• Eliminates language for at-large Board of Directors positions to not be from the same Board Division.

## **Rationale of Submitter:**

With the by-law change in 2021 to add a fourth at-large position to the Board of Directors, eliminating the limitation of only one at large Board member per Division would allow for a stronger pool of candidates to serve on the IHSA Board of Directors. This section of the by-law existed when fewer at-large positions were available. In addition, at-large board members are still nominated and elected by the membership, therefore, member schools would still be able to limit Division at-large members through the election process.

### Text of By-law with Proposed Changes

### Modify By-law 1.320 - Board of Directors - Election Divisions

For the purpose of electing the members of the Board of Directors and providing equal representation for all parts of the state, the state shall be divided into seven (7) Divisions. Each of these Divisions shall be formed by combining three of the twenty-one (21) Districts of the state established for the purpose of electing the members of the Legislative Commission, these Districts being defined in Section 1.330 of this Constitution. In addition, four (4) members shall be elected from the membership at-large. One at-large member must be a racial minority, one must be a member of the underrepresented gender, one must be a member of a private/non-public school, one must be from an underrepresented school/Equity Position at the time of the election (50% or more student population being Black or Latinx or low-income per Illinois State Report Card data). All must be principals or administrators designated as official representatives of member schools. At-large members elected to the Board of Directors may not be from the same Board Division.

## 2021-22 Proposal 2 – 2.030 Cooperative Team Sponsorship Modify By-law 2.030 Submitted By: Jason Dillon, Official Representative – Chicago (Cristo Rey Jesuit); Larry Daly, Principal – Decatur (St. Teresa); Greg Fearday, Principal – Effingham (St. Anthony); Jeremy Garrett, Principal – Peoria (P. Christian); Tom Schergen, Principal – Chicago (De La Salle)

### **Summary of Proposed Changes:**

• Allows more private schools to participate in cooperative teams by increasing the enrollment limitation from 200 students to 350 students in all sports except for Football, Boys and Girls Basketball and Girls Volleyball.

### **Rationale of Submitters:**

The IHSA's Mission statement includes these essential beliefs:

- that each individual is important.
- that each member school is equal and equally important
- that equality and fairness must always be safeguarded.

By the spirit of the mission of IHSA, all students should have equal access to cooperative teams. Currently, 100% of public schools are eligible to form cooperative teams, while 10% of private schools have similar access.

By changing the enrollment limit for private schools from 200 to 350, this proposal simply seeks to allow an additional 16% of private schools access to cooperative teams, an incremental change.

Safeguards already exist in the cooperative team by-law to prevent the creation of "superteams" by public or private schools.

Emerging and declining sports might benefit by allowing schools to try new sports or save sports with declining participation.

#### Text of By-law with Proposed Changes

#### Modify By-law 2.030 - Cooperative Team Sponsorship

The Board of Directors shall have the authority to approve the formation of cooperative athletic teams or activity programs by two or more member schools under the following conditions:

- (a) The schools are located in the same geographical area;
- (b) All schools participating in the cooperative are Class A (in a 2-class system) or Class 1A or 2A (in a 3 or 4-class system) schools according to the IHSA Classification System; or, in the event one or more of the cooperating schools is a Class 3A or 4A public school, the cooperative team is for a sport other than Boys Football or Boys or Girls Basketball; In the event one or more of the schools involved in the cooperative is a public non-boundaried school, that school's actual enrollment, not the multiplied enrollment is used to determine the eligibility of the cooperative team request.
- (c) Only private schools with non-multiplied enrollments of 200 are eligible to form cooperative teams.
- (c) Private schools with non-multiplied enrollments of 200 or less are eligible to form cooperative teams in all sports and activities. Private schools with the non-multiplied enrollments of more than 200 and up to 350 are eligible to form cooperative teams in all sports and activities with the exception of Football, Boys and Girls Basketball, and Girls Volleyball.
- (d) The combined enrollments of all schools involved in the cooperative team, calculated according to the IHSA Classification System, is utilized to determine the classification for the cooperative team;
- (e) The cooperative sponsorship agreement is established for a period of two consecutive school years;
- (f) The governing boards of all schools participating in the cooperative team agreement jointly make the application to the IHSA Board of Directors for approval of the cooperative team agreement;
- (g) The joint application includes:
  - (1) Written approval from the conference(s) of which the cooperating schools are members, and/or in which the cooperative team will participate, or, in the event the cooperative team will not be affiliated with a conference, written approval from a minimum of seven schools included in the cooperative team's schedule of competition;

- (2) A statement signed by the principals of all cooperating schools designating the name under which the cooperative team will compete;
- (3) A report of the number of students from each of the cooperative schools expected to participate on the cooperative team;
- (4) A report of the number of students, if any, from each of the cooperating schools who have been participating in the sport involved, in programs offered on a non-cooperative basis by their own schools;
- (5) A statement expressing the reasons for the formation of a cooperative team;
- (6) Written assurance that the cooperative team will not limit participation opportunities for students in any of the cooperating schools.

When a cooperative team completes two years of approved operation and the boards of education involved wish to renew the agreement for another two-year period, the involved school(s) shall submit to the IHSA, by the established date, notification that they wish to continue the cooperative with no changes and written approval from the conference.

• Adds language regarding the limits of participating under an assumed name to include names on legal documents or those which students use in school or social situations.

### **Rationale of Submitter:**

The purpose of this rule is to prevent students from competing in place of other students, and from using assumed names to circumvent other rules or prohibitions of IHSA. However, the original rule phrasing "any name other than their own" is actually ambiguous on the key point, namely, what names count as "their own" names. The revised rule is specific about what names are generally acceptable: the ones on a student's legal documents, and the ones that they commonly use in school and social situations. Furthermore, it acknowledges that students may use names different from the ones on their legal documents for a variety of reasons:

- Students may adopt or reject a name as their racial, ethnic, or religious identities evolve.
- Students may adopt or reject a name as their gender identity evolves.
- Students may choose to adopt or reject a name based on positive or negative experiences with adults in their lives, for example, to take a stepparent's name in order to acknowledge that person's importance, or to reject the name of an abusive parent.

Particularly for adolescents who are developing their own identities as individuals, using a name that affirms the student's identity and experiences is a crucial support. Legal name changes are difficult, time-consuming, and expensive, so it's not uncommon for people of all ages to use names in social and even formal situations that don't exactly correspond to those present on their legal documents (birth certificate, passport, etc.). The test proposed here-that the student commonly uses the name in school or social situations--allows a student to represent themselves in IHSA events as who they "really are" everywhere else, without allowing students to assume names for the purposes of circumventing IHSA rules.

## Text of By-law with Proposed Changes

#### Modify By-law 3.090 – Participating Under an Assumed Name

In the event students participate in interscholastic competition under any other name than their own, or the name of another competitor or student, or any name other than those that are on their legal documents (birth certificate, school registration, etc.) or which they commonly use in school or social situations, a student's principal shall immediately suspend violators from further interscholastic participation. The future interscholastic participation of any violators and/or persons contributing to a violation shall then be considered by the Board of Directors.

• Reduces the maximum number of summer contact days from 25 to 20.

## **Rationale of Submitter:**

Currently, there are 25 contact days in the summer, which are probably too many for high school athletics. A normal summer consists of about 9 weeks (63 days), but if you exclude Saturdays and Sundays, there are 45 days available. Furthermore, many school districts are also closed on Fridays, which could limit the summer to 36 days available. If high school athletes want to participate in multiple sports, 25 contact days is very difficult to manage for two or three sports. By limiting the contact days to 20 days, it will help a high school athlete that wants to participate in multiple sports and also have some personal time during the summer.

### Text of By-law with Proposed Changes

## Modify By-law 3.153 – Special Provisions for Summer Participation

Persons who coach a sport at a member school may have a maximum of 20 days 25 days of contact in that sport with students from that school during the period between the last day of classes or Monday of Week 49 in the IHSA Standardized Calendar (whichever date is earlier) in the spring each year and Sunday of Week 5 in the IHSA Standardized Calendar. The students may have a maximum of 20 days 25 days of contact per sport with persons who coach that sport at the school they attend during the same time period. A day of contact is defined as any date on which any coaching or instruction in the skills and techniques of any sport takes place. These limitations apply to all sports except Baseball and Softball. An exception may be made by the Executive Director under the guidelines adopted by the Board of Directors for competitions sponsored and conducted directly by the National Governing Body for the sport.

### 2021-22 Proposal 5 – Speech Team Scoring Rubrics Add By-law 4.090 Submitted By: Roger Schnitzler, Principal – Manteno

## **Summary of Proposed Changes:**

• Requires the Association's speech competitions to use scoring rubrics for each area.

### **Rationale of Submitter:**

IHSA has a history of being educationally based in their competitions. The educational process has moved in the direction of a rubric for scoring students in the classroom; therefore, the speech competition should do so as well. This could be one rubric used across the board in all fourteen events or individual rubrics for the different events in a speech tournament.

The addition of rubrics would assist those that are judging the tournaments. It would give judges the ability to know what they are looking for and to consistently score those areas. This would eliminate a judge's personal preference and help award points more consistently to students for their performances. It would assist new judges by identifying the technical skills to be assessed, which could possibly increase the number of people willing to judge local, regional, sectional, and state competitions.

Other organizations that have speech contest have already developed rubrics for their competitions (the Illinois FFA Organization being one such example). The IHSA might even consider looking at these rubrics as a starting point in developing a rubric for their contest.

Finally, the usage of rubrics would allow the student performers to have an understanding of what is expected and to receive feedback from the judges as to what to work on. A rubric would decrease the number of contradictory critiques given to students and eliminate a large point differential from one judge to the next. It is also the intention of the submitter that the rubric would allocate more points to skills that are more technical and fewer points concerning areas such as appearance. It would also guarantee that a student with a disability that may rock back and forth can only lose a certain value of points for the distraction.

## Text of By-law with Proposed Changes

#### Add By-law 4.090 - Speech Team Scoring Rubrics

Scoring rubrics will be used for each of the areas in the association's Speech Team Competition.

#### 2021-22 Proposal 6 – Football Playoff Structure Add By-law 5.074

Submitted By: Michael Dwyer, Official Representative – Lockport (Twp.); Robert Rose, Official Representative – Bolingbrook; Matt Lyke, Official Representative – Flossmoor (Homewood-F.); Jennifer Doede, Official Representative – Palos Hills (Stagg); Steve Schanz, Official Representative – Orland Park (Sandburg); Monica Schmitt, Principal – New Lenox (Lincoln-Way West); Steve Provis, Principal – New Lenox (Lincoln-Way Central); Brian Wright, Principal – Bradley (B.-Bourbonnais); Mark Vanderkooi, Official Representative – Frankfort (Lincoln-Way East); Robert Nolting, Official Representative - Tinley Park (Andrew); Filberto Torres, Official Representative - Aurora (East)

## **Summary of Proposed Changes:**

- Expands football playoffs from 32 to 48 teams per class.
- Top 16 teams in each class would receive a bye in week 9.
- Teams would play an 8 game regular season schedule, with a week 9 game option for non-qualifiers with a determination made to the IHSA during week 8. IHSA to schedule those contests.

## **Rationale of Submitters:**

The discussion of expanding the IHSA football playoffs has certainly been a consistent fixture in recent years. It is evident a change is needed, however the equitable solution has been difficult to agree on. It is important to recognize however the impact the "drive for 5" has had on conferences, schools, and communities throughout the state. A need for change is evident and we feel this is the time and the revision that can lead to a balanced playoff field and reduce the negative impacts that both conference and non-conference schedules can have.

Simple and straightforward, expanding the field from 32 to 48 teams per class alleviates the pressure football coaches, athletic directors, and communities feel in striving to qualify for the IHSA post-season. In this model, 3 wins will qualify a team, allowing them the flexibility to schedule strong non-conference opponents or to play those crossover rivalry games.

Also, this will increase the competitiveness of 1<sup>st</sup> round games, matching seeded teams 17-48. Mirrors rest o IHSA post-season with essentially a play in game to get to the 32 team experience. Can create excitement for programs and communities for multiple rounds.

Non-qualifying teams will also have more competitive final games scheduled, again allowing for competitive opportunities for both non-qualifiers.

The submitters also feel strongly that no IHSA by-law should ever be created that would leave schools to consider removing a sport, or, in this case, moving to 8-man football. Any proposed by-law should be about creating opportunity and grow the sport, not hamper it.

Pros:

- Returns autonomy to schools to schedule the best fit for the needs/abilities.
- To restore conference alignment and keep long-time traditions and rivalries alive.
- To help schools impacted by conference realignment by lessening the "regular" season by one game 1 less non-con is needed.
- More teams make the playoffs.
- 48 team playoff allows for more competitive 1st round match-ups, as 5-3 could play 4-4, 3-5 could play 6-2, etc.
- Should slow conference shuffling when only 3 wins are needed to make the playoffs.
- Eliminates the drive for 5.
- Opportunity for non-qualifying teams to have a competitive final game and potentially WIN their last game of the season, a tremendous confidence boost for a community, and program.

Cons:

- Bye week for top 16 qualifiers.
- Week 9 lower level opportunities.

## Text of By-law with Proposed Changes

#### Add By-law 5.074 – Football Playoff Structure

Starting with the 2022 school year, all IHSA Schools with play a 9 week schedule with an 8 game regular season schedule, as scheduled by each individual school. For week 9, playoff qualifying teams will begin the playoffs with the top 16 seeds in each class receiving a bye week until week 10. Non-qualifying teams will play week 9, as scheduled by the IHSA, which will be determined by season record and geography - class size will only be a determining factor if there are multiple schools in the same geographic area with similar records. Non-qualifying schools may opt out of playing week 9 as long as they notify the IHSA by 10am on Monday of week 8. Should there be an odd number of non-qualifiers, the team in each class with the lowest playoff points will not participate.

### Structure of by-law

**Playoffs** - 48 teams qualify for playoffs, top 16 seeds get bye (NFL, college, all get byes/time off in between playoff/bowl games)

- Success points determine playoff qualifiers
- Conference champs are automatically in playoffs
- Teams with 6+ wins qualify automatically
- Teams with 5 wins qualify as ranked by success points
- Teams with 4 wins qualify as ranked by success points
- Teams with 3 wins qualify as ranked by success points
- Teams with 2 wins could qualify as ranked by success points

#### •

### Non-qualifying teams

It is strongly suggested schools try to schedule the week 9 contest. These games can still be very meaningful to teams. Having an opportunity to win your last game can create excitement for student-athletes, fans, communities, and coaches. This success can often lead to a carryover affect the following season. Schools will communicate with each other from the pool and schedule games accordingly. Size/Class level will not be a determining factor. Schools can opt out of week 9 if they give notice to IHSA by 10am on the Monday of week 8. If there is an odd number of teams willing to play week 9, the 0-8 team with lowest success points will not participate. IHSA will schedule officials for this game but, host school will pay for officials. Home team will be determined by record and/or playoff points. All factors being equal the schools will work together to decide home/away. If no agreement can be reached, determination can be via coin toss. This game is individually hosted and there will be no financial support from the IHSA for this game.

## Week 9 Lower Level Games

Lower levels can play week 9 at the discretion of individual schools. Schools will schedule week 9 lower levels on their own, including officials along with opponents. In some case lower level numbers can be used to balance varsity rosters.

• Adjusts the season limitation for boys and girls golf of start and ending dates for practices and contests one week earlier. New practice start date – Monday of Week 5; New first contest date – Thursday of Week 5; and season on ending date – Saturday of Week 14.

## **Rationale of Submitter:**

Before this season (2021-2022), golf season was a ten-week season with the state finals in the 3rd week of October. The IHSA has moved the state finals up one week to the 2nd week of October. The rationale given was for better weather at the state finals. The IHSA will keep the season as a ten-week season allowing teams to still play events after the state finals. It is many of our area coaches' belief that after they compete for a conference, regional, sectional, and state championship that they will not want to play any more events that season. Golf is allowed 18 dates. As many coaches do not plan to play events after the state finals, that means schools will essentially lose one week of scheduling events. Many schools will still schedule their 18 allowed events and more tournaments will have to be moved to school days forcing kids to miss more school in a "condensed" schedule. I would like to propose starting the season one week earlier and still having a ten-week season. This would allow all schools to still work all season to prepare for the season ending IHSA post season. In addition, it would allow schools to schedule events before the school year even starts, which in turn would allow student-athletes to miss less school during the school year. This would help provide student-athletes more opportunity on the golf course and in the classroom.

### Text of By-law with Proposed Changes

### Modify By-law 5.081 - Boys Fall Golf Season Limitation

- a. No School belonging to this Association shall organize its Boys Fall Golf Teams, practice or participate in interscholastic contests earlier than Monday of Week 5 Week 6 or later than Saturday of Week 14 Week 15 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Fall Golf no earlier than Thursday of Week
  5 Week 6 in the IHSA Standardized Calendar.

#### Modify By-law 5.221 –Girls Fall Golf Season Limitation

- a. No School belonging to this Association shall organize its Girls Fall Golf Teams, practice or participate in interscholastic contests earlier than Monday of Week 5 Week 6 or later than Saturday of Week 14 Week 15 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Fall Golf no earlier than Thursday of Week
  5 Week 6 in the IHSA Standardized Calendar.

• Modify the football season limitation to permit all levels of football to begin contests on Thursday of Week 8.

### **Rationale of Submitter:**

Currently <u>non-varsity</u> contests are allowed to be held on Thursday of Week 8. With the state-wide shortage of officials, allowing varsity teams to compete within the same timeframe may help in scheduling officials.

#### Text of By-law with Proposed Changes

#### Modify By-law 5.070 – Boys Football Season Limitation

- a. No school belonging to the Association shall organize its Boys Football teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 21 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Football no earlier than Thursday of Week 8 (for non-varsity contests only) or Friday of Week 8 (for all other contests) in the IHSA Standardized Calendar.

• Modify the practice requirement before competing in a football contest to 10 days instead of 12 days for students returning from military service.

### **Rationale of Submitter:**

A student who is returning from Basic Training often cannot start practice until Monday of Week 7. As a result, the student is only able to participate in practice on 10 days prior to the first football game. A student returning from Basic Training is 2 practices short of being able to play in the first game, which would consist of 3-6 hours of practice. The physical activity that the student completed in Basic Training is equal to or greater than the 3-6 hours of practice time that the student has missed.

### Text of By-law with Proposed Changes

### Modify By-law 5.072 - Boys Football Pre-Season Practice Requirements

A student shall become eligible to participate in an interscholastic contest or scrimmage in Boys Football after completing a minimum of 1 ½ hours of actual field practice on twelve (12) different days excluding Sunday and any day on which the student actually plays in an interscholastic football contest. A student who is returning from military service will only be required to complete ten (10) days of practice prior to the first contest. These practices must be conducted in accordance with Association By-Laws.

2021-22 Proposal 10 – Pre-Season Practice Requirements Renumber Contest Limitation By-laws and replace with Pre-Season Practice Requirements By-laws for: Boys Cross Country; Boys Soccer; Girls Cross Country; Girls Swimming and Girls Volleyball Submitted By: Brett Detering, Principal – Anna (A.-Jonesboro) and Adam Seaney, Principal – Oneida (ROWVA)

#### **Summary of Proposed Changes:**

• Bringing the fall practice requirement for competition out of Board policy and into the by-laws along with an adjustment for a reduced number of practice days for students returning from military service.

#### **Rationale of Submitters:**

A student who is returning from Basic Training often cannot start practice until Monday of Week 7. As a result, the student is only able to participate in practice on 6 days prior to the first contest. The physical activity that the student completed in Basic Training is equal to or greater than the amount of practice time that the student has missed.

#### Text of By-law with Proposed Changes

#### 5.062 – Boys Cross Country Pre-Season Practice Requirement Boys Cross Country Contest Limitation

A student shall become eligible to participate in an interscholastic contest after completing practices on nine (9) different days excluding Sunday and any day on which the student actually plays in an interscholastic boys cross country contest. A student who is returning from military service will only be required to complete six (6) days of practice prior to the first contest. These practices must be conducted in accordance with Association By-Laws.

#### 5.063 5.062 – Boys Cross Country Contest Limitation

Team: No Boys Cross Country team representing a member school shall, in any one season, participate on more than fifteen (15) dates exclusive of the IHSA series.

Individual: No individual shall compete in Boys Cross Country on more than eighteen (18) dates, exclusive of the IHSA series.

## 5.112 - Boys Soccer Pre-Season Practice Requirement Boys Soccer Contest Limitation

A student shall become eligible to participate in an interscholastic contest after completing practices on nine (9) different days excluding Sunday and any day on which the student actually plays in an interscholastic boys soccer contest. A student who is returning from military service will only be required to complete six (6) days of practice prior to the first contest. These practices must be conducted in accordance with Association By-Laws.

#### 5.113 5.112 Boys Soccer Contest Limitation

No Boys Soccer team representing a member school shall, in any one season, participate in more than twenty-five (25) games exclusive of the IHSA series.

#### 5.212 - Girls Cross Country Pre-Season Practice Requirement Girls Cross Country Contest Limitation

A student shall become eligible to participate in an interscholastic contest after completing practices on nine (9) different days excluding Sunday and any day on which the student actually plays in an interscholastic girls cross country contest. A student who is returning from military service will only be required to complete six (6) days of practice prior to the first contest. These practices must be conducted in accordance with Association By-Laws.

### 5.213 5.212 Girls Cross Country Contest Limitation

Team: No Girls Cross Country team representing a member school shall, in any one season, participate on more than fifteen (15) dates exclusive of the IHSA series.

Individual: No individual shall compete in Girls Cross Country on more than eighteen (18) dates, exclusive of the IHSA series.

#### 5.292 – Girls Swimming Pre-Season Practice Requirement Girls Swimming Contest Limitation

A student shall become eligible to participate in an interscholastic contest after completing practices on nine (9) different days excluding Sunday and any day on which the student actually plays in an interscholastic girls swimming contest. A student who is returning from military service will only be required to complete six (6) days of practice prior to the first contest. These practices must be conducted in accordance with Association By-Laws.

#### 5.293 5.292 Girls Swimming Contest Limitation

Team: No Girls Swimming team representing a member school shall, in any one season, participate in more than fourteen (14) dates exclusive of the IHSA series. If both swimming and diving are held at the same meet, it counts as one date. If there are two (2) separate meets where only swimming OR diving occur, the team could participate in both the swimming and diving and only count it as one date.

Individual: No individual shall compete in Girls Swimming in more than seventeen (17) dates exclusive of the IHSA series.

#### 5.322 – Girls Volleyball Pre-Season Practice Requirement Girls Volleyball Contest Limitation

A student shall become eligible to participate in an interscholastic contest after completing practices on nine (9) different days excluding Sunday and any day on which the student actually plays in an interscholastic girls volleyball contest. A student who is returning from military service will only be required to complete six (6) days of practice prior to the first contest. These practices must be conducted in accordance with Association By-Laws.

#### 5.323 5.322 – Girls Volleyball Contest Limitation

No Girls Volleyball team representing a member school shall, in any one season, participate in more than thirty-five (35) matches exclusive of the IHSA State series.

No Girls Volleyball team representing a member school shall play in more than five (5) different matches during any given volleyball tournament.

• Adjust the 1<sup>st</sup> contest date in Girls swimming to Friday of Week 7 instead of Monday of Week 8.

#### **Rationale of Submitter:**

The change would allow the same timing to schedule the 1<sup>st</sup> meet like the boys season and with the removal of the last week of the season in 19-20 school year would allow teams the ability to better balance and accommodate their schedules.

### Text of By-law with Proposed Changes

#### Modify By-law 5.291 – Girls Swimming Season Limitation

- a. No school belonging to this Association shall organize its Girls Swimming teams, practice or participate in interscholastic contests earlier than Monday of Week 6 or later than Saturday of Week 19 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Swimming no earlier than **Friday of Week** 7 Monday of Week 8 in the IHSA Standardized Calendar.

## 2021-22 Proposal 12 – 5.340 Competitive Cheerleading Amend By-laws 5.341 Season Limitation and 5.343 Individual Limitation Submitted By: Dan Klett, Principal – Wauconda

## **Summary of Proposed Changes:**

• Move the competitive cheerleading season to the fall with first practice on Monday of Week 6 and no later than Saturday of Week 20. First contest on Monday of Week 7 and no later than Saturday of Week 20. (Go into effect 2022-2023 school year)

## **Rationale of Submitter:**

- 1. If approved, this change would go into effect for the 2022-2023 school year.
- 2. It is up to local level control to determine the participation of the competitive cheerleading team as it pertains to fall sideline responsibilities.
- 3. Fall season seamlessly transitions summer contact time to fall sideline/competitive season without violating bylaw 5.351.
- 4. Fall season eliminates grey area regarding approved sideline practice and competitive practice.
- 5. Fall season eliminates conflict between the state series and final exams for student-athletes.
- 6. Fall season provides an appropriate performance surface for the specialized skills of cheerleading with rubberized tracks and/or grass/turf as outlines in the NFHS spirit rule book.
- 7. Fall season allows "homecoming choreography" and "competitive choreography" to be the same material.
- 8. Fall season will assist member schools with indoor facility usage in regards to practice space and contest scheduling.
- 9. Fall eliminates the pressure on the student athlete to choose which spirit activity they would like to participate in. Many member schools share athletes involved in spirit sports.
- 10. Fall sideline does not have a restriction as to the number of student-athletes allowed on the sideline throughout the football playoffs where winter postseason restricts sideline participation to 12.
- 11. Fall season typically involves 1-sideline performance per week.
- 12. Fall season will minimize the conflict with "club" organizations potentially encouraging more in-school participation.
- 13. Fall season will allow more flexibility for officials who are currently licensed in both cheer and dance.

Other states who currently host competitive cheerleading in the fall season include Alabama, Colorado, North Dakota, South Dakota, Oklahoma, Louisiana, Tennessee, Georgia, South Caroline, Iowa, Indiana, West Virginia. Oregon also competes (gameday only) during the fall season.

\*\*Note: The end of the season could be adjusted by the IHSA to best fit the standardized calendar.

# Text of By-law with Proposed Changes

## Modify By-law 5.341 Competitive Cheerleading Season Limitation

- a. No school belonging to this Association shall conduct its Competitive Cheer team practice earlier than Monday of Week 6 Week 17 or later than Saturday of Week 20\*\* Week 31 in the IHSA Standardized Calendar.
- No school belonging to this Association shall allow its Competitive Cheer team to participate in interscholastic contests earlier than Monday of Week 7 Week 18 or later than Saturday of Week 20\*\* Week 31 in the IHSA Standardized Calendar.

## Modify By-law 5.343 Competitive Cheerleading Individual Limitation

- a. No individual shall be permitted to participate on a member school's Competitive Cheerleading team unless he/she is a rostered participant on the member school's winter (basketball) sideline cheerleading team.
- **b.** No member of a Competitive Cheerleading Team representing a member school shall, in any one season, participate on more than six (6) dates, exclusive of the IHSA series.

• Expands the match limitation in Girls Wrestling from 35 to 45 matches in any one season prior to the IHSA series. (Go into effect 30 days after passing).

### **Rationale of Submitter:**

Make the number of matches a girl may wrestle consistent with the number of matches a boy may wrestle.

## Text of By-law with Proposed Changes

### Modify By-law 5.373 Girls Wrestling Individual Limitation

Students who participate on a school squad in Girls Wrestling may participate in no more than **forty-five (45) thirty-five (35)** matches in any one season prior to the IHSA series, regardless of competition format.

\*\*This will go into effect 30 days after passing.

• Add language related to ejections in football when video evidence can be submitted and reviewed when players are coming onto the field when a fight breaks out in conjunction with a change in possession. If players are leaving the bench and do not engage in the fight, video evidence could be used to affirm the circumstances and allow players to be reinstated for the next contest.

### **Rationale of Submitter:**

### Text of By-law with Proposed Changes

### Add Language to By-law 6.011 Players Ejected for Unsportsmanlike Conduct

In the case of fighting during a contest that occurred during a change of possession in said contest, players who come on the field for the change of possession but do not physically engage in any actions that contribute to the fight continuing shall not be subject to immediate ejection. In the event that a player or players are ejected, the affected school may submit video evidence to appeal an ejection that occurs during a change of possession where no contribution to a fight has physically occurred.