November 2009

Oak Lawn Community High School



For all the latest news and information on the Spartan Fishing Team, be sure to check out our team's <u>website</u>! The best way to contact Coach Kuchyt is through email: ckuchyt@olchs.org

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#### Important News!

Anyone interested in receiving the Spartan Fishing Team Newsletter should email Coach Kuchyt to be added to the distribution list:

ckuchyt@olchs.org

#### Tip of the Month

Fall is the best time of year to catch BIG fish. As the fish begin to fatten up for the winter season, try throwing larger baits to entice fish to strike.

#### Date Set for Ultimate Spartan Angler Challenge

Spartan anglers are excited to announce the first annual Ultimate Spartan Angler Challenge. Over the past few weeks, members of the team have developed rules and created events for this competition. The dates for this week long challenge have been set for November 30 thru December 4. The competition will be held from 6:30am to 7:30am so that students taking part in afterschool sports, activities, and clubs can take part.

Events in the competition include knot-tying, casting accuracy, casting distance, fish identification, state rules and regulations test, and more! Certificates will be awarded for first place finishers in each event and a trophy will be awarded to the person who receives the most points.

Spartan anglers at Burnham Harbor with a King Salmon.

The winner of the competition will also be awarded a spot on the sectional fishing team that will compete in April.

If you are interested in taking part in the competition and would like to join the team, please join us every Thursday after school in room 372. For more details on the competition, please see Coach Kuchyt in room 372.

### Please Support Our Sponsors By Using the Valuable Coupons Inside

Grassano's Pizza

Frankies Beef/Pasta & Catering Inc.

Pawsitively Heaven Pet Resort

Buffalo Wild Wings Chicago Ridge, IL

### Fall King Salmon Fishing By Omar Abdullah (grade 10)

The weather report for October 17, 2009, called for a high of 49 degrees and lake effect morning showers. Despite the bad weather, the Spartan Fishing Team went to Burnham Harbor which is behind Soldier Field. We left the school at 4am! We started using glow in the dark spoons, crankbaits, and other lures. We choose these lures because of our research on fall salmon fishing. We learned that during the fall, salmon come into the harbors to spawn and then they die. King Salmon only live about four or five years. They hit lures not because they are hungry, but because they are trying to protect their young.

Fishing was very slow early in the morning. Once the sun started rising, we started seeing some salmon swimming in the harbor. No fish were biting . We were all losing hope and we were planning to leave soon. Coach Kuchyt and I were talking about our next fishing trip to Stony Creek. We started talking about what kind of bait we were going to use there and we were talking about leaving the harbor and going back to the school. All we see next is Coach Ku-

chyt's pole bending. We knew it was a fish and a very aggressive one too! Coach Kuchyt set the hook and started reeling it in. I got the net and a few minutes later I netted the fish. It was a King Salmon! The fish was 22 inches long and weighed three pounds.

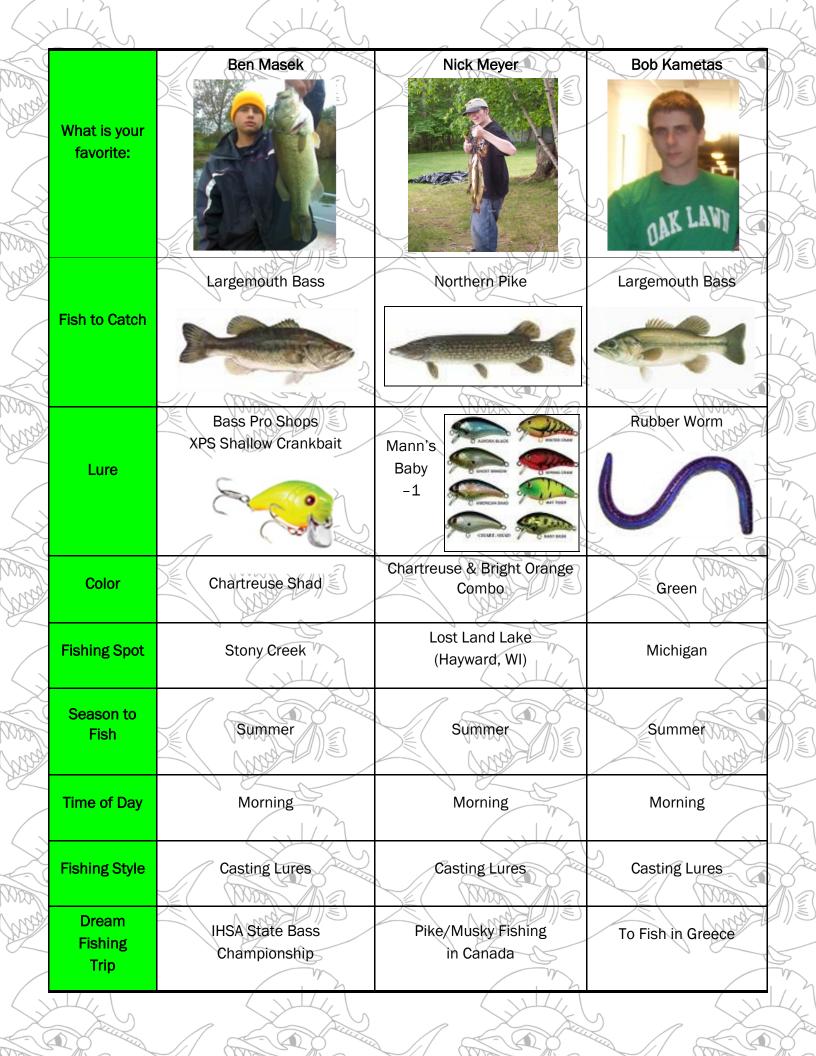
Everyone wanted to start fishing again. We stayed a while longer but we did not catch anything else. We put the King Salmon in a cooler on ice and went back to school. When we got back to the school, Coach Kuchyt showed us how to filet the fish and how to prepare it for a meal. He said his favorite way to eat salmon was to wrap it in foil, pour lemon juice on it with a little butter, and to place it on the grill. It was a very fun trip and when we to go back next year, we will know the spots and what baits to

use!



Omar Abdulla with a King Salmon out of Burnham Harbor





Oak Lawn Community High School *Spartan Fishing Team* c/o Chris Kuchyt 9200 Southwest Hwy Oak Lawn, IL 60453

E-mail: ckuchyt@olchs.org



Matt Jensen has his hands full with some beautiful Lake Michigan perch.

#### Join the Spartan Fishing Team

Anyone is welcome to join the Spartan Fishing Team at anytime throughout the school year. During the first semester, the team meets every Thursday afterschool in room 372. Join us when you can, we look forward to seeing you soon!

#### Thank You to Our Sponsors

The Spartan Fishing Team would like to thank our sponsors for supporting our team.

If you know of a business or organization that would be interested in **sponsoring** the Spartan Fishing Team, please contact Coach Kuchyt. Our team offers full page advertising space in our newsletter which is distributed to over 3,000 Oak Lawn community members. The Spartan Fishing Team is also in need of donations of used fishing gear. If you or your business would like to help, please contact Coach Kuchyt at ckuchyt@olchs.org.

### **Helpful Links**

#### **Spartan Fishing Team**

High School Bass Fishing

**IHSA Sponsored Website** 

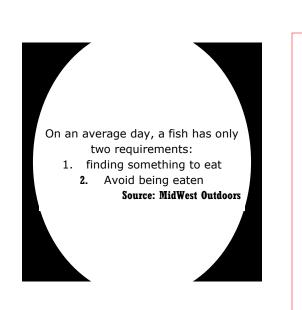
Illinois Fish Records

Fish Tales Fishing Club

**Animated Fishing Knots** 

Cook County Forest Preserve Fishing Booklet

Illinois Game & Fish Magazine



Archived Spartan Fishing Club Newsletters

March 2009

<u>April 2009</u>

May 2009

September 2009

October 2009



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Carry-Out & Delivery Specials

## WE DELIVER LUNCH • DAILY DINE-IN SPECIALS



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Grassano's Pizza 5651 W. 87th St. 708-424-8000 Limited Time Only. Tax and delivery not included. Carry-out and delivery only. Offer expires 11/30/09 Thank you for supporting the Spartan Fishing Club!

Grassand's Pizza

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# HOURS

Monday - Thursday 11:00 am to Midnight Friday & Saturday 11:00 am to 1:00 am Sunday 11:00 am to 10:00 pm Carry-Out & Delivery Specials

\$2.00 OFF Any Jumbo 18" Pizza

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