

## Advisory Committee Consent Items

June 10, 2019

### Boys/Girls Basketball

1. **Boys and Girls Section VI. C. 1 a) 2) (new) Tournament Structure and Time Schedule Sessions: Class 1A, 2A, 3A and 4A Regional Tournaments:**

**Recommendation:** All Regional schedules include one day off between the semifinal games and the final game.

**Rationale:** This schedule ensures each team has an opportunity to prepare and rest prior to the Regional final.

2. **Non-Consent Recommendation – Pending Board Action**
3. **Non-Consent Recommendation – Pending Board Action**
4. **Boys and Girls Section V. D. Note: (new)**

**Recommendation:** The committee recommends limiting the Coach's Comments box in the Season Summary Form to 200 characters.

**Rationale:** This limit helps keep comments concise and to the point. Comments should focus on the coach's own team, highlight significant issues within their own team and mention results of common opponents.

#### **Administrative Recommendation:**

1. **State Adoptions:**

**Recommendation:** The committee recommends the adoption of the following rules for the 2019-20 season:

a. Mercy Rule: will be used in all regular season contests, regular season tournament games **and through the Super-Sectional level in the IHSA State Series contests.** A running clock shall be used in the fourth quarter in which there is at least a 30-point score differential. Once a game reaches this differential and the clock starts running, it will continue running and stop only for one of the following:

- A team timeout
- An injury timeout or the removal of a disqualified player
- The administration of a penalty for a technical foul
- An officials' timeout
- Correctable error situation.

Note: The Mercy Rule will not be used during the Boys' or Girls' State Final contests.

b. 28' Coaches Box

**Rationale:** These state adoptions are allowed for in accordance with the NFHS Basketball Rules Book.

### Boys/Girls Basketball – Three Point Showdown

1. **Non-Consent Recommendation – Pending Board Action**

### Boys/Girls Bowling

1. **Modify: VIII. Tournament Rules B. Player Equipment and Uniform 5. Bowling Ball Alteration:**

**Recommendation:** In accordance with USA Interscholastic Bowling Rules, bowlers are allowed to alter the surface of the ball during warm-ups and between rounds by using abrasives such as sandpaper, scotch brights,

liquid abrasive, and polishing machines. During play, bowlers will be limited to following current USBC rules in terms of ball cleaning. Abrasives and polishing machines are prohibited.

**Rationale:** With the upcoming changes to USBC Rules the committee feel that this wording change will ensure that the Terms and Conditions are up to date and stay up to date.

Stacey will put a link under Resources on both the boys and girls page to the specific rule about ball cleaners and polishes.

**2. Modify: VIII. Tournament Rules B. Player Equipment and Uniform 1) Uniforms:**

**Recommendation:** All competitors shall appear in appropriate matching tops and bottoms for their schools bowling uniform. All players, team and individual, and coaches shall conform to the dress code provisions. Slacks, shorts, turtlenecks, sports shirts with collars, T-shirts with a commercially lettered school name and logo, nice jeans and/or skirts are acceptable team apparel. Unacceptable apparel includes but is not limited to tank tops, cut offs, T-shirts that advertised alcohol, drugs or explicit material, jeans with holes or patches, hats or headgear and/or boxer type shorts, and lettering or graphics across the back of the pants.

**Rationale:** The Committee feels it is time for the individual bowlers to wear a uniform with the school name or insignia on it. This will ensure that all bowlers are able to be easily identified during competition.

**3. Modify: VIII. Tournament Rules F. Lane Assignments and Conditions 2) Regional/Sectional Seeding Information:**

**Recommendation:** At the regionals and sectionals, teams will not be seeded. Regional participants will be placed in their lanes based on luck of the draw. Sectional participants will be placed on their lanes based on their finish in the regional by using the chart in the Manual for Schools and Hosts. In the Bowling Chair Class, individuals will be assigned their lanes for the entire post season based on the luck of the draw.

**Rationale:** The Committee felt that this wording need to be updated to reinforce that hosts need to use the chart in the manual for sectional lane assignments.

**Administrative Recommendations:**

**1. State Final Oil Pattern**

**Recommendation:**

The committee felt to stick with the language in the current Terms and Conditions to stay with a house shot. This will set the lanes condition standard as a house shot through the entire state series. The committee recommends that a USBC house shot be used for the state final tournament. The shot will not be posted at any time prior to the event.

**Rationale:** This will make the state tournament consistent with the regionals and sectionals.

**2. Host Check List**

**Recommendation:**

The committee recommends that a spot be added on the host check list to ensure a USBC rule book is present at all post season events.

**Rationale:** The committee felt this recommendation, will ensure that hosts don't assume a book will be present only to find one isn't available until it is needed. Stacey will also update the link to the rules book online to reflect the upcoming USBC Rules changes.

<b>Competitive Cheerleading</b>
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**1. Non-Consent Recommendation – Pending Board Action**

**2. Non-Consent Recommendation – Pending Board Action**

## Administrative Recommendations:

### 1. Recommendation: Item - Motions Rubric Changes

#### Motions Proposal - 2019 Revised

##### Current:

**MOTIONS/DANCE Technique** = A team's effectiveness in demonstrating proper form, synchronization, precision, and uniformity. Errors that distract from the performance will also be factored.

Level 1: 6.0-7.0	Level 2: 7.0-8.0	Level 3: 8.0-9.0	Level 4: 9.0-10.0
Below average level of technique, little to no visual effects*, slow pace	Average level of technique, basic visual effects*, average pace	Above average level of technique, multiple visual effects*, fast pace	Exceptional level of technique, multiple visual effects*, fast pace

\* Visual effects include: level changes, ripples, transitional movements, foot and floor work.

##### New Proposed:

**MOTIONS/DANCE Technique** = A team's effectiveness in demonstrating proper form, synchronization, precision, and uniformity. Errors that distract from the performance will also be factored.

Level 1: 6.0-7.0	Level 2: 7.0-8.0	Level 3: 8.0-9.0	Level 4: 9.0-10.0
Below average level of technique, little to no visual effects*, slow pace	<del>Average</del> <u>Below average</u> level of technique, basic visual effects*, average pace	<del>Above average</del> <u>Average</u> level of technique, multiple visual effects*, fast pace	<del>Exceptional</del> <u>Above</u> average level of technique, multiple visual effects*, fast pace

\* Visual effects include level changes, ripples, transitional movements, foot and floor work.

**Rationale:** Teams are working on motion execution and are not being rewarded for it (Only 1 out 100 teams in Prelims at State received a Level 4 score). The difference between above average and exceptional level of execution is not clearly defined.

### 2. Recommended: Item - Deduction and Legalities

#### **Missed Skill 1pt (no change):**

- A building skill that falls during the skill. (Examples: drop from an individual stunt to a load, cradle, flatback, or unstable position; two body parts on the performing surface; a top person brought to the performance surface in a controlled manner (bear hug/melt down) before the skill ends; a top person falling on top of a spotter/base who is on the performing surface.)

#### **Major Stunt Fall 2 pts**

- Drop from an individual stunt to a compromising position. Examples would include but not limited to: top person's torso lands on the ground or top person landing on the ground in an uncontrolled manner. A foot or arm of a top person on the ground is not a major stunt and would be considered a missed skill.

#### **Minor NFHS Rule Infraction 1pt**

- These rule infractions will include Rule Violations in Rule 3-1, Examples: jewelry, signs, hair, and apparel.
- These rule infractions will include performance errors which violate other NFHS rules. Examples: inverted bracer, inattentive spotter, spotter not in proper position, flip inversion where one bracer let's go during the flip, top person becoming inverted during a fall from a stunt, stalls or pauses.
- Rule Infractions that would not be considered Minor Infractions include the following: Pancakes from an extended position, extended inverted top person, double-based extension without a spotter.

#### **Major NFHS Rule Infraction 5pts**

- NFHS Rule infractions.
- When a skill is illegal. Examples: Braced flipping pyramid with only 10 people or a bracer in a shoulder sit/single bracer, release transitions landing inverted, pancakes from an extended position, single base stunts without a spotter, double twisting tosses or dismounts.

**Rationale:**

-The proposed change for *Major Stunt Fall*, puts an emphasis on safely building and “falling” during the execution of skills. It encourages athletes to safely catch top persons rather than letting them fall to the ground.

-The proposed change for *Minor NFHS Rule Infraction*, is a less punitive deduction for skills that are inadvertently performed illegal, but not intentionally. If the illegal execution of a skill is performed by one athlete or one stunt group it can be considered a performance error in execution of a legal skill.

-The proposed change for *Major NFHS Rule Infraction*, is slightly less punitive, but still emphasizes the importance of executing legal skills and risk minimization for student athletes. It is the coaches’ responsibility to fully understand the rules and to correctly teach the appropriate skills to their athletes as stated on Pg. 90 of the 2018-19 NFHS Spirit Rules book.

**3. Recommendation: Item - Scoring Modifications**

1. Legalities and Deductions proposals: Reduce the deduction for performance errors that cause legalities. Less punitive for teams who safely fall vs. those who let top person hit the ground. As proposed.
2. Motions Rubric: Better aligns with our execution ranges, but still considers visual effects and pace. As proposed.
3. Full twisting dismount: If full twisting dismount is achieved by one less than majority of team for level 2, 3, or 4, teams will only drop 1 level of Degree of Difficulty, not all the way to Level 1. If more than 1 less than majority do not perform the twisting dismount teams will be dropped to Level 1.

**Rationale:** To address the concerns regarding scoring.

**4. Recommendation: Item - Officials Education**

1. Execution Factors: Use the “Execution and Descriptors” to drive execution scores. We will use descriptors that teams fail to execute as tools to determine execution scores. This will allow officials to be more consistent and will also guide the comments that are given to teams as well. This will aid officials in providing additional rationale for execution scores.
2. Skill Utilization Comments: Training officials to make comments in Skill Utilization regarding some of the skills they are being rewarded for in that area. This would give teams additional information regarding where they are being rewarded for skills performed.

**Rationale:** To continue to advance officials education and training.

- 5. Recommendation:** Committee members are charged with addressing Jumps and Stunts on the rubric and present structured point allocations that are better defined and clarified.

<https://www.ihsa.org/documents/chc/2016-17/RUBRIC%206-1-16.pdf>

**Rationale:** To address coaches concerns regarding scoring.

<b>Competitive Dance</b>
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**1. Non-Consent Recommendation – Pending Board Action**

**2. III. ONLINE ENTRIES, WITHDRAWAL PROCEDURE, ELIGIBILITY, AFFIRMATIVE ACTION AND ONLINE LIST OF PARTICIPANTS F. Online List of Participants**

**Recommendation:** Each school must complete the Online List of Participants by the deadline date of **January 7, 2019 December 10, 2020. (Tuesday, Week 23)**

**Rationale:** Moving up the required date for the List of Participants will assist with teams committing to the State Series prior to Sectionals Assignments being released Week 24.

**3. VI. TOURNAMENT STRUCTURE AND TIME SCHEDULES C. State Final Time Schedule**

**Recommendation:** SESSION 1- ~~4A Preliminaries~~ **1A/2A Preliminaries- Alternate 1A/2A Performances at 10:15 am- 2:30pm** SESSION 2- ~~2A/3A Preliminaries~~ **- 3A Preliminaries- First Performance 4:00pm- 6:30pm**

**Rationale:** Alternating 1A/2A performances followed by 3A performances will provide a better venue flow and atmosphere at the State Final.

#### 4. Non-Consent Recommendation – Pending Board Action

##### **Administrative Recommendation:**

#### 1. Non-Consent Recommendation – Pending Board Action

#### 2. **Recommendation:**

##### **SCORESHEET REVISION**

15	<b>Difficulty /<del>Transitions</del></b>	13-15 Excelling 11-12.9 Applying 9-10.9 Developing 7-8.9 Lacking
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**Rationale:** Revising the difficulty box by striking the word ~~Transitions~~ will provide clarity for coaches and will be consistent with the rubric language.

#### **Boys/Girls Gymnastics**

#### 1. (BOYS) Terms and Conditions. G. Individual State Meet- Order of Performance

**Recommendation:** Change conflict to read: The order of performance for the individual finals shall be made according to a random draw. Conflicts on events shall be handled at the time of the competition and the individual with a conflict shall be dropped ~~5~~ **6** positions.

**Rationale:** Allows for additional rest for the competitor that is competing in multiple events in finals. At no time during the regular season or State Series, would an athlete compete with less rest than 6 positions.

#### 2. See Administrative Recommendation

#### 3. (GIRLS) IX TOURNAMENT POLICIES A. Presale Tickets:

**Recommendation:** ~~Each school advancing a team to the State Final team competition will receive an allotment of 100 single session tickets for each session and 50 season tickets (including a single session tickets for each session at the single session ticket price multiplied by three) for sale in advance. Each of the four schools qualifying ranked teams for the State Final meet shall receive an additional allotment of 50 single session tickets for advance sale.~~ **Digital tickets will be available for sale online at: [www.ihsa.org](http://www.ihsa.org)**

**Rationale:** Teams are not selling the allotments. It is now more convenient to purchase tickets online.

#### 4. (GIRLS) Terms and Conditions. VI Tournament Structure and Time Schedules

**Recommendation:** **A. Regional and Sectional Assignments:** The IHSA Office will assign all schools entering the state series to one of four (4) Sectional complexes. At the Sectional Seeding Meetings, the teams will be assigned to a Regional, and the Regional sites will be **predetermined** ~~after the Sectional Seeding Meetings on a geographical basis and willingness to host. Each Sectional will contain four regional sites. The seed number and the school's ability to host at their school will determine the first choice of hosting a regional rather than the highest seeded team in a regional. When the first seeded team in a regional declines to host the regional at their school, then the next seeded team in a regional has the opportunity.~~ The Regional team assignments will be based on the seeds determined by the coaches, with the assignments to be as follows:

- Regional A: Seeds 1, 8, 9, 16, 17, 24
- Regional B: Seeds 2, 7, 10, 15, 18, 23
- Regional C: Seeds 3, 6, 11, 14, 19, 22
- Regional D: Seeds 4, 5, 12, 13, 20, 21

**In cases where a conflict rises with pre-determined hosts and seeds, the IHSA administrator can make an**

**adjustment.** Seeds will be posted online on the IHSA website for 24 hours to verify accuracy; once assignments are made seeds will be final.

**Rationale:** Allows more time and notice for Athletic Administrators to schedule their facilities and plan for hosting and staffing girls' regionals.

## 5. Non-Consent Recommendation – Pending Board Action

### Administrative Recommendations:

#### 1. (GIRLS) Scoresheet

**Recommendation:** Edit the Illinois specific scoresheet to include additional details for event requirements.

**Rationale:** The information added to the scoresheet will provide coaches with needed feedback to educate themselves and their gymnasts.

#### 2. (Girls) Manual for Schools and Managers

**Recommendation:** 1. Regional/Sectional/State Final. Warm-up rotations must follow competition order.

**Rationale:** Creates equity in the warm-up rotation and allows for equal rest for all athletes.

#### 2. (BOYS) Administrative Recommendation: Boys Gymnastics Manual State Meet Warm Up Schedule Individuals pg. 20

**Recommendation:** Session 2: Individual Competition- A maximum of ~~45~~ **12** minutes for each rotation will be provided if necessary, one minute per competitor. ~~When a Bye is listed this will be an open warm up. Time will be reduced depending on the number of sectional qualifiers.~~

**Rationale:** Allows athletes who competed on Friday additional rest time Saturday morning. Athletes would start their warm-up closer to competition time and the allotted time for warm-up would be the same amount granted at Sectionals.

Boys/Girls Soccer
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#### 1. Boys and Girls Section VIII. B. 1 a) Resolution of Tie Games:

**Recommendation:** Eliminate the coins toss between end of the first round (best of five kicks) and the beginning of the second round (sudden-victory kicks) of the tie-breaker

**Rationale:** The current procedure often creates confusion for officials, players, and coaches. There is often a delay during the tie-breaker when the officials must again gather the captains from each team after the first set of five kicks. Allowing for just one coin toss prior to the start of kicks from the mark will allow the procedure to continue without interruption, and remove the delay created by the second coin toss.

## 2. Non-Consent Recommendation – Pending Board Action

### Administrative Recommendations:

#### 1. **Recommendation:** The committee recommends the continued use of the current Soccer State Association Adoptions and any needed editorial changes to be made by Beth Sauser for 2019-20 seasons.

**Rationale:** The state association adoptions are in accordance with provisions set forth in the NFHS Soccer Rules Book. The adoptions have been in place in Illinois for years, and the committee favors their continued use since the rules have been accepted and successfully administered over the years.

## 2. 9. Straight Red Card Count:

**Recommendation:** The committee recommends the creation of a drop-down menu for officials reporting red cards using the NFHS rules 8-2 a., b., c, d.1-4, e. f. and g.

**Rationale:** The committee wishes to review the individual breakdown of red cards reported during each season.

## 3. Non-Consent Recommendation – Pending Board Action

Boys/Girls Swimming
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### 1. Item VII-B – State Swim Qualifying Standards

**Recommendation:** To adopt the following qualifying standards. Sectional Qualifying Standards for the Boys' and Girls' State Finals will be determined in the following manner. The Qualifying Standards for each individual swimming event will be calculated by determining the 30<sup>th</sup> place time from all sectionals. That time will then be used to obtain an average of the last FIVE years' average times in each event. In relay events the same process will be implemented but the 24<sup>th</sup> sectional place time will be used to make the calculations. Any time calculated to be slower than the existing qualifying time would not be used in that event. The existing time would remain. Using this process, the proposed qualifying standards for the 19-20 seasons are:

#### BOYS STANDARDS 2020

200 Medley Relay	1:37.04
200 Free	1:44.23
200 IM	1:57.23
50 Free	:21.79
100 Butterfly	:52.07
100 Free	:47.71
500 Free	4:44.11
200 Free Relay	1:27.54
100 Back	:53.02
100 Breast	:59.49
400 Free Relay	3:12.86 (Existing Time)

#### GIRLS STANDARDS 2019

200 Medley Relay	1:48.12
200 Free	1:55.09
200 IM	2:08.96
50 Free	:24.36
100 Butterfly	:57.89
100 Free	:52.90
500 Free	5:09.03
200 Free Relay	1:37.82
100 Back	:58.57
100 Breast	1:06.48
400 Free Relay	3:34.82

**Rationale:** The advisory committee feels that we are on the right track by using this system. We will use the five-year average. Other associations and swim organizations use a method similar to the objective method proposed in this system. Using an objective system should be easier to use, easier to defend and provides fair standards for competitors. If necessary in the future, the system is adjustable by using a different average sectional time or a different average (i.e. 4 years). The Assistant Executive Director working with the swimming and diving advisory committee has reserved the right to make changes if it is obvious that this would be necessary in order to protect the integrity of the meet. Any time calculated to be slower than the existing qualifying time would not be used in that event. The existing time would remain.

## 2. Girls/Boys Swimming & Diving – I. School Classification

**Recommendation:** The Athletes with Disabilities Advisory Committee and the Swimming and Diving Advisory Committee recommend the following changes to provisional classifications for the physically and visually disabled events:

b. If a student athlete with a physical/visual disability is not classified as detailed above by the time of the Sectional meet, the athlete ~~will~~ **may** still be allowed to swim in the athletes with physical/visual disabilities division **on a provisional status**, but will automatically be classified to swim under Classification B. **A student athlete with a physical/visual disability may not swim under a provisional status in more than one IHSA State Series in his/her high school career.**

**Rationale:** There currently aren't any restrictions on the number of provisional classifications that a physically/visually disabled swimmer may be provided in his/her high school career. Limiting the number of provisional classifications for swimmers with physical/visual disabilities to once per high school career will

ensure that swimmers have a first-time opportunity to swim in the state series if they were unable to achieve a formal Paralympic classification in advance of the state series. At the same time, it will require that physical/visually disabled swimmers who receive a provisional classification establish a formal Paralympic classification in the future so that they can be placed in the appropriate IHSA Classification.

3. **Non-Consent Recommendation – Pending Board Action**
4. **Non-Consent Recommendation – Pending Board Action**
5. **IX.A – Tournament Policies – State Final Ticket Distribution Policy**

**Recommendation:** The committee recommends the following changes to the State Final Ticket Distribution Policy:

After meet management has determined the number of tickets to be distributed to qualifiers, meet management will determine if extra spectator tickets are available. If so, then all schools that have qualified at least one individual for the state finals will be allowed to purchase ~~two (2)~~ **three (3)** additional Swim Event tickets. This number may be reduced to **two (2)**, one (1) or zero (0) if the number of qualifiers spectator's tickets approaches the maximum capacity of the swimming and diving venues. **If meet management determines that additional swim tickets will be granted, then teams who have qualified at least one relay will be granted one more additional ticket than those teams who only had qualifiers in individual events as long as meet management determines that this will be within the venue capacity.**

**Rationale:** The committee feels that when additional spectator tickets are granted, then teams who qualify relays should receive a larger share than those who do not.

**Administrative Recommendation:**

1. **Recommendation:** The committee recommends altering the current awards structure to include the following:
  - a. After the AWD heat(s) and consolation heat, those athletes are taken to a designated staging area and organized.
  - b. After the championship heat, the AWD award winners would be walked out to the appropriate starting block(s), announced and draped. The same process would be used for the consolation award recipients.
  - c. For all award recipients except for the champion, their name, school, and place will be announced. For the AWD and able-bodied champions, their name, school, place, and performance finish (time or total points in diving competition) will be announced.
  - d. While the AWD and consolation award recipients are getting awarded, the championship heat participants would be getting organized in a staging area.
  - e. After the consolation heat is awarded, championship heat recipients who received places 2<sup>nd</sup> – 6<sup>th</sup> will be walked out to their appropriate block, announced and draped.
  - f. The state champion will wait until his/her name is announced and he/she will shake hands of the 2<sup>nd</sup> – 6<sup>th</sup> place finalist and then get his/her medal draped at his/her starting block.

**Rationale:** The committee expressed that the current awards method is very time consuming which can have an impact on the competitors and the flow of the meet. This proposal would eliminate the competitor handshakes and hugs, which is a nice display of sportsmanship, but the champion will be the representative of the group who will carry on that customary gesture. The idea is to make the event awards more efficient and timely.

<b>Boys Wrestling</b>
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1. **IV. Host Financial Arrangements: D. Admission Fees:**

**Recommendation:** Regional tickets for one-day Regionals shall be priced at \$8. One-day Regionals shall be conducted in one session.

**Rationale:** Currently, Regional tickets are priced at \$5 per session (2 sessions) or \$8 for the entire Regional. Host schools clear the gym after the first session and then re-admit fans, many of whom have already purchased



an \$8 ticket for the entire day. Charging \$8 for the entire day would make it simpler for the host school to conduct the Regional in one session and not have to clear the gym after the first session.

**2. Non-Consent Recommendation – Pending Board Action**

**3. VI. Tournament Structure and Time Schedules: A. Individual Tournaments**

**Recommendation:** Start the Semifinals at the Individual State Finals at 7:00 p.m.

**Rationale:** The Semifinals traditionally started at 7:00 for many years. They started at 7:30 during the 2019 tournament. We used a true wrestleback format for the first time, and we guessed that we might need more time between Session Two and Session Three on Friday. It turns out that we had plenty of time between sessions and easily could have started the Semifinals at 7:00.

**4. VI. Tournament Structure and Time Schedules: B. Dual Team Tournaments**

**Recommendation:** At the Dual Team State Finals, start the Semifinals at 1:30 p.m. Start the Finals (Championship and Third Place matches) at 5:30 p.m.

**Rationale:** The Semifinals and Finals traditionally have started at 2:00 and 6:00, respectively. Tournament management has noticed in recent years that there is sufficient time between the Quarterfinals and Semifinals to allow the Semifinals to begin at 1:30. This change would then allow the Finals to start at 5:30.

<b>Athletic Officials</b>
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**Administrative Recommendations:**

**1. Recommendation:** Update the Officials Handbook language regarding soccer officials' uniforms.

1. Yellow or black IHSA-approved shirt
2. Black shorts – Officials may wear black pants in inclement weather.
3. Black shoes
4. Black socks with two or three white horizontal stripes
5. Whistles, yellow card, red card, watch, coin, writing instrument, scorecard
6. If officials choose to wear a cap, it shall be a solid black cap or a black cap with an IHSA logo.
7. Soccer officials are allowed to wear a watch as a timekeeping device.
8. Soccer officials should not wear other jewelry.

**Rationale:** With a recent change in the IHSA soccer official's jersey, this new language details what soccer officials currently wear.

**2. Recommendation:** When an official attempts to earn promotion yet doesn't pass the promotion exam, the IHSA will retain the official's letters of recommendation for one more school year in the event the official wants to attempt to earn promotion the following school year.

**Rationale:** Currently, when officials don't pass the promotion exam, they must submit new letters of recommendation to attempt to earn promotion in a following school year. Letters of recommendation reflect the opinions of principals, athletic directors, coaches, and fellow officials regarding an official's skills and knowledge of the sport. Those opinions aren't likely to change from one school year to the following school year.

**3. Recommendation:** Add language to the Officials Handbook regarding social media guidelines for officials.

1. Consider social media communications as public at all times – even if created with private intentions. If you are going to use social media in any form, consider your communication may be read by anyone at any time.
2. You represent the officiating industry, your state association, your local association, your assignors, and your partners. Act accordingly.
3. Promote officiating in a positive light and with a general feeling of pride and professionalism. You are an ambassador for officiating.

4. You have a unique access to information. The same ethical restrictions that apply to any form of public speech also apply to social media. It is inappropriate to communicate specifics about your assignments, other officials, conferences/schools, coaches, players, or any related personnel.
5. Do not engage in specific play and/or ruling evaluation/commentary, whether it be of a game you worked, one that you witnessed, or in general about the impact of officials in any sporting event.
6. Communications among officials for learning purposes should be done privately and not through the use of social media. Be mindful that email and other forms of direct communication can be made public.
7. Be very sparing in the sharing of your personal information, including photos. Adjust security settings accordingly. Report fake profiles or posts to the appropriate authorities/governing bodies in a timely fashion.
8. Follow specific conference, school and/or governing body social media policies.

(Adopted from the National Association of Sports Officials.)

Officials who violate these guidelines could face disciplinary consequences detailed in Section I of the IHSA Officials Handbook.

**Rationale:** Officials frequently use social media to promote the fact that they officiate IHSA contests. This language from the NASO provides guidance regarding appropriate ways officials should use social media.

<b>Chess</b>
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**1. State Final Pairings (V-E-5)**

**Recommendation:** Requires that the first round of the state tournament be paired immediately prior to the start of competition.

**Rationale:** Several withdrawals occurred between the sectional and state final in both 2018 and 2019 and this trend will probably continue. In both years the first round was re-paired. Waiting until after check-in to create the pairings is easy and will eliminate the confusion associated with a re-pair. It will also allow scoresheets to be printed more quickly.

**2. State Final Roster (VI-A-3)**

**Recommendation:** Requires that coaches declare their 12 participating players and strength order for the state final tournament by midnight on Friday of Week 31 (prior to the state final seeding meeting).

**Rationale:** This change will allow the Seeding Committee to see which players a team is bringing to the state tournament. (In the future the committee may discuss moving this deadline up even further and require coaches to declare a single set of 12 players and a single strength order for both the sectional and state final tournaments.)

**3. Tie-Break Penalties (VII-A-4)**

**Recommendation:** Specifies that if a sectional tournament cannot be completed prior to the state final seeding meeting, the seeding committee shall determine which teams advance to the state tournament from that sectional, using the sectional seeds as a guideline.

**Rationale:** Given that weather is always a concern in late January and early February, a backup plan is needed in case one or more sectionals cannot be completed.

**4. Tournament Participation (VIII-C-4a)**

**Recommendation:** Removes a section that is obsolete.

**Rationale:** Now that players are allowed to compete on more than one board, this section no longer applies.

## 5. Tie-Break Penalties (VIII-G-2)

**Recommendation:** Reduces the tie-break penalties used in sectional tournaments to one-fourth the value of tie-break penalties used in the state final tournament.

**Rationale:** Because fewer rounds are played during sectional tournaments than the state tournament, the standard tie-break penalties have a much larger impact on ranking. This change makes them roughly proportional.

## 6. Official Scoresheet (VIII-H-3)

**Recommendation:** Requires that the match scoresheet remain on the table next to Board 1.

**Rationale:** In recent years the scoresheet has sometimes been picked up by a player or coach and placed next to the last remaining game on the table. This could be considered kibitzing, since it encourages a player to take note of the team score.

## 7. Uniforms (IX-H-2)

**Recommendation:** Spells out the penalties for uniform violations.

**Rationale:** Although the uniform rule is several years old, the penalty for violation has never been stated explicitly. This removes any ambiguity. The new language reads "A player may be penalized once per day of competition. A team may be penalized for up to five minor violations per day. Willful refusal to comply with the uniform rule shall constitute unsportsmanlike conduct and may be penalized by team disqualification."

## 8. Non-Consent Recommendation – Pending Board Action

### **Rule Book Recommendation:**

#### 1. Distracting Behavior (Rule 17-8-2)

**Recommendation:** Removes language that "a player whose turn it is to move cannot be considered as distracting or annoying an opponent."

**Rationale:** The rule is contradicted by other rules.

### **Administrative Recommendations:**

1. **Manual check of pairings.** The program used to pair the tournament is mysterious and in the later rounds has sometimes generated pairings that are suboptimal and had a direct effect on the placement of the top teams. This year's pairings protest happened just prior to the start of the final round and took about 25 minutes to resolve. Chris Merli, pairings chief, agrees that a manual check of the top pairings needs to be instituted to avoid these problems, and he will set up a system that will facilitate this check for future tournaments.
2. **Submission of lineups in advance in order to reduce check-in bottleneck.** The new "strength order" concept worked fine in competition this year but led to some confusing scoresheets as names frequently had to be crossed out and overwritten. The Chesscalate mobile app can be changed to allow the submission of lineups prior to the pairing of a particular round, so that the scoresheet can be printed with the intended lineup (the lineup may still be changed by crossing out). This change, along with requiring coaches to declare their 12 players and strength order (T&C change #2) well ahead of time, would practically eliminate the bottleneck that occurs at check-in time.
3. **Non-Consent Recommendation – Pending Board Action**

Esports
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No Terms and Conditions Forwarded from the April Meeting or the May Meeting.

1. II. Dates and Sites

**Recommendation:** Set the following dates for the IHSA Journalism Sectionals and State Finals:  
2020

Sectionals: Saturday, April 4

State Finals: Friday, April 24

2021

Sectionals: Saturday, April 10

State Finals: Friday, April 23

**Rationale:** The Journalism State Series is one of the IHSA's most unique events in that competition only happens two days per year. Holidays, journalism events, and school-related events have the opportunity each year to significantly impact participation. Advisors overwhelmingly support a two-week break between the Sectional and State Final tournament. However, in 2020, a national journalism event in the region would likely prevent many IHSA schools from attending, thus prompting the three-week recommendation. The committee believes the best course of action moving forward is to continue to schedule the State Series in two-year increments. Every effort will be made to keep the State Finals during Week 43 of the standardized IHSA calendar.

2. III. ON-LINE ENTRIES, WITHDRAWAL PROCEDURES, ELIGIBILITY, AND ON-LINE LIST OF PARTICIPANTS - E. On-Line List of Participants List of Participants Deadline

**Recommendation:** Change deadline date from March 18, 2019 to "The Wednesday prior to Sectionals."

**Rationale:** Most advisers do not know their actual category assignments until much closer to Sectionals.

3. VIII. TOURNAMENT RULES

**Recommendation:** Add new letter B. that reads:

B. Category Participation: A student competing in a category that covers two blocks may not be entered in another single block category.

**Rationale:** The two-block categories are designed for competitors to use the allotted time to thoroughly and thoughtfully complete their work.

4. VIII. TOURNAMENT RULES - C. Proctors

**Recommendation:** Add B. with the language below (if passed, current language becomes A.)  
B. Sectional Proctors: Each school will be required to provide a proctor for the Sectional they are assigned to. An advisor or other individual who meets the age criterion (A.) can fill the role. The Sectional host will assign each school their event to proctor and the school will be responsible for making sure an individual fills that position.

**Rationale:** Proctors have become more difficult to find and we have also had issues with proctors disseminating incorrect information or making incorrect judgements. Advisors are better versed with IHSA rules and generally present. They have the option to bring a parent or other individual to fill the proctor role if they do not want to.

5. VIII. TOURNAMENT RULES - B. 6. Yearbook Theme Development

**Recommendation:** Change category description to read the following:

Students will be given a theme provided at the contest site from which they will develop the following six elements for a high school yearbook: 1) Cover 2) Front End Sheet 3) Title Page 4) Opening 5) Divider 6) Folio. Students competing in Yearbook Theme Development may use the following materials: magazines, markers, colored pencils, scissors, glue/glue sticks. Entries will be judged based on basic design principles, creativity and originality.

**Rationale:** The category was expanded to two blocks, making more time to add these essential design elements. Judges rubric will be updated accordingly if passed.

6. VIII. TOURNAMENT RULES

B. 7. Newspaper Design

9. Infographics

15. Yearbook Layout

**Recommendation:** Add language to each of the three event descriptions indicating that they will be completed in color. Prompts will need to be updated to reflect this if passed.

**Rationale:** Creates a more modern and realistic experience by completing these events in color.

7. VIII. TOURNAMENT RULES - D. Time Schedule

**Recommendation:** Add following to time schedule:

8:30-9:00 AM Proctor Meeting (Sectional only)

**Rationale:** This will provide a good opportunity to get proctors the info and materials they need, while also checking in to make sure all events are covered.

**Administrative Recommendation:**

1. Non-Consent Recommendation – Pending Board Action

Music Solo/Ensemble
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1. **Recommendation:** III. E. 1. - Online Entry System (List of Participants)

The deadline for entering the “List of Participants: for Music Solo and Ensemble is ~~January 18,~~ **February 7.**

**Rationale:** By moving the entry deadline to the Friday following the IMEC conference from January 18<sup>th</sup> to February 7<sup>th</sup>, we are not conflicting with the ILMEA conference and we are providing directors more time to secure their entries yet not impose a significant delay on host management duties and planning.

2. **Recommendation:** IV. A. 1. - Contest Event Fees for Solo

~~\$8.00~~ **\$10.00** per entry

**Rationale:** By increasing solo event fees to \$10. will assist sites in covering expenses and will align with other event fees. The last IHSA event fee increase for music solos was from \$6. to \$8. in 2001-02.

3. **Recommendation:** VIII. A. 3. - Approved Solo Events

Vocal

240. ~~Female Voice~~ **Treble Solo**

241. ~~Male Voice~~ **Bass Solo**

**Rationale:** This change aligns with gender neutral language in the rules book.

4. **Recommendation:** VIII. B. 1. - Ensemble Events - Definition

~~Doubling on parts is not allowed in Percussion Choirs~~

**Rationale:** Doubling is permissible in all other choirs.

*(Note Page 9 – also needs edited)*

5. **Recommendation:** VIII. B. 2. B. - Vocal Entries

A school shall be limited to twenty (20) vocal ensembles. Maximum entries in Events Nos. 150-152 = total of twenty (20). In addition, a school may **three vocal choirs.** ~~enter one (1) Madrigal Group (Event No. 153) and one Chamber Choir (Event No. 154).~~ Total maximum vocal ensembles **and choir** entries = twenty-two **three** (22) **(23).**

**Rationale:** By striking the language that outlines the genre of required vocal choirs, directors can bring three vocal choirs of their choice.

6. **Recommendation:** VIII. B. 8. - Approved Ensemble Events

**Please note that doubling of parts is permitted in instrumental events. 8, 9, 10, 16, and 18, and vocal events 150, 151, 152, 153 and 154 (not permitted in Handbell or Percussion Choirs). Doubling of instrumentalists is not to exceed two per part.**

**Rationale:** Instrumental ensembles can double in parts. This aligns with what is currently allowed in choir. However, no more than two students can be on a part.  
(Note: review in adjudication training)

7. **Recommendation:** Orchestra S & E scales – Return to the 2018 scales.

<https://www.ihsa.org/documents/mu/Revised%208-2018%20Instrumental%20Scales.pdf>

**Rationale:** After a trial year with updated scales, the committee recommends going back to the original orchestra scale requirements.

**Editorial Recommendation:** VIII. MUSIC SOLO/ENSEMBLE CONTEST

**RULES B. ENSEMBLE EVENTS 2. Entries a. Instrumental**

a. Instrumental: In instrumental ensembles a school may enter any number or combination of events within the following maximums:

Brass	9 ensembles
Percussion	4 ensembles
String	9 ensembles
Woodwind	9 ensembles
Piano Duets	4 duets
Instrumental Choirs	7 ensembles
Flute Choir	1 choir
Clarinet Choir	1 choir
Woodwind Choir	1 choir
Brass Choir	1 choir
Percussion Choir	1 choir
Bell Choir	1 choir
String Choir	1 choir

Total Maximum Instrumental Ensemble  
Entries: 42 ensembles

<b>Music Organization</b>
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1. **Recommendation:** VIII. A. - Number of Participants

8. Jazz Choir: ~~10~~ **8** minimum; 32 maximum

**Rationale:** Currently, the minimum number of students allowed to compete in a Jazz Choir is 10. In the past, vocal Jazz Choirs in schools thrived with 12 or more members. We have seen a decline in the size of these groups with many being less than 10. By lowering the minimum number of participants for a Jazz Choir from 10 to 8 we will provide an opportunity for school to enter this event that previously could not enter because they could not meet the current minimum.

2. **Recommendation:** VIII. B. 3. Chorus (page 6)

Each chorus shall perform ~~at least two (2)~~ selections with a minimum time of seven (7) minutes and a maximum time of twelve (12) minutes.

**Rationale:** Most songs performed are between 2 ½ and 3 ½ and a half and 3 and a half minutes so this contradicts itself. I would suggest either taking out the suggested 2 songs or remove the seven-minute minimum.

3. **Recommendation** VIII. B. 4. b. Show Choirs/Jazz Choirs (page 6)

~~It is recommended that two (2) selections of varying styles be performed~~

**Jazz choirs must meet a minimum** performance time of seven (7) minutes and a maximum performance time of twelve (12) minutes. Jazz Choirs must include one “swing-style” (unequal division of the beat) selection in their program.

**Rationale:** The current terms and conditions state for Jazz Choirs that two selections should be performed with a minimum time of seven minutes. Most songs performed during contest will be between 2 1/2 and 3 1/2 minutes, therefore this language is contradicting. Directors can use any selections to meet the 7-12-minute time allotment.

#### 4. **Recommendation: VIII. B. 4. h.**

Jazz Choirs will not be evaluated on choreography. Judges are to use the rating scale without choreography on the adjudication form. Jazz Choirs will be judged primarily on the musical performance of the group. ~~Improvisation or Creativity/Musicianship of soloists will also be a category for evaluation~~

**Rationale:** Adjustments needed to be made on the jazz choir adjudication form to better reflect solo performances in this category.

*(Note: On the actual adjudication form, remove continuity of performance – replace with musicianship from the instrumentals jazz adjudication form).*

<b>Scholastic Bowl</b>
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#### 1. **V.B – Seeding Meeting**

**Recommendation:** The committee recommends changing the language regarding the online sectional seeding meeting to the following:

All seeding will be conducted online through the IHSA Schools Center. Each school shall have one (1) vote in the seeding process. Coaches shall not vote for their own team, therefore their school will not appear in the list of schools to seed. The link to seed the teams is located in the IHSA Schools Center in the Head Coaches Activity Tracker and will be activated at 11:00 a.m. on Tuesday, February 11. The deadline to seed teams is 12:00 Noon on Wednesday, February 12. Seeding will only occur at the Regional tournament level. Coaches will rank the top eight (8) teams in their Sectional through the online ballot. The best team will be given 8 points, next best 7, etc. The total of each team’s points will be calculated by dividing the team’s total points by the number of teams who completed an online ballot. No school participating in the online seeding process may vote for itself. Therefore, we will use one (1) less than the total number of schools participating in the online seeding process when calculating the average. Schools that do not participate in the online seeding process will not have their seeding points averaged by using one (1) less than the total number of schools participating in the online seeding process. The average for these schools will simply be calculated by dividing the team’s total points by the total number of teams participating in the online seeding process. All ballots will be made public in Schools Center. The team with the highest average will be the number one (1) seed. Continue with this process until eight (8) teams are ranked.  
The Sectional and the State Final shall not be seeded.

**Rationale:** This past year, it was recognized that schools that did not participate in the online seeding process could have an advantage in gaining a higher seed over those schools that did participate in the seeding process. This was based on how the seeding formula was set up. This adjusted language addresses this flaw in the formula in order to make the seeding process more equitable.

#### 2. **Recommendation: Rule 4-B-6 (Answers Requiring Additional Information); clarify the (3) second rule Proposed Rule Clarification**

**4-B-6.** A moderator must offer a player extra chances to give ‘additional’ necessary information to a toss-up or bonus part as long as the information provided is correct and relevant, but ambiguous.

**4-B-6a.** Both teams can be prompted on the same toss-up or bonus part.

**4-B-6b.** The reasons why a moderator may prompt for additional information are delineated in Rule 4-C-1.

4-B-6c. Answers to a prompt (initial or subsequent) must be started within three (3) seconds of the moderator's request. The moderator will call the three (3) seconds. The three (3) seconds is not cumulative across answers and prompts; it starts anew each time.

**Rationale:** *Codifies common practice. While Rule 4-B-1 states that "answers must be started within three (3) seconds," the rules need to state that this applies to prompting as well.*

### 3. **Recommendation:** Rule 4-C-1g (Translations) Proposed Rule Clarification

#### Existing Rule

**4-C-1g.** Translations: If an answer has an original name that is not in the English language, then the original-language name, a reasonably literal English translation of that name, and any commonly used or published English name will be acceptable.

#### Proposed Replacement Rule

**4-C-1g.** Translations: If the correct answer is a title, it must be either the title in the original language or, if that original language isn't English, any English title under which the work has been published, issued, or listed on an authoritative website.

**Rationale:** *As written last year, the Rule is far too permissive. A mis-recalled and therefore incorrect title with wording that does not match the printed answer could be ruled correct if the moderator suspects it was "a reasonably literal English translation." Where does 'reasonable literal translation' end, and 'incorrect' begin? Moderators should not be expected to judge whether a player whose first language is not English is translating correctly from, perhaps, a third language that matches neither the work's original language nor English. Moreover, we should expect all players, even exchange students, to know the correct English titles of works.*

### 4. **Rule 4-C-4 (Anti-Prompting)**

#### **Recommendation:** Proposed Rule Clarification

**4-C-4.** In rare cases a printed answer may include a moderator instruction to "anti-prompt". This occurs when a question is seeking a general answer, but a clue in the question points to something more specific. The moderator will anti-prompt ~~by saying, "Can you be less specific"~~ with the word, "anti-prompt."

**Rationale:** *Rule 4-C-1, for prompting, states that the moderator will prompt with the word "prompt." This was done to avoid a reveal of any particular reason why the answer may be judged incorrect if not clarified in a certain way. We should do the same for anti-prompting, so as not to reveal any particular reason why the answer is too specific or too narrow.*

### 5. **Rule 4-F (Equipment Malfunction)**

#### **Recommendation:** Proposed addition:

**4-F-4.** If a single buzzer fails to trigger the system, perhaps because it is broken or disconnected, and that player unambiguously uses a visual or auditory clue such as the word "buzz" (see Rule 4-A-3i), that player should be recognized by the moderator in the appropriate sequence and be allowed to answer. This rule applies if the player in question signals first, before anyone else on either team; or, if they are the first player from the second team to signal after the first team's answer has been judged incorrect. Specifically, Rule 4-F-3 only applies if the entire system malfunctions; a lone buzzer can be replaced/reconnected and the match can resume.

**Rationale:** *This additional language covers a situation not explicitly covered in the existing rules. The proposed remedy for this situation seems more appropriate than discarding the question.*



## 6. Rule 3-E-3 (Time-Outs)

**Recommendation:** Proposed Rule Clarification:

**3-E-3.** A time-out must be called after both teams have answered a toss-up incorrectly, or after the bonus has been completed; and before the category of the next toss-up question is read.

**Rationale:** Time-Outs should only be allowed “between cycles” – like other quiz bowl codes.

## 7. 4-C-1g: CASE #1 with four sub-cases

**Recommendation:** Add the following case to the case book.

The moderator asks the following question:

“What is the name of Marcel Proust’s seven-volume novel of his experiences growing up?”

The printed answer is: In Search of Lost Time

If Player 1 from Team X rings in and answers: “À la recherche du temps perdu”

The moderator should properly state, “Correct” because this is the exact title in French.

If Player 1 from Team X rings in and answers: “Remembrance of Things Past”

The moderator should properly state, “Correct” because it was published under this name.

If Player 1 from Team X rings in and answers: “Towards the Research of Times Lost”

The moderator should properly state, “Incorrect”. Although it could be argued that this is a reasonably literal translation, the work has never been published with that English title.

If Player 1 from Team X rings in and answers: “Recuerdo de las cosas pasadas”

The moderator should properly state, “Incorrect”. Although this is a correct Spanish translation, and although it may have been published in Mexico as this, it’s neither original nor English.

**Rationale:** This case helps further define/clarify the rule on translations.

## 8. 4-B-3: CASE #1 with seven sub-cases < rewritten to reflect last year’s rule change >

**Recommendation:** Add the following case to the case book.

The moderator asks the following question:

“Who wrote the lyrics for “Embraceable You”, with music composed by his brother?”

The printed answer is: Ira Gershwin

If Player 1 from Team X rings in and answers: “Ira Gershwin ... no, I mean George Gershwin”

The moderator should properly state, “Correct” because the correction is ignored.

If Player 1 from Team X rings in and answers: “George Gershwin ... no, I mean Ira Gershwin”

The moderator should properly state, “Incorrect” because the correction is ignored.

If Player 1 from Team X rings in and answers: “George ... no, I mean Ira Gershwin”

The moderator should properly state, “Incorrect” because, not only is the correction ignored, even though “George” is only a partial answer, it’s neither correct nor prompt-able.

If Player 1 from Team X rings in and answers: “Gershwin ... that is, Ira Gershwin” The moderator should properly state, “Correct” because it’s not a correction, rather it’s a self-prompt. Because no part of the player’s initial answer was ‘corrected’, the repeat is allowed.

If Player 1 from Team X rings in and answers: “Geo ... Ira Gershwin” The moderator should properly state, “Incorrect” because, the syllable uttered at the start is an obvious start to an incorrect answer, and not a “preliminary word” such as “um ...” or “err ...”.

If Player 1 from Team X rings in and answers: “Gershwin ... no, I mean Hammerstein” The moderator should say, “Prompt” and not reveal that the correction is being ignored.

If the player responds with, “Ira” the moderator should properly state, “Correct.”

If the player responds with anything else, the moderator should properly state, “Incorrect.”

If Player 1 from Team X rings in and answers: “George Gershwin the music and Ira Gershwin the lyrics.” The moderator should properly state, “Correct” because the player has not made a correction, they’ve provided a second piece of correct information, without pause, which Rule 4-C-2 permits either on an early buzz, or as additional information that comes from the question.

Rule 4-B-3 (corrections, if attempted, are ignored), Rule 4-B-4 (preliminary words), and Rule 4-B-5 (consider the entire answer) must always be top-of-mind for the moderator as they make decisions; they each provide guidance, but the moderator’s own knowledge, listening skills, experience, and professional judgement also have an impact. Even the expression on the player’s face as they answer can be a factor as the moderator rules on the answer given. As always, the moderator’s decision can be appealed. As always, the moderator can either explain their reasoning and deny the appeal, or hear the appeal and either affirm or change their initial decision. As always, the elastic clause (“shall include, but are not limited to”) in Rule 4-H (moderator error) can be invoked in appeal, and the question discarded and replaced.

**Rationale:** This added case further defines a rule that was changed last year.

### **Administrative Recommendation:**

1. **Question Source:** The committee supports the recommendation to allow Brad Fischer to continue to serve as the Head Editor for the IHSA State Series Questions for the 2019-20 school year.

The committee is aware of the potential conflict of interest that arises because Brad’s wife is the coach of a team that participates in the State Series. Along with his bid to act as Head Editor in 2017-18, Brad provided a written assurance that he will keep the questions confidential, and the committee feels that bringing the potential conflict to light serves to further ensure that no infractions occur.

## **Speech Individual Events**

### **1. Recommendation: VI - E - 2. State Final Time Schedule**

~~4:30~~ **2:00** Final Round: Dramatic Duet Acting, Humorous Interpretation, Impromptu Speaking, Oratorical Declamation, Oratory, Original Comedy, Prose Reading

~~4:30~~ **2:00** Performance in the Round - Final Round

~~2:30~~ **2:45** Radio Prep. for Finals

~~2:45~~ **3:00** Extemp Prep. for Finals

~~3:15~~ **3:30** Final Round: Dramatic Interpretation, Extemporaneous Speaking, Humorous Duet Acting, Informative Speaking, Poetry Reading, Radio Speaking, Special Occasion Speaking

**Rationale:** This time schedule is more reflective of the actual timeline that has occurred the past few years.

## **Speech Debate**

### **1. Recommendation: B. Lincoln-Douglas Debate Competition Rules 6. f. and D. Public Forum Debate Competition Rules 3. g.**

Judges ~~are prohibited to~~ **may** disclose their decisions to debaters.

Judges ~~shall not~~ **may** disclose their decisions.

**Rationale:** By allowing judges to provide the debaters with immediate feedback by revealing which side won the debate right after the round, students and debate coaches can better prepare their next strategies moving forward.

## Speech Drama/Group Interpretation

### 1. Non-Consent Recommendation – Pending Board Action

#### 2. **Recommendation:** VI. Tournament Structure and Time Schedules D. Programs: 1. Sectional

The order of performance for Dramatics and Group Interpretation shall be established by ~~the local contest manager in consultation with the contest committee using a blind draw~~ **Tourney Wire**, except where adjustments are necessary to accommodate Friday night performances, to permit students to participate in two events and/or to separate identical selections. Competition shall begin on Friday evening, with schools being given opportunity to volunteer for a Friday evening performance time. If volunteers are not secured, the local manager and contest committee shall randomly assign schools for Friday evening performances.

**Rationale:** TourneyWire has the ability to generate sectional schedules. This takes out any potential manager bias in scheduling. It also still allows the host manager the ability to manually adjust if necessary, as outlined by the terms and conditions (to allow students to participate in both GI & Drama, to separate identical selections, etc...)

## Athletes With Disabilities

### 1. Girls/Boys Swimming & Diving – I. School Classification

**Recommendation:** The committee recommends the following changes to provisional classifications:

b. If a student athlete with a physical/visual disability is not classified as detailed above by the time of the Sectional meet, the athlete ~~will~~ **may** still be allowed to swim in the athletes with physical/visual disabilities division **on a provisional status**, but will automatically be classified to swim under Classification B. **A student athlete with a physical/visual disability may not swim under a provisional status in more than one IHSA State Series in his/her high school career.**

**Rationale:** There currently aren't any restrictions on the number of provisional classifications that a physically/visually disabled swimmer may be provided in his/her high school career. Limiting the number of provisional classifications for swimmers with physical/visual disabilities to once per high school career will ensure that swimmers have a first-time opportunity to swim in the state series if they were unable to achieve a formal Paralympic classification in advance of the state series. At the same time, it will require that physical/visually disabled swimmers who receive a provisional classification establish a formal Paralympic classification in the future so that they can be placed in the appropriate IHSA Classification.

## Sports Medicine

### January 16, 2019 Meeting:

**Recommendation:** The Committee recommends the following adjustment to the Weekly Player Limitations Policy for Football:

1. A player shall not play in more than 2 games in any one week, and shall not play in more than one game in a single day. For the purposes of this section, a week is defined as the seven-day period running from Monday through the following Sunday. (It is recommended that if a player does play in 2 games in a given week, both of those games are as a one-way player. [i.e., only plays on offense or defense or special teams])
2. Players cannot be involved in live contact/thud in practice the day after playing in a game.
3. 1 play in a game equals a game played. An exception to this would be:
  - a. Specialized players (kicker, punter, holder only) can participate in back to back games on the same day.
  - b. A player who enters the game for one play only due to an equipment failure or injury, will not have that play counted against them as a game.

NOTE: If a player plays in a game that is stopped due to weather or other circumstances and completed the next day, the player can participate in the resumed game the following day. This is allowed because the exposure is considered equivalent to a full game being played the night before.

This rule will continue to be evaluated.

**Rationale:** While the Committee would still believes the original policy passed by the Board in June is strong, there are some issues that they found after further evaluation. The committee feels this updated proposal clears up some of the questions from the earlier proposal.

**Recommendation:** The Committee recommends the following Policy for Fall Sport Acclimatization:

**Summary of the 14-Day Acclimatization Period**

**Days 1-5**

1. Days 1 through 5 of the acclimatization period consist of the first 5 days of formal practice. During this time, athletes are not allowed to participate in more than 1 practice and 1 walk-through per day.
2. If a practice is interrupted by inclement weather or heat restrictions, the practice may recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any 1 day.
3. A 1-hour maximum walk-through is permitted during Days 1-5 of the acclimatization period. A 3-hour recovery period is required between the practice and walk-through (or vice-versa).
  - a. The 3-hour recovery period should take place in a cool environment, with no sport- or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
  - b. A walk-through is defined as a teaching opportunity with athletes not wearing protective equipment (helmets, shoulder pads, or other protective equipment). During a walk-through, no running or running activities by team members is allowed and no protective equipment of any kind should be present.
4. During Days 1-2 of the acclimatization period in sports requiring helmets or shoulder pads, a helmet is the only protective equipment permitted (goalies, as in the case of field hockey and related sports, may not wear full protective gear or perform activities that would require protective equipment. During Days 3-5, only helmets and shoulder pads may be worn. Beginning on Day 6, all protective equipment may be worn and full contact may begin.
  - a. Full-Contact Sports: 100% live contact drills may begin no earlier than Day 6.

**Days 6-14:**

1. Beginning no earlier than Day 6 and continuing through Day 14, double-practice days must be followed by a single-practice day.
  - a. On single-practice days, 1 walk-through is permitted, separated from the practice by at least 3- hours continuous rest.
  - b. When a double practice day is followed by a rest day, another double-practice day is permitted after the rest day.
  - c. The 3-hour recovery period should take place in a cool environment, with no sport- or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
2. On a double-practice day neither practice may exceed 3 hours in duration nor may student-athletes participate in more than 5 total hours of practice.
  - a. Warm-up, stretching, cool-down, walk-through, conditioning, and weight-room activities must be included as part of the total practice time.
  - b. The 2 practices must be separated by at least 3 continuous hours in a cool environment.
  - c. The 3-hour recovery period should take place in a cool environment, with no sport- or conditioning-related activity permitted (e.g. speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permitted as is classroom work and/or video review.
3. Because the risk of exertional heat illnesses during the preseason heat-acclimatization period is high, it is recommended that an athletic trainer be on site before, during and after all practices. This is not required.

Day	Heat Acclimatization Practice Plan	Equipment Allowed
1	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet only
2	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet only
3	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads
4	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads
5	One practice per day (3 hours maximum), 1 hour walkthrough after 3 hour rest	Helmet & Shoulder pads

6-14	<ul style="list-style-type: none"> <li>• May begin double practice sessions</li> <li>• Double practice cannot exceed 5 total hours, 3 hour maximum per session. 3 hours rest between practice sessions</li> <li>• Double practice day must alternate with a single practice day or rest day</li> <li>• Single practice days are 3 hour maximum with a 1 hour walkthrough following a 3 hour rest</li> <li>• If practice occurs on 6 consecutive days during acclimatization 1 full day of complete rest is required(traditionally Sundays)</li> </ul>	Full pads
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Minimum practices :

Each athlete must complete a minimum number of practices prior to competition

- Cross Country, Volleyball, Soccer: 9 practice days
- Tennis: 7 practice days
- Football: 12 practice days
- Golf will be exempt from the Heat Acclimatization Policy

*Adopted from Missouri State High School Activities Association Heat Acclimatization Policy. October 23, 2018*

**Rationale:** While the Committee believes it is time for an acclimatization policy to be adopted for all sports similar to the one we have been using for years for football. The proposed policy that the committee is recommending was adopted from the MSHSAA and the Kory Stringer Institute recommendation. As noted this proposal would set a minimum number of practices for Cross Country, Volleyball, Soccer, Tennis and Football prior to any competition.

**April 18, 2019 Meeting:**

**1. Non-Consent Recommendation – Pending Board Action**

**2. Non-Consent Recommendation – Pending Board Action**

### Do What's Right

- Recommendation:** Beginning with 2019-20 fall sports season, the IHSA will issue memos (to Administrators, Head Coaches, Officials and Assignors) providing resources emphasizing the expectations for Schools, Administrators, Coaches, Fans, Players and Officials. The memos serve to remind everyone involved of the NFHS Rules, IHSA Rules, the DWR! Expectations and Game Management Procedures in place for every contest at all levels.

None of the parties mentioned above should tolerate improper behavior or violation of rules at any time during a contest. Any situations must be addressed immediately per the rules by the officials and game management. Follow up from Administration needs to occur following an instance of misconduct by a Coach, Player or Fan.

**Rationale:** The rise in severe incidents of unsportsmanlike behavior from coaches, fans, and players during the 2018-19 seasons interferes with the safety and enjoyment of the game. Beginning with the 2019-20 school year, the IHSA will commit to an education campaign focusing on positive sporting behavior, appropriate interaction with officials, and strengthen game management practices.

**2. Non-Consent Recommendation – Pending Board Action**

- Recommendation:** The State Final Sportsmanship Committees will award the sportsmanship banner to one school per class in each respective sport or activity.

**Rationale:** This creates more prestige to the school winning the award and challenges the schools to educate and communicate the DWR! Expectations throughout the school year to coaches, students and fans.

<b>Student Advisory Committee</b>
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1. **Recommendation:** The committee recommends the annual Student Advisory Committee retreat be held on August 4 and 5, 2019.

**Rationale:** During the retreat, members will have time to meet with each other outside of the IHSA office, prepare for the Student Leadership Conference, record PSA's, attend workshops for growth in leadership skills and public speaking skills and create a bond to strengthen our committee before the school year begins. The retreat will also serve as the first scheduled meeting for the 2019-20 committee members.

2. **Recommendation:** The committee recommends hosting the statewide IHSA Student Leadership Conference in September of 2019.

**Rationale:** Continue to offer IHSA member school students the opportunity to attend a statewide leadership conference conducted by the SAC. This conference enables the IHSA and SAC leadership to directly interact with member school students and administrators.

3. **Non-Consent Recommendation – Pending Board Action**

<b>Athletic Administrators</b>
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**No Recommendations Brought Forward**

<b>Activities Directors</b>
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**No Recommendations Brought Forward**