listed under the License Status & Availability Summary, in a pink box.
Why: **A change in state law requires you to pass a new Concussion Management Program examination prior to working with students in the 2016-17 school term, not later than September 1. Even though you may have already successfully taken it within the last two years.** If you work as an official, athletic director, athletic coach (head or assistant), sideline cheer or dance coach, or marching band director, you must pass the Concussion Management Program examination with a score of 80% (24 out of 30) in order to be in compliance with state law. You may take the examination as many times as necessary to reach the 80% grade. You must retake the exam every two years to remain certified.
- B. What: Enter school into the Swimming & Diving State Series**
Who: Principal or Official Representative
When: By September 9 (Girls), November 1 (Boys)
Where: www.ihsa.org
How: Click on IHSA Schools & Officials Center Login
1. Enter your User ID (5 digit ID, a letter followed by 4 letters) and Official Representative or Principal password
2. Click on Sport & Activity Tracker
3. Click on "enter your programs"
4. Click all applicable sports your school will participate in this school term
Why: This data is what IHSA uses to assign schools to their Sectional sites.
- C. What: Staff Compliance in the IHSA Schools Center:** To make changes to School's Center information the Official Representative should click on the "Staff Logins & Roster" link and click the name of the person you want to edit and make necessary changes.
Who: Principal, Official Representative, Athletic Director
When: By September 8
Where: IHSA.org
How: Go to www.ihsa.org
1. Click on IHSA Schools & Officials Center Login
2. Enter your User ID (5 digit ID, a letter followed by 4 letters) and Official Representative or Principal password
3. Click on Staff Compliance
Why: This page is very important because if any information is missing from the coaching profile, the coach will not be able to add his/her name to their list of coaches on their List of Participants and will not be issued credentials for the State Final. This page indicates:
a. Who has been listed as coaches for your school
b. How each coach on your staff is certified to coach
c. If the coach has completed the PES Exam (one time requirement)
d. **A change in state law requires all coaching staff and officials to pass a new Concussion Management Program examination prior to working with students in the 2016-17 school term, no later than September 1.(See instructions above).**
- D. What: Review the Online Manual for Schools**
Who: Coach and/or Athletic Director
When: Mid August
Where: The Manual for Schools **will be posted on each IHSA Swimming & Diving Activity Page and in the Schools Center (by logging in):**
How: Go to www.ihsa.org
1. Click on "Activity Tracker"
2. Click on Manual for Schools (If the Swimming & Diving Manual for Schools doesn't appear, you are not listed as the coach and/or your school isn't entered to participate this year).
Why: This manual has information for coaches and athletic directors as to what is necessary in order for their athletes to participate in the Girls and/or Boys Swimming & Diving State Series. Failure of coaches and athletic directors to become familiar with these details often results in the student athletes and/or coaches from their schools being denied the opportunity to compete.

- E. What:** **Online Rules Video Presentation for Girls and Boys Swimming & Diving (Coaches and Officials)**
Who: **All schools entering Swimming & Diving must have each Head Coach and Swimming & Diving Officials view the online rules video. By-Law 2.120 requires schools entering a sport as teams or individuals must view the online rules video**
When: Available August 8 through September 13 (Girls Coaches and Officials). Boys Swimming Coaches have until November 29. A \$50.00 penalty will be assessed after the deadline and placed on probation the first year and/or suspended the second year for failure of redeeming credit for online rules video.
How: Go to www.ihsa.org
 1) Click on "School & Officials Center Login"
 2) **Boys & Girls Head Coaches:** Enter your User ID (5 digit ID, a letter followed by 4 digits) and your Coaches password.
Officials: Enter your User ID and password by logging into the Officials Center.
 3) Click on "Rules Video" next to Girls or Boys Swimming & Diving (in the activity tracker)
 4) View the online Rules Video to view, interact and receive credit.
Why: This is a yearly requirement for **EVERY HEAD BOYS AND GIRLS SWIMMING & DIVING COACH** (TEAM & INDIVIDUAL ENTRIES)

- F. What:** **Entering Participants into the State Series Meets: "Online List of Participants"—Do not wait until the last minute, you can always make changes up until the deadline.**
Who: Coach
When: Deadline is Noon, November 8 (Girls)/ February 14 (Boys) - If a school does not submit their Online List of Participants by the deadline, coaches and/or participants from that school are subject to sanctions, which could include but not be limited to being ruled ineligible to compete in the State Series. Schools which do not do so and are consequently ruled ineligible for the State Final Series and must email tcraig@ihsa.org a letter indicating they are withdrawing from the Swimming & Diving State Series by noon on the day of the Online List of Participants deadline or a \$100.00 penalty will be assessed to your school.
Where: Go to www.ihsa.org
 1) Click on "School & Officials Center Login"
 2) Enter your "User ID" (5 digits, a letter followed by a number) and the password issued to you by your school. All of this information was emailed to you by your school. IHSA login ID and your unique Swimming & Diving Coaches password (Boys and Girls Coaches have different passwords), issued through your school administration through the IHSA Schools Center.
 3) Click on Sport & Activity Tracker
 4) Click on the "List of Participants" link
 5) Type in the requested information and save your page(s).
 6) **Certify & Submit your Form**
 7) **PRINT EACH PAGE (ctrl key+P) on your keyboard. After the deadline, you will not be able to do so.**
Why: This is how the IHSA knows the names of the participants and coaches. This information will later be used in the State Final Program. It will be used as it is presented so please double check spellings for accuracy.

Reasons for the "Red Box" to appear in the Sport/Activity Tracker:

- ❖ Schools would not verify to have competed in at least 6 Contests (teams only).
- ❖ School hasn't clicked "Certify & Submit" button.

Verification of IHSA Receiving List of Participants:

- ❖ Print a copy of your entries as stated in #7 before the deadline. This is verification of your entries.
- ❖ Make sure you click the "CERTIFY & SUBMIT" link, so you will not receive unnecessary reminders from our office about not receiving your List of Participants. Once the process is complete and the deadline date approaches, the Schools Center Activity Tracker will show that the deadline has passed. This does not mean your school didn't complete it. It means the IHSA Office has imported all rosters and is in the process of preparing the files for the host of your Sectional.

After Certifying & Submitting the *Online List of Participants*, print a copy of each page (ctrl key+P) on your keyboard for your records. You will not have access to this page, if you try to print it after the deadline.

- G. What:** **Withdrawal from Swimming & Diving after being entered**
Who: Principal or Official Representative
When: Prior to Noon, November 8 (Girls)/February 14 (Boys)
Where: IHSA Office
How: Email Tammy Craig (tcraig@ihsa.org) a letter indicating the desire to officially withdraw.
Why: Schools that fail to participate after entering and who fail to formally withdraw will be fined \$100.00 (additional penalties may apply, refer to Terms and Conditions). The fine is necessary to encourage schools to make us aware of their intent not to participate. When schools do not show up it adversely affects the balance in the numbers of teams assigned to each Sectional. This can create situations that are unfair to others. When you become aware that your school will not participate in the State Series, please withdraw immediately!

IHSA School Center Website Login Instructions

Sport/Activity Tracker Information

Access to Swimming & Diving Web Page

To access the Swimming & Diving Web page, school password and ID number is not required.

Please follow the steps below:

1. On the World Wide Web Go to: www.ihsa.org
2. Click on the pull down menu under Sports & Activities.
3. Click on Girls and/or Boys respective sports page.

Click on State Series Information and Results to access:

- Sectional Sites
- Sectional Assignments
- Sectional Results
- State Final Information

Girls State Finals: Fri.-Sat., November 18-19, 2016

Site: Evanston (Twp.) | Directions

Information: Evanston (Twp.) State Final Swimming Web Site

Apparel & Souvenirs: Minerva

Preview: IHSA State

Boys State Finals: Fri.-Sat., February 24-25, 2017

Site: Winnetka (New Trier) | Directions

Information: New Trier State Final Swimming Web Site

Apparel & Souvenirs: Minerva

Preview: IHSA State

Tickets, Participant Pass and Wristband Allotment Notice
Interpretation--Relay Alternates at the IHSA Swimming/Diving Finals
5-Year Sectional Site Rotation
Paralympic Swim Clinic
Athlete Registration
Coach Registration

Quick Facts

- State Series Information & Results
- Terms & Conditions
- Manual for Schools
- Manual for Managers
- Paralympic Classification Descriptors
- Rules Meeting Information/Bulletin
- Swimming Rules Presentation
- Diving Coaches Rules Presentation
- Dive Schedule
- Qualifying Standards
- Dive Panel Volunteer Availability Form
- State Final Volunteer Officials Request and Information
- State Final Qualifier Information
- State Final Qualifiers Ticket Order Form
- State Final Time Schedule

Access to IHSA Schools Center Web Page

To access the School Center, the User ID number and respective coach password is required.

The School's Center Web Site can only be accessed with your User ID and password. Your school is required to generate and email each coach a user ID and password. If a coach password is misplaced or forgotten, the coach should contact their school administration to reset their password through the IHSA Schools Center. An active/frequently used email address must be on file at the high school for coaches to receive their password.

Coaches can Access the Schools Center with their unique Coaches password by following the steps below:

1. On the World Wide Web Go to: www.ihsa.org
2. Click on School's and Officials Center login
3. Enter your User ID
4. Enter your password
5. Click on Activity Tracker
6. With this access, coaches will be able to view and complete items and watch for important deadlines to keep your team/individuals eligible to compete in any IHSA sport/activity.
7. Rules Bulletin
8. Rules Video (yearly)
9. PES Examination (1 time requirement)
9. **Concussion Video (This year and every 2 years following, State of Illinois requirement)**
10. Online List of Participants (yearly)
11. State Final Information
12. Manual for Schools

Sport and Activity Tracker within the Schools Center

You must log-in to your Schools Center to get credit. You will notice important dates and deadlines pertaining to coaching responsibilities.

Important: There is no qualifying tournament to be eligible to compete in the first qualifying level of any IHSA State Series Tournament. Once deadlines pass, the Sport and Activity Tracker will show if your school has met the required Sport/Activity deadlines. It will show:

1. Entry Status (indicates if your school team/individuals are signed up to participate in the current sport(s)/activity(s))
2. View the Rules Video and get credit (yearly)
3. PES Examination (1 time requirement)
4. **Concussion Video (This year and every 2-years following, State of Illinois Requirement)**
5. Check to see if your school was given credit for watching the Rules Video
6. Program Status (whether your school is on probation or suspension)
7. Review/print the Manual for Schools for the respective Sport/Activity (this should be reviewed yearly by all coaches for updates)
8. Participation Survey
9. Top 15 List (If applicable)
10. Deadline dates for Required Forms for the respective Sport/Activity and verification that those reports have been sent to the IHSA Office.
11. Rating Officials (If applicable)

Enter user ID:

 Enter password:



Welcome to the IHSA Schools & Officials Center

To log in, please type your user ID in the upper box and your password in the lower box, then click the button.

Forgot your password? You can [reset your password](#) via email.

SCHOOL PERSONNEL: If you don't know your ID or password, please contact your athletic director or AD's assistant.

Have a question about clinics or rules meetings or other Officials Center items? Contact the [IHSA Officials Department](#).

The Schools & Officials Center is closed every morning between 3 and 4 am Central Time.

Please report problems to the [IHSA Technology Department](#).

Scott Johnson
A0000

IHSA (Test School)

[MAIN MENU](#)



jackie

Enter new selection:

Admin

Departments

T Sport & Activity Tracker	L Staff Responsibilities & Logins
I School Information & Facility Maps	E Eligibility Requests & Rulings
V Voting & Town Meetings	R Special/SAWA Reports & Yellow Cards
H IHSA State Series Hosting & ScoreZone	
O Officials & Body Fat Testers	D Open Dates
PES Performance-Enhancing Substance Program	CON Concussion Risk Program
A All-Time Records	S Student Recognition
W Webinars	F Forms & Other Resources
P Personal Information	

Office Shortcuts

LOP: GOG GOB TNG CCG cdc CCB cdb SWG SDG
 DAC CHC BWB bdb BWL bdc CT IE GYG SWB sdb WR DB DGI
 JRN BSF GYB BAD TRG TDG TRB TDB TNB **Sched:** FB

SUM: SOB VBG FB WR BKG BKB SCB
 WPG WPB VBB SOG SBG BA

SFI: SOB VBG FB xGYG WR BKG BKB SCB
 WPG WPB xGYB VBB SOG SBG BA

[View an overview of the new concussion exam requirement](#)

Message Center

If you're interested in hosting IHSA State Series events, now is a good time to revisit your [facilities](#) and [host availability](#) surveys.

6 days ago

[2014-2015 All-School Mailing](#)

One week ago

[Concussion Course now available](#)

[Concussion Course for Coaches update](#)

[View older messages →](#)

8/5 2014-2015 All-School Mailing

High School Administrators:

Quick Links

Log out

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A0000

IHSA (Test School)

MAIN MENU



jackie

Enter new selection:

Find

Admin

IHSA Sport & Activity Tracker

TRACKER: [Action items only](#) | [Fall sports](#) | [Winter sports](#) | [Spring sports](#) | [Activities](#) | [All sports & activities](#)
[Entry form](#) | [Coop teams](#) | [Emerging sports](#) | [Participation summary](#) | [Ratings summary](#)

This page tracks the progress your sport and activity programs have made in completing items required for IHSA State Series.
Red cells indicate action items. It is your responsibility to **get the red out!**

You may still [enter your programs](#) in IHSA state series for the current school term. In some cases a late penalty may apply.

BOYS GOLF	Status of Head Coach	Status in IHSA State Series	Status of Program	Online Forms	Rating of Officials	Documents, Printed Forms and Other Information
	Scott Johnson	enter your school deadline is 9/5	probation	Participation Survey has not yet been submitted		Terms and Conditions
Class 3A	coaching qualification: ISBE certification PES exam passed on 8/12/13		view rules video starting 8/12 until 9/16			
email task reminder to coach	concussion exam passed on 8/1/14					Case situations

GIRLS TENNIS	Status of Head Coach	Status in IHSA State Series	Status of Program	Online Forms	Rating of Officials	Documents, Printed Forms and Other Information
		enter your school deadline is 9/5	probation	Participation Survey should be submitted on fifth day of practice		Terms and Conditions
			view rules video starting 8/12 until 9/16			School Manual
email task reminder to coach				Lists of Participants from sectional schools will be available morning after LOP deadline		Case situations

BOYS SOCCER	Status of Head Coach	Status in IHSA State Series	Status of Program	Online Forms	Rating of Officials	Documents, Printed Forms and Other Information
	Wilfred Jamieson	enter your school deadline is 9/5	probation	Participation Survey should be submitted on fifth day of practice		
Class 3A	coaching qualification: ISBE certification PES exam passed on 7/23/14		view rules video starting 8/12 until 9/16			
email task reminder to	concussion exam is expired and must be					Case situations

Schools Are Required to Use the IHSA Schools Center to File ONLINE LIST OF PARTICIPANTS (Sectional Event Entry List)

November 8, 2016 @ noon (Girls Swimming)

February 14, 2017 @ noon (Boys Swimming)

INSTRUCTIONS TO COMPLETE THE ONLINE LIST OF PARTICIPANTS

On-Line List of Participants (Including individuals participating in the Students with Physical/Visual disabilities Division): Each school entering the state series (whether entering a team or individuals) must submit its Online List of Participants via the Internet through the IHSA Schools Center Web Site to the IHSA Office. This List of Participants must be received in the IHSA Office by noon Tuesday, November 8, 2016 (Girls Swimming/Diving) and by noon on Tuesday, February 14, 2017 (Boys Swimming/Diving). If a school does not submit the On-line List of Participants by the deadline, coaches and participants from that school are subject to sanctions, which could include but not be limited to being ruled ineligible to compete in the State Series. Schools which do not submit their school's On-Line List of Participants and are consequently ruled ineligible for the State Final Series must formally withdraw (see Withdrawal Procedures/Breach of Contract above in section III-C). The On-Line List of Participants will provide space for each participating school to list the accurate names of up to two (2) Girls/Boys entered in each individual event at their respective Sectional Meet. A school may enter into the IHSA Swimming and Diving State Series one relay team in each relay event. All eligible schools are allowed to enter four (4) swimmers and four (4) alternates (8 names maximum). Any school qualifying at least one of these relay for the state finals will be issued one (1) additional deck pass for the alternate of the schools choice. This single deck pass is to be issued to the individual selected by the coach to represent the team as the teams designated relay alternate. The other alternates listed in the schools List of Participants at the time of entering the State Series will not be provided deck passes. As always, any athlete listed as an alternate in a specific relay(s) can be used to swim in that relay.

SPACES LEFT BLANK DURING THE ON-LINE LIST OF PARTICIPANT PROCESS MAY NOT BE FILLED IN AFTER THE ON-LINE LIST OF PARTICIPANT ENTRY DEADLINE. Only person for person changes can be made through the Electronic Seeding Meeting procedures.

COACHES NAMES: If a coach on your coaching staff doesn't appear in the drop down menu in the List of participants, check the following under the Staff Responsibility page:

- Who has been listed as coaches for your school (School Administrator only)
- How each coach on your staff is certified to coach (School Administrator only)
- If the coach has completed the PES Exam (one time requirement) (Coach)
- State of Illinois mandated Concussion Management Program (see details below).
- Online Girls & Boys Swimming Rules Exam and Rules Presentation.
- Coaches who wish to be considered for the Sectional Diving panel must also view the required Diving Rules Presentation.

Concussion Risk Management Program: A change in state law requires all staff and officials to pass a new Concussion Management Program examination prior to working with students in the 2016-17 school term no later than September 1. If you work as an official, athletic director, athletic coach (head or assistant), sideline cheer or dance coach, or marching band director, you must pass the Concussion Management Program examination with a score of 80% (24 out of 30) in order to be in compliance with state law. You may take the examination as many times as necessary to reach the 80% grade. You must retake the exam every two years to remain certified.

Confirmation of receipt of Online List of Participants: Schools should login to their School Center site on the IHSA website and go to the Activity Tracker. **Reasons for the "Red Box" to appear in the Sport/Activity Tracker:**

- Some schools will not have a competitor in every event offered.
- Schools would not verify to have competed in at least 6 Contests (team honors only).
- School hasn't "Certified & Submitted" their form.

Verification of IHSA Receiving List of Participants:

- Print a copy once you have completed the Sectional entries (Ctrl+P on your computer keyboard will prompt the page(s) to print)
- Make sure you "Certify & Submit" your form so you will not receive unnecessary reminders from our office about not receiving your Swimming List of Participants.

Once the process is complete and the deadline date approaches, the Schools Center Activity Tracker will show that the deadline has passed. This does not mean your school didn't complete it. It means the IHSA Office has imported all rosters and is in the process of preparing the files for the Sectional Managers.

After completing and submitting the *Online List of Participants*, print out each page of the completed *List of Participants* for your records.

You will not have access to this page, if you try to print it after the deadline. (Ctrl+P on your computer keyboard will prompt the page(s) to print.)

IHSA will utilize the name spellings and year in school data from the On-Line List of Participants submitted by each school entered into the State Series for publication in the State Final Program. If you notice an error after the on-line deadline, please email (clowery@ihsa.org) or contact Cheryl Lowery at (309) 663-6377 at the IHSA Office.

A school may enter two contestants in each individual swimming event and two contestants in the diving event. A school can enter a maximum of two (2) participants per event in each gender for the physical/visual disabilities division. A school may enter 1 relay team in each of the relay events.

Teams: When completing the Online List of Participants, team entries must check the Six Contest Verification box to be eligible to compete for team honors. By checking the Six Contest Verification box in the Online List of Participants, schools are verifying that the school's boys or girls interscholastic Swimming & Diving team has participated in six boys or girls interscholastic Swimming & Diving meets during the current Boys and Girls Swimming & Diving season and is thereby eligible to compete for team honors at the state meet series in accordance with IHSA By-law 3.054.

Individuals: Schools with individuals competing only, including those who have entered students with physical disabilities in the girls' or boys' Swimming and Diving competition, do not check the Six Contest Verification box as they are not required to meet this requirement. Individual entries are not eligible to compete for team honors at the state meet.

Relays: A school may enter into the IHSA Swimming and Diving State Series one relay team in each relay event. In the 200-yard freestyle relay, the 400-yard freestyle relay, and the 200-yard medley relay, all eligible schools are allowed to enter four (4) swimmers and four (4) alternates (8 names maximum). Any school qualifying at least one of these relay for the state finals will be issued one (1) additional deck pass for the alternate of the schools choice. This single deck pass is to be issued to the individual selected by the coach to represent the team as the teams designated relay alternate. The other alternates listed in the schools List of Participants at the time of entering the State Series will not be provided deck passes. No alternate listed in the List of Participants will be provided spectator tickets for any day of the state final events. As always, any athlete listed as an alternate in a specific relay(s) can be used to swim in that relay.

Make sure you list any possible alternate(s), in case of unforeseen circumstances. The people listed are the only ones who will be eligible to swim in that respective relay.

Relay Event Entry Limitations: In accordance with the Terms and Conditions, schools may enter a **maximum of** eight (8) girls/boys in each relay event—four (4) swimmers and four (4) alternates are permitted.

Filling out the List of Participants Form is a critical part of the entry process. Failure to complete may jeopardize your school's participation in the state series and could result in the suspension of the head coach for one or more contests.

Coaches: If you are receiving notifications from our office, please do not ignore them. You are receiving communications because you are entered into the state series and we require/expect for you to meet all deadlines to stay eligible.

Also, if you are receiving emails and your school is not going to participate in the Swimming & Diving State Series, this is a "Red Flag" that IHSA has your school entered to participate. To avoid penalty fees, you must have your official representative withdraw your school by emailing tcraig@ihsa.org by noon the day of the Online List of Participants deadline.

IHSA will supply all Sectional Managers a file with *List of Participants* for each school assigned to their meet.

(If you experience any problems, please call the IHSA Office and ask for Cheryl Lowery.)



Electronic Sectional Seed Meeting Timeline

(Revised 10/27/2016)

Beginning with the 2016-2017 season, the sectional seed meetings will be done electronically. The process and timeline for the electronic sectional seeding meetings for this year are as follows:

There has been no change to when the List of Participants/Entry deadline to send entries to the IHSA occurs -- that has always been, and remains, at Noon on Tuesday, November 8.

Tuesday of the Sectional week:

1. IHSA will send electronic files to meet managers as soon as IHSA has received all entries and withdrawals from Sectionals. Meet managers are required to use the files IHSA provides them. Do not ask schools in your sectional to provide their entries in advance, as they may not match what they originally submitted in the Schools Center during the LOP process.
2. IHSA will send a list of Diving Coaches to Sectional Managers who are eligible to serve on the Sectional Diving Panel. To be eligible to serve on the Diving panel the Head Diving Coach was required to: (If any of the following requirements were not met, they will not appear on the Diving panel list.)
 - a. Certified Coach
 - b. Be listed in the Schools Center as the "Head Diving Coach", not as an assistant coach.
 - c. Watch the Diving Rules Video
 - d. Complete the PES Examination
 - e. Completed and passed the Concussion Protocol as required by the State of Illinois.

Wednesday of the IHSA Sectional Week (Girls – November 9; Boys – February 15)

9:00 a.m.

- Coaches will be emailed their entries only to review on Wednesday by the Sectional Host School. Only the Meet Referee will be given a complete, preliminary heat sheet with all entries as submitted on the List of Participants.
- The list of eligible dive coaches who have been nominated to serve on the sectional dive panel will be sent to each individual team and the Meet Referee from the Meet Hosts.

6:00 p.m.

- Coaches have until 6PM Wednesday to correct any errors on their entries and return those to the host school.
- Deadline for individual teams to submit any and all corrections back to Meet Host and Meet Referee.
- Deadline for eligible teams to vote for three nominated diving coaches to the Meet Host to serve on the Sectional Diving Panel. Failure to vote will be viewed as having forfeited the right to vote for the diving panel for this IHSA Sectional.
- Sectional managers shall provide an opportunity for divers from competing schools to practice from 6:30 p.m. – 8:30 p.m. on Wednesday before IHSA Sectionals (Girls – November 9; Boys – February 15)

8:00 p.m.

- Full heat sheet with corrections sent to each team (and Meet Referee) from Meet Hosts.
- By 8PM Wednesday, the host will send the final heat sheet to everyone, which is final and cannot be changed.
- **Under NO circumstances** should the host school send a complete heat sheet to everyone before 8PM on Wednesday.

Thursday of the IHSA Sectional Week (Girls – November 10; Boys – February 16)

9:00 a.m.

- Bullet point reminders and site specific information from the Meet Referee will be sent to each team from the Meet Hosts.
- Any egregious errors on the Meet Host's part need to be addressed with the Meet Host, Meet Referee and individual teams.

CHANGES PERMISSABLE DURING THE ELECTRONIC SECTIONAL SEEDING MEETING: Event Times (Ind. events and relays). Changes (PERSON FOR PERSON BASIS) to name and times are permissible in individual events and relays. All changes during the Electronic Seeding meeting must be completed on or before 6:00 p.m.

Reminders For Coaches and Meet Managers

- A. Attire / Conduct
 - a. It is the swimmer's and coach's responsibility to compete in legal attire
 - b. Any exceptions to attire rules must have letter from the IHSA Administrator for Swimming & Diving allowing the exception.
 - c. Officials will try to catch violations before they occur.
 - d. One manufacturer's logo per piece of attire is legal.
 - e. Multiple caps may be worn.

- B. Dual Confirmation of False Starts
 - a. Referee and Starter will record potential violations independently.
 - b. Must be agreement to disqualify a competitor.
 - c. Relay exchanges are NOT subject to dual confirmation – Referee will be responsible for his/her half of the pool and the Starter will be responsible for his/her half on all exchanges.

- C. Scratch Meeting Procedures on Saturday
 - a. Scratch from the meet.
 - b. Scratch from an event (using declared false-start).
 - c. Substitution for the meet (must have physician's or principal's letter) – Refer to Terms & Conditions, Section V, Letter G.
 - d. Swimmers who use Kinesiology Tape – Doctor or trainer's letter REQUIRED. Refer to Rule 3-3-4.

- D. Declared False Starts
 - a. Must be given to Referee before the event, not the heat.
 - b. DOES still count as an entry / CAN be rescinded by verbal declaration OR swimmer presenting themselves to swim.

- E. Warm-up Pool (if available)
 - a. Feet first entry.
 - b. Must become quiet on Referee's whistle.
 - c. If pool becomes too noisy, it will be closed.
 - d. If no warm-down pool or lanes are available, swimmers will be permitted a 25-yard warm-down after each heat.
 - e. Competitors in the final heat will be permitted a 50-yard warm-down. Swimmers are NOT to re-enter the pool for purposes of a warm-down – Refer to Rule 3-6-5, Penalties 2(b) and 3.

- F. Disqualifications
 - a. Every attempt will be made to speak to the Head Coach.
 - b. An announcement will be made if the Head Coach cannot be located.

- G. Official Times / Entries
 - a. Times on the board ARE official unless otherwise announced.
 - b. Normal back-up and adjustment procedures (Rule 6) will apply.
 - c. Any time that is adjusted will be announced.
 - d. As per Rule 4-2-2(g), any discrepancy in a race will be resolved in a "timely manner." This is defined as before the start of the next race. Any coach with a question about a time must approach the Meet Referee (not the scoring table or other officials) before the next race. Once the next race has begun, no questions or protest about previous races, heats or events will be honored.
 - e. As per the new electronic seed meeting procedures (Terms & Conditions Section V, Letter C) beginning with the 2016-17 season, the final version of the meet heat sheet which is distributed via e-mail from the Sectional Meet Manager to the teams and Meet Referee (approximately 8:00PM on the Wednesday prior to the meet) shall be official.



Boys/Girls Swimming and Diving

To all member schools participating in Swimming and Diving,

In an effort to standardize the entry process for IHSA Swimming and Diving, the IHSA adopted Hy-Tek Swim software as the official software for managing our State Meets. This IHSA adoption **in no way requires you to purchase Hy-Tek swim software**. It will however provide member schools with a 25% group discount (new purchases only) in the event that your school does wish to purchase swimming software in the future.

I repeat, this IHSA adoption in no way requires you to purchase Hy-Tek swim software. However, we have been made aware by member schools that the majority of schools that currently own and use swimming software, already own the Hy-Tek product. Consequently, the IHSA has decided to purchase the software so that our online entry process for our State Series will be easier for our schools that host the Sectional Meets. By purchasing the Hy-Tek Meet Manager we hope to be capable of sharing the schools online entries with our Sectional Managers in a format that will not require them to be forced to manually reenter the schools individual entries. Please contact hy-tek by visiting www.hy-tek.com for current updates and pricing.

It is our sincere hope that our purchase of this product will make the management of our State Series meets easier for all involved.

Respectfully,

Kraig Garber
IHSA Assistant Executive Director
For Swimming and Diving

School Hy-Tek Letter

Illinois High School Association
2715 McGraw Drive
Phone: (309) 663-6377
E-mail: rmcgraw@ihsa.org
Bloomington, IL 61704
FAX: (309) 663-7479
Web: <http://www.ihsa.org>

Do What's Right!

Sportsmanship

DWR! EXPECTATIONS

- ❖ *Represent their school and community favorably through positive interaction with opposing fans and players before, during, and after the competition.*
- ❖ *Use positive yells, chants, songs or gestures.*
- ❖ *Display modesty in victory and graciousness in defeat.*
- ❖ *Respect and acknowledge the integrity and judgment of officials.*
- ❖ *Exhibit positive behavior in both personal interaction and social media comments.*

Acceptable Behavior...

- During the National Anthem, students, participants and fans should remove any hats, face the flag, not talk, place the right hand on the heart, and remain still until the end of the anthem.
- Applause during introduction of players, coaches and officials.
- Players shaking hands with opponents while both sets of fans recognize player's performance with applause.
- Accept all decisions of the game officials.
- Spirit Participants lead fans in positive support.
- Handshakes between participants and coaches at the end of contests, regardless of the outcome.
- Treat competition as a game, not a war.
- Coaches/players search out opposing participants to recognize them for outstanding performance or coaching.
- Applause at the end of the contest for performance of all participants.
- Everyone showing concern for an injured player, regardless of the team.
- Encourage surrounding people to display sportsmanlike conduct.

Unacceptable Behavior...

- Disrespectful or derogatory yells, chants, songs or gestures.
- Booming or heckling an official's decision.
- Criticizing officials in any way; displays of temper with an official's call.
- Yells that antagonize opponents.
- Refusing to shake hands or give recognition for good performances.
- Blaming the loss of the game on officials, coaches or participants.
- Laughing or name calling to distract an opponent.
- Use of profanity or displays of anger that draw attention away from the game.
- Doing own yells instead of following the lead of spirit participants.



2016-2017 STATE FINAL TICKET DISTRIBUTION/POLICY

The **ticket order form** for Participating or State Final Qualifiers is **no longer needed**.

Ticket Distribution/Sales for State Final Qualifiers:

Schools with qualifiers in the State Final meet for both the able-bodied swimming and diving program and the events for students with physical/visual disabilities will be permitted to order two (2) Swim Events tickets per swim qualifier. Any school qualifying at least one relay for the state final will be issued one (1) additional deck pass for the alternate of the schools choice. This single deck pass is to be issued to the individual selected by the coach to represent the team as the teams designated relay alternate. The alternate will also be allowed to purchase 2 additional tickets.

In addition, after meet management has determined the number of spectator tickets to be distributed to qualifiers, they (meet management) will determine if extra spectator tickets are available. If so, then all schools that have qualified at least one individual for the state finals will be allowed to purchase (2) additional Swim Event tickets. This number may be reduced to one (1) or to zero (0), if the number of qualifier spectator's tickets approaches the maximum capacity of the swimming and diving venues.

On Monday/Tuesday prior to the State Final, IHSA will post on the Swimming & Diving Activity webpage the spreadsheet allocating the number of tickets, participant and coaches wristbands each qualifying school is entitled to. This will allow the school's business office to issue checks for the correct amount and plan accordingly on the number of coaches to represent their school prior to the state final.

Coop schools: Only the host school of the coop will be granted permission to purchase a ticket. Other schools within the coop agreement will not be granted permission to buy tickets.

Swimming Tickets: The cost of State Swim Event tickets is \$20.00 (Friday & Saturday).

Diving tickets: Are **only sold at the door** each day for \$10.00. The twelve divers who qualify for the finals on Saturday will be eligible to purchase two tickets, at \$10.00 each, for the entire Saturday finals, immediately following Diving prelims on Friday.

Important Ticket Changes!

- a. All tickets will be held at the State host school until picked up.
- b. There will be no Advanced Ticket Sales for participating schools
- c. **Payment for Qualifier Spectator Tickets will be expected at the time of pick up. Payments should be made payable to the State Final Host. Do not mail payments to the State Final Host. ALL transactions will be made at the host schools during the week of the meet through the ticket managers.**
- d. The coach, athletic director, faculty representative, or an official representative who has a letter of authorization from the high school principal may pick up ticket(s) during the week of the meet at the specified time/place below. The designated person will be asked to sign for the tickets.

Will Call: Coaches & official representatives may ask the Ticket Manager to put tickets in Will Call beginning on Thursday before the state meet. There will be no Will Call on Monday-Wednesday. Those picking up Will Call tickets must have identification and/or a letter of authorization.

If you have further questions, you can email the State Final ticket manager:

State Meet Ticket Pick-up Days—State Final Week

Monday-Wednesday 8:30 a.m.– 4:00 p.m.

Thursday: 8:30 a.m. – 7:00 p.m.

Evanston Township High School

1600 Dodge Avenue, Evanston, IL 60204

Clarinda Harbison, Ticket Manager (Email: harbisonc@eths.k12.il.us)

Phone: 847-424-7299 **Fax:** 847-492-5806

New Trier High School

385 Winnetka Avenue, Winnetka IL 60093

Augie Fontanetta, Ticket Manager (Email: fontanea@newtrier.k12.il.us)

Phone: 847-784-2225 **Fax:** 847-446-8247

SCHOOL'S RESPONSIBILITY TO AN OFFICIAL PRIOR TO THE SEASON

1. Send a reminder card or email to the officials after you have them scheduled.
2. Reminder should include date of contest, time, level, location and sport.

Even though many schools and conferences have assignment chairpersons, sending a reminder is highly recommended. When an official does not show, people in your community won't know who the assignment chairperson is, but they do know the athletic director. **Avoid embarrassment.**

3. Have a standard wage scale set for your different sports and levels and a method in place to raise the pay periodically.
4. If possible, let the working officials know who their partner(s) will be.
5. Hire police and security along with medical assistant or athletic trainer coverage for events whenever possible.
6. Set a policy with your school board on fan, coach and player behavior.
7. Make sure all officials have a contract that is signed by your school—preferably by the principal or IHSA Official Representative.

SCHOOL'S RESPONSIBILITY TO AN OFFICIAL PRIOR TO THE CONTEST

1. Prior to the contest, provide the officials with directions and inform them of any special activities that might be occurring (i.e., Homecoming, Senior Night, etc.)
2. Give the official a number they can call in case of an emergency or postponement due to weather.
3. Have competent workers assigned at all contests (scorers, announcers, chain crew, etc.). These people are of great assistance to the official during the contest.
4. Have a host assigned to meet the officials as they arrive. The host should do the following for the officials:
 - A) Provide a reserved parking space.
 - B) Meet officials and take them to the dressing room.
 - C) Have refreshments available for halftime and postgame.
 - D) Ask for any additional needs.
 - E) Introduce the officials to those game workers pertinent to the contest (i.e., scorer, announcer, chain gang, etc.).
 - F) Get the proper pronunciation of officials' names so they are correct when given by the public address announcer.
5. Athletic director should discuss with the officials any special events, conference rules, national anthem time, etc. that would affect the game.
6. Provide the officials with the name of the adult supervisor for that contest and where that person can be found in the event a challenging situation should occur.
7. Make officials aware of location of an athletic trainer or other first responders during the contest. Have a doctor on site when possible (especially at football contests).
8. Make sure all bench personnel are properly attired.
9. Do a check on game scoreboards and lighting systems prior to the game or contest.
10. Make sure the playing area is properly marked and meets National Federation guidelines for that contest.
11. Provide appropriate secured dressing area and hot water showering facilities.



SCHOOL'S RESPONSIBILITY TO AN OFFICIAL DURING THE CONTEST

1. Insist coaches display good sportsmanship and are proper examples for your players and crowd.
2. Have your public address announcer or cheerleader read the IHSA sportsmanship statement and remain unbiased during contest.
3. Make sure the event supervisor understands the duties and responsibilities pertinent to that contest.
4. Make sure the playing area is maintained during halftime of each contest. For wrestling, make sure the mat is properly cleaned and washed.
5. Help with adverse weather conditions; monitor accordingly.
6. Make sure proper crowd control is visible and in place. Good administrative control can prevent difficult situations.
7. Observe the crowd during the contest and prevent any disturbances that may occur.
8. Work with the official during the game regarding crowd control.
9. Retrieve the game ball at the end of the contest.
10. Escort the officials back to the dressing room at halftime and at the conclusion of the contest.

SCHOOL'S RESPONSIBILITY TO AN OFFICIAL AFTER THE CONTEST

1. Escort the officials safely back to the dressing room and parking lot.
2. Do not allow unauthorized persons in the dressing room after the game. This includes coaches.
3. Have refreshments available for the officials after the contest.
4. Be sure to thank the officials for their time and effort, regardless of the outcome of the game.
5. Make sure arrangements for paying the officials have been completed. It is preferable to pay the official the day of contest.
6. Ensure that officials are not confronted by anyone after the contest.



Emergency Action Plan (EAP)

In accordance with By-law 2.150, a school shall have on file for each student that participates (including practice) in interscholastic athletics a certificate of physical fitness issued by a licensed physician, physician's assistant or nurse practitioner as set forth in the Illinois State Statutes not more than 395 days preceding any date of participation in any such practice, contest or activity. As this By-law addresses pre-participation certification only, there is not a guideline or By-law in place to address release to interscholastic activity following an injury, with the exception of head injury/concussion. With the understanding that schools throughout the state have different needs and services available to them, this document was produced to provide guidelines on an athlete's return to activity following an injury.

Each school should have a written Emergency Action Plan (EAP) in place to address medical emergencies among athletes, staff, officials, and spectators, regardless of severity, occurring during a practice or competition. The plan should also address severe weather, fire, electrical failure, bomb threat, criminal behavior, or other possible emergencies. This plan should be developed to address the unique needs of the individual sport and venue.

EAP's should consist of the following components:

- Personnel
- Communication
- Equipment
- Emergency Medical Care
- Player Medical Information
- Game-day Responsibilities (includes appropriate sideline preparedness)
- Catastrophic Incident Plan

While each school's sports medicine/medical service needs and availability are different, guidelines should also be developed to assist the coaching staff on what injuries should be allowed to return to competition without a medical release. It is not practical to identify every situation or injury; however the following guidelines should assist the school/coaching staff on determining if the athlete should be allowed to return to activity without a release.

1. No swelling or deformity.
2. No headache, nausea, blurred vision, tingling, numbness or sensory changes.
3. Symmetrical (equal to the other side) joint range on motion and strength.
4. Ability to bear weight, without a limp, if injury occurs to the lower body.
5. Ability to complete full functional sporting activities without compensation.

Please remember that the majority of high school athletes are a minor. If there is a question as to their injury and ability to participate, the parents/guardian should be consulted.

Athletes that are unable to meet the above criteria should be encouraged to seek medical treatment prior to return to interscholastic activity. Those athletes that seek medical treatment should be required to provide a written medical release indicating their ability to participate. Without obtaining this release, the school may assume legal liability if the athlete is allowed to participate in activities not permitted by their medical provider.

A proper plan establishes accountability, should be comprehensive, yet flexible, practical, and easily understood. The written EAP must be revised, approved, distributed, and should be rehearsed regularly prior to every athletic season. The athletic department, administration, and sports medicine team share the responsibility to establish, practice, and execute the EAP.

A sample venue-specific is included as a part of this document, which was developed from portions of the third and fourth editions of National Federation of State High School Associations Sports Medicine Handbook. Persons interested in purchasing this handbook can do so at the following location: <http://www.nfhs.org/resources/publications/>



Venue-Specific Action Plan

Illinois High School Association
2715 McGraw Dr., Bloomington, IL 61704
Phone: 309-663-6377
Fax: 309-663-7479

Venue

Sport:
Location:

Emergency Personnel

Present:
On-Call:

Emergency Equipment Location On-Site

Nearest AED:
First Aid Kit:
Items for proper care of blood-borne pathogens:
Ice or chemical ice packs, water and towels:
Player Medical Information:
Other equipment as deemed necessary by local circumstances and qualifications of available personnel:

Communication

Access to 911:
Access to on-call emergency medical personnel:

Role of First on the Scene:

1. Control scene (gain access to athlete)
2. Initial assessment (to determine breathing, consciousness, pulse status)
3. Detailed assessment (to determine extent of injury/illness)
4. Send designated coach to summon help if needed:
 - a. EMS: Call 911
 - b. Athletic Trainer: Call Athletic Training Room or Cell:
5. Initiate immediate care to the sick or injured athlete

EMS Access:

If EMS is called provide directions/access to scene

Directions to site/location:

Open access gates
Designate individual to meet EMS at entrance

ILLINOIS HIGH SCHOOL ASSOCIATION

2715 McGraw Drive • Bloomington, IL 61704

• www.ihsa.org • Phone: 309-663-6377 • Fax: 309-663-7479 •

IHSA Protocol for Implementation of NFHS Sports Playing Rule for Concussions

“Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health care professional.”

The above language, which first appeared in all National Federation sports rule books for the 2010-11 school term, reflects a strengthening of rules regarding the safety of athletes suspected of having a concussion, but not a revision in primary responsibilities in these areas. Previous rules required officials to remove any athlete from play who was “unconscious or apparently unconscious.” This revised language reflects an increasing focus on safety, given that the vast majority of concussions do not involve a loss of consciousness. However, the revised language does not create a duty that officials are expected to perform a medical diagnosis. The change in rule simply calls for officials to be cognizant of athletes who display signs, symptoms, or behaviors of a concussion from the lists below and remove them from play.

NOTE: The persons who should be alert for such signs, symptoms, or behaviors consistent with a concussion in an athlete include appropriate health-care professionals, coaches, officials, parents, teammates, and, if conscious, the athlete him/herself.

Definition of a Concussion

A concussion is a traumatic brain injury that interferes with normal brain function. An athlete does not have to lose consciousness (be “knocked out”) to have suffered a concussion.

Behavior or signs observed indicative of a possible concussion

- Loss of consciousness
- Appears dazed or stunned
- Appears confused
- Forgets plays
- Unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Shows behavior or personality changes
- Can't recall events prior to or after the injury

Symptoms reported by a player indicative of a possible concussion

- Headache
- Nausea
- Balance problems or dizziness
- Double or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish
- Feeling foggy or groggy
- Concentration or memory problems
- Confusion

This protocol is intended to provide the mechanics to follow during the course of contests/matches/events when an athlete sustains an apparent concussion. For the purposes of this policy, appropriate health care professionals are defined as: physicians licensed to practice medicine in all its branches in Illinois and certified athletic trainers.

1. During the pre-game conference of coaches and officials, the official shall remind the head coaches that a school-approved appropriate health care professional will need to clear for return to play any athlete removed from a contest for an apparent head injury.
2. The officials will have no role in determining concussion other than the obvious situation where a player is unconscious or apparently unconscious as is provided for under the previous rule. Officials will merely point out to a coach that a player is apparently injured and advise the coach that the player should be examined by the school-approved health care provider.
3. If it is confirmed by the school's approved health care professional that the student did not sustain a concussion, the head coach may so advise the officials during an appropriate stoppage of play and the athlete may re-enter competition pursuant to the contest rules.
4. Otherwise, if an athlete can not be cleared to return to play by a school-approved health care professional as defined in this protocol, that athlete may not be returned to competition that day and is then subject to the IHSA's Return to Play (RTP) Policy before the student-athlete can return to practice or competition.
5. Following the contest, a Special Report shall be filed by the contest official(s) with the IHSA Office through the Officials Center.
6. In cases where an assigned IHSA state finals event medical professional is present, his/her decision to not allow an athlete to return to competition may not be over-ruled.

Additional information regarding concussion has been made available to IHSA member schools and licensed officials and can be accessed on the IHSA Sports Medicine website at <http://www.ihsa.org/Resources/SportsMedicine.aspx>.

ILLINOIS HIGH SCHOOL ASSOCIATION

2715 McGraw Drive • Bloomington, IL 61704

• www.ihsa.org • Phone: 309-663-6377 • Fax: 309-663-7479 •

Concussion Information

Return to Play (RTP) Policy

Background: With the start of the 2010-11 school term, the National Federation of State High School Associations (NFHS) implemented a new national playing rule regarding potential head injuries. The rule requires “any player who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the game and shall not return to play until cleared by an appropriate health care professional.” In applying that rule in Illinois, it has been determined that only certified athletic trainers and physicians licensed to practice medicine in all its branches in Illinois can clear an athlete to return to play the day of a contest in which the athlete has been removed from the contest for a possible head injury.

Policy: In cases when an athlete is not cleared to return to play the same day as he/she is removed from a contest following a possible head injury (i.e., concussion), the athlete shall not return to play or practice until the athlete is evaluated by and receives written clearance from a licensed health care provider to return to play.

For the purposes of this policy, licensed health care providers consist of physicians licensed to practice medicine in all its branches in Illinois and certified athletic trainers working in conjunction with physicians licensed to practice medicine in all its branches in Illinois.

Mandatory Concussion Education

Required concussion education for all athletic coaches and marching band directors is a component of the Youth Sports Concussion Safety Act passed by the Illinois General Assembly in the fall of 2015

The IHSA program includes two video presentations and other supplementary materials that ALL high school athletic coaches, marching band directors, and Concussion Oversight Team members need to review prior to taking a required exam over the curriculum. Individuals will be required to demonstrate proficiency on the exam by scoring at least 80% in order to serve as an athletic coach or marching band director at an IHSA member school.

The program offers training in the subject matter of concussions, including evaluation, prevention, symptoms, risks, and long-term effects. Coaches will be able to access the program after logging into the IHSA Schools Center and clicking on the “CON” tab, which will be located under the ‘Departments’ heading on the Schools Center homepage.

For more information on the Youth Sports Concussion Safety Act, including specific requirements of the law and other concussion education providers besides IHSA, individuals can access Sports Medicine resources on the IHSA website at <http://www.ihsa.org/Resources/SportsMedicine.aspx>.



Unmanned Aerial Vehicle (Drone) Policy

For IHSA Tournaments

Effective February 18, 2015

The use of unmanned aerial vehicles (“UAV”), also known as drones, is prohibited for any purpose by any persons at IHSA tournament venues. Tournament management shall refuse admission or entry to anyone attempting to use a UAV; and if necessary, tournament management shall remove anyone attempting to use a UAV and/or confiscate the UAV until the event has been completed.

For purposes of this policy, a UAV is any aircraft without a human pilot aboard the device.

An exception to this policy may be made in specific cases for IHSA broadcast partners, provided the management of the tournament facility permits the presence of UAVs for broadcast purposes under the control of the IHSA.

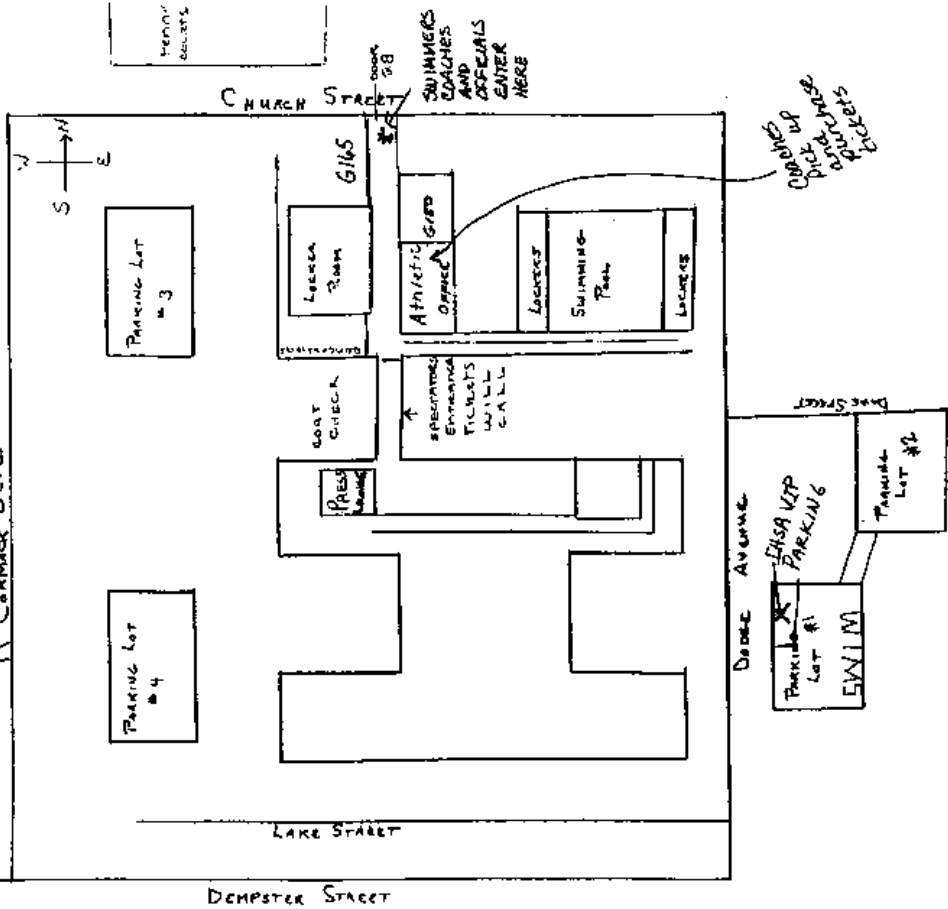
Evanston (Twp.) Map

* PLEASE NOTE AND OBSERVE THE NEW SWIMMERS/COACHES/OFFICIALS ENTRANCE MARKED BELOW!!!!!!
TRI-STATE

EVANSTON TOWNSHIP HIGH SCHOOL
1600 DODGE AVENUE, EVANSTON

Edens Expressway

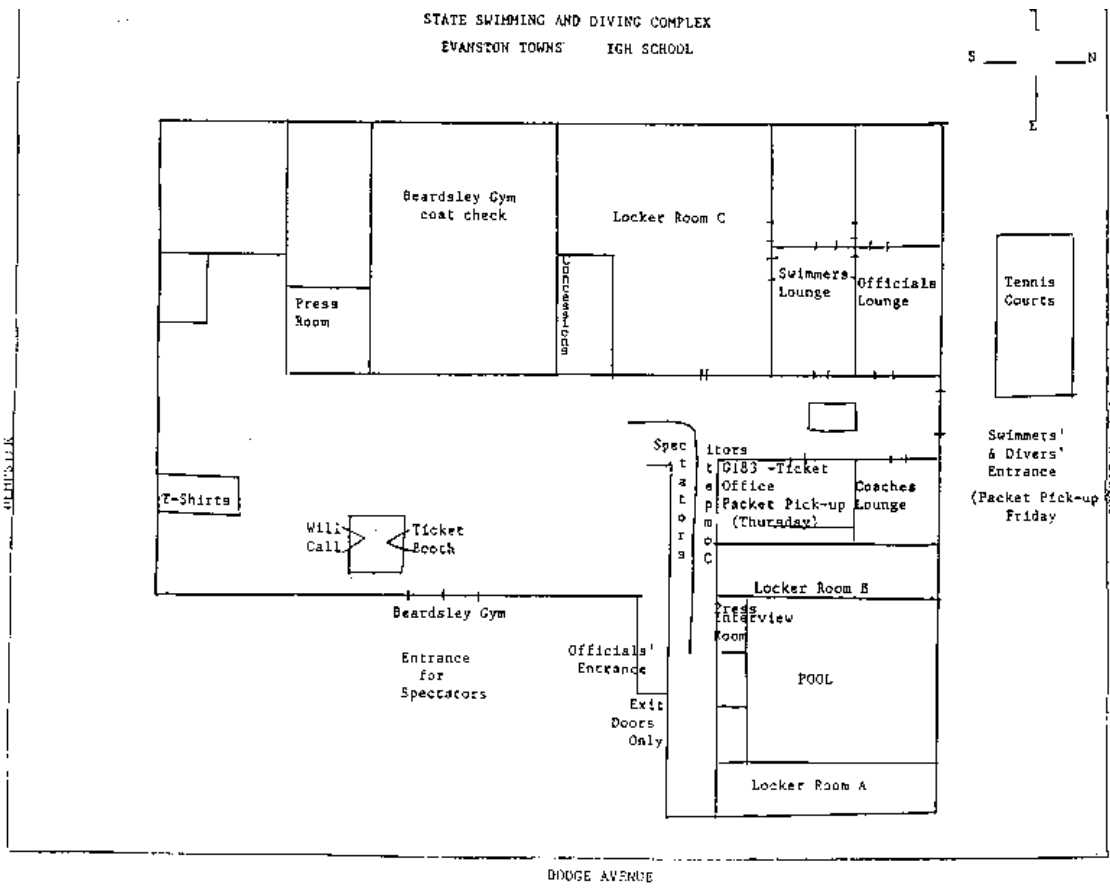
McCormack Blvd.



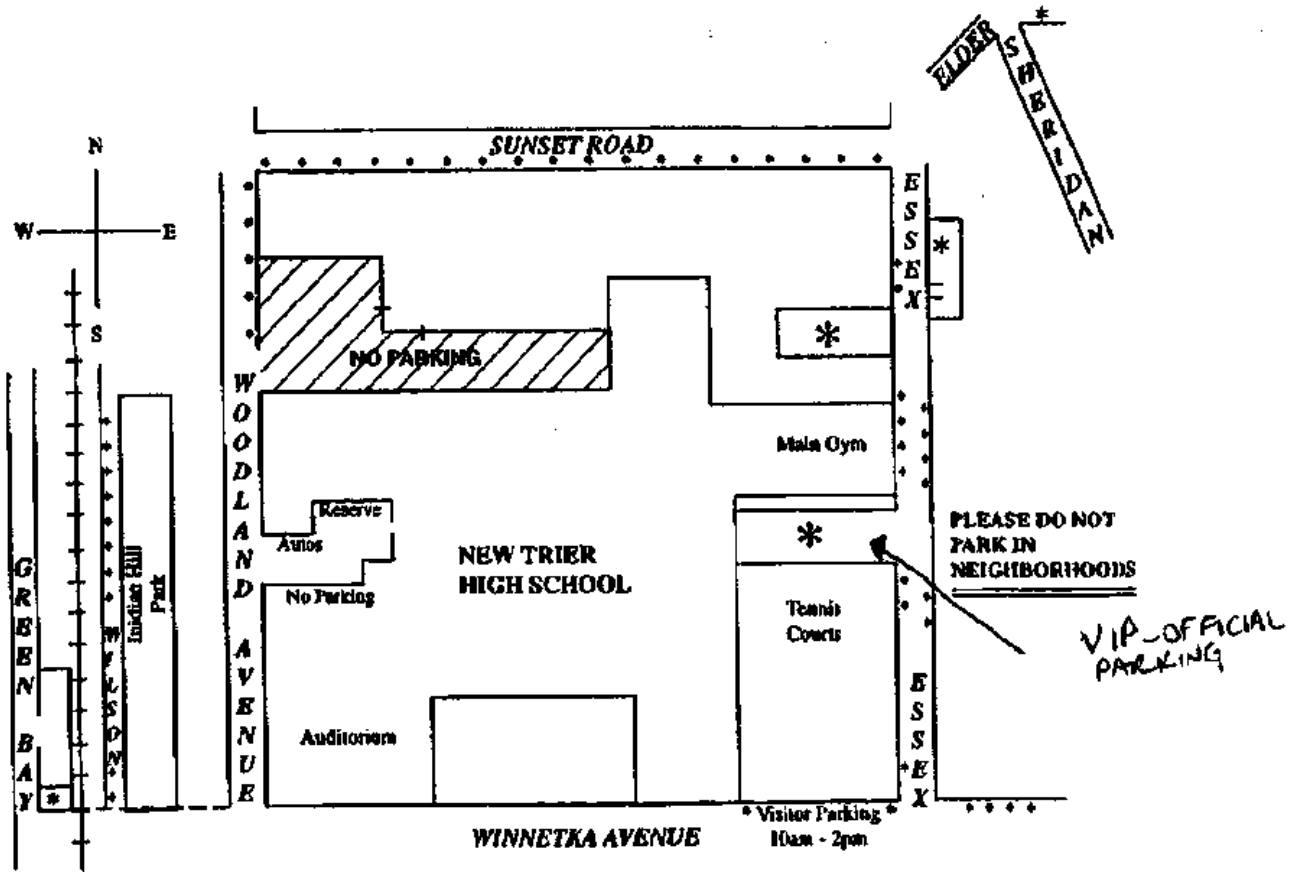
COACHES/STAFF/STUDENT TICKETS

* WHEN EXITING THE NEARBY TRI-STATE USE DEMPSTER - EAST WHEN EXITING THE SOUTHWEST TRI-STATE USE GOLF (ROUTE 57)

STATE SWIMMING AND DIVING COMPLEX EVANSTON TOWNSHIP HIGH SCHOOL



Winnetka (New Trier) Map



ACHIEVEMENT **COMPETITION** TENACITY
STRENGTH TEAMWORK ABILITY
TRIUMPH COURAGE GOALS SPEED
DETERMINATION PERSEVERANCE
DREAMS SPIRIT **ENTHUSIASM**

Challenge yourself

You have an incredible influence on students.

And your actions definitely impact their lives and the values they develop.

Encourage kids to participate.

2016-2017 IHSA Request To Purchase Additional/Replacement State Series Awards

- 1.) To ensure an accurate order of replacement awards, please complete the form below.
- 2.) Please fax this completed form to Cheryl Lowery @ 309-663-7479.
- 3.) An invoice will be emailed to you. The awards company will not process duplicate orders without an invoice from IHSA and payment.
- 4.) Mail payment and invoice to A & M Products.

◆ **This form is to be used only, if your school is purchasing duplicate awards for the following reason (check one):**

Team Roster exceeds the number of allowed medallions per the T&C's

Coop School
 Dual Campus
 Lost
 Broken

Sport or Activity: _____ **Year:** _____ **Qty.:** _____ **Place:** _____

Classification

___ 1A	___ 4A	___ 7A
___ 2A	___ 5A	___ 8A
___ 3A	___ 6A	

Gender:

___ Girls ___ Boys

Level of Competition:

___ Regional ___ Sectional ___ Super-Sectional ___ State

Type of Award:

<input type="checkbox"/> Team Plaque <input type="checkbox"/> Team Trophy <input type="checkbox"/> Medal/Medallion Replacement Trophy Parts (check below): <input type="checkbox"/> Gold State Champion-top figure (#1) <input type="checkbox"/> Gold State Champion-side figure (#1) <input type="checkbox"/> Gold State Runner-up-top figure (#1) <input type="checkbox"/> Gold State Runner-up-side figure (#1)	<input type="checkbox"/> Gold State 3rd/4th Place-top figure (#1) <input type="checkbox"/> State 3 rd /4 th Place Gold-side figure (#2) <input type="checkbox"/> Gold Girls Soccer-side figure 3 rd /4 th (#3) <input type="checkbox"/> Gold Music Lyre-side figure 3rd (#3) <input type="checkbox"/> Badminton Gold shuttlecock and/or riser <input type="checkbox"/> Replacement Trophy Plate w/lasering <input type="checkbox"/> Bat, Tennis, Golf Club Replacement <input type="checkbox"/> Replacement Plate SF Trophy w/o lasering
--	---

Ind. Event Medals (indicate Event name): _____
 (ie: Pole Vault, Long Jump, Diving, 100-yd. Butterfly, Single, Doubles, 102lb., Speech: IE, etc.)

Name:
Email Address:
School:
Address:
City, ZIP Code:
Phone Number:
Fax Number:

Macintosh
 HD:Users:jackieiverson:Desktop:***Ma
 nual Files:Awards forms:Schools
 Duplicate Awards.doc



2016-2017 IHSA Request To Purchase Additional/Replacement State Series Awards

◆ **Tournament Managers/Hosts** who need to request duplicate awards due to ties at their tournament/meet must complete the form in the Online Manual for Managers and send it directly to the awards company— **Do Not Use the form above.**

◆ **Trophy Letters:** Schools who need replacement letters for trophies, please contact A & M Products direct at 815-875-2667.

Extra Medal Pricing for Schools:

Qty:	Finish	State Medallion	Reg./Sect Medal	Shipping
1 – 5	Goldtone (1 st)	\$4.45	\$3.95	\$6.50
	Nickel Silver (2 nd)	\$4.95	\$4.45	
	Bronze (3 rd)	\$4.60	\$4.15	
6 – 12	Goldtone (1 st)	\$4.20	\$3.70	\$7.00
	Nickel Silver (2 nd)	\$4.70	\$4.20	
	Bronze (3 rd)	\$4.35	\$3.85	
13 – 24	Goldtone (1 st)	\$3.95	\$3.45	\$7.50
	Nickel Silver (2 nd)	\$4.45	\$3.95	
	Bronze (3 rd)	\$4.10	\$3.65	
25 or more	Goldtone (1 st)	\$3.70	\$3.20	\$8.00
	Nickel Silver (2 nd)	\$4.20	\$3.70	
	Bronze (3 rd)	\$3.85	\$3.40	

Extra Plaque/Trophy Pricing for Schools (Shipping included):

Regional Champion Plaque	\$50.00
Sectional and Super-Sectional Champion Plaque	\$66.00
Third/Fourth place trophy	\$269.00
Champion/Runner-Up	\$297.00

Gold figure Replacement Pricing (\$10.00 shipping per figure)

Oxidized bronze finish pre 2008-09 school year, call for pricing and availability

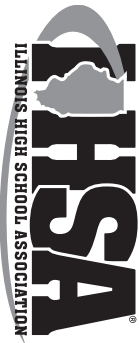
Gold State Champion-top figure (#1)	\$51.00
Gold State Champion-side figure (#1)	\$51.00
Gold State Runner-up-top figure (#1)	\$51.00
Gold State Runner-up-side figure (#1)	\$51.00
Gold State 3rd/4th Place-top figure (#1)	\$51.00

Gold figures and plate replacement pricing

Oxidized bronze finish pre 2008-09 school year, call A&M for pricing and availability

State 3 rd /4 th Place Gold-side figure (#2)	\$33.00, plus \$10.00 shipping
Girls Soccer – Gold-side figure 3 rd /4 th Place (#3)	\$27.00, plus \$10.00 shipping
Music Lyre – Gold-side figure 3rd Place (#3)	\$27.00, plus \$10.00 shipping
Badminton Gold shuttlecock and/or riser	\$27.00, plus \$10.00 shipping
Repl. Trophy Plate w/lasering names	\$30.00, plus \$10.00 shipping
Repl. Black Plate for SF Trophy w/o lasering	\$12.00, includes shipping
Bat, Tennis, Golf Club Replacement for All Figurine	\$16.00, includes shipping

Orders will be **processed upon Receipt of Full Payment.** Please allow three (3) weeks for delivery. Thank you.



OFFICIAL DIVING SCORE SHEET

Name _____ (Last) _____ (First) _____ Diving Order _____

School _____ (Town) _____ (Name of School) _____ Yr. in School _____

RND. NO.	DIVE NO.	WRITTEN DESCRIPTION	POS TPSF	JUDGES AWARDS							TOTAL PTS	DEG DIFF	TOTAL AWARD	BALK	DD CHG	
				1	2	3	4	5	6	7						
1																
2																
3																
4																
5																
6																
7																
8																
9																
10																
11																
PRELIM PLUS SEMIFINALS																
PRELIMS																
TOTAL VOLUNTARY DD																
TOTAL POINTS																

Diver's Signature _____

Coach's Signature _____ Meet: Sectional _____ Place _____

Official's Signature _____ State _____ Date _____