



# Girls Gymnastics



• [www.ihsa.org](http://www.ihsa.org) • Phone: 309-663-6377 • Fax: 309-663-7479 •

## Team Seeding Information

(Due to IHSA Wednesday, January 15 – 4:00 p.m.)

### Instructions

1. Coaches must go to the link below and complete the online seeding form by the deadline listed above.
2. An average team score will be computed by the IHSA Office, based on the seeding policy below.
3. After the online summary forms have been received, the IHSA Office will assign schools to regionals in accordance with Section VI. A. of the Girls' Gymnastics Terms and Conditions.
4. Regional hosts will be selected based on the process outlined in Section VI. A. of the Girls' Gymnastics Terms and Conditions. Schools interested in hosting regionals must submit the Online *Regional Host Consent Form* to the IHSA Office by the deadline listed above in order to be considered for hosting.

### Seeding Policy

1. The scores used for team seeding shall be from gymnastics meets where the team score was determined by adding four (4) scores on all events.
2. Each team will average their top three (3) scores to come up with their seed score.
  - a) Dual or multiple meet scores can be used only once.
  - b) If a team competed in a meet that used three scores for team scoring, whether four or more competitors were used, that score can not be used as part of the seeding information.
3. Schools with individual competitors only will be assigned to a regional geographically following the sectional complex meeting. Schools with only individual competitors do not need to submit these forms to the IHSA Office.

[Please click here to access the Team Seeding Form.](#)

PLEASE DO NOT FAX OR EMAIL YOUR SCORES.

Online seeding scores are due by 4 :00 p.m. Wednesday, January 15th.

NOTE: If you submit your scores early and have a better score leading up to Jan 15, a new scoring form must be submitted to the IHSA. All scores submitted must be current.

## Regional Hosting Information

Athletic directors – If you would like to be considered for hosting a girls gymnastics regional, [please click here and complete the Regional Host Consent Form.](#)

Online hosting forms are due by 4:00 p.m. on Wednesday, January 15th.