

Advisory Committee Terms and Conditions Recommendations
Consent Items
June 12, 2023

Boys/Girls Basketball

Terms and Conditions Recommendations:

1. **Non-Consent Recommendation – See Board Agenda**
2. **Boys Section VI. Tournament Structure and Time Schedules, B. Time Schedules 1) Regional Quarterfinal game Schedule**

Recommendation: The committee recommends Boys' Quarterfinal round games be played at the site of the higher seed on Monday of Week 34 in the IHSA Standardized Calendar.

Rationale: Due to various scheduling issues, the committee suggests that playing the Quarterfinal round of the Boys tournament on Monday, not Saturday, makes more sense. In the current schedule, there are no Girls games on Monday, and in the present format, playing this round of the tournament on Saturday is impacting the last week of the regular season. This recommendation does not impact the Girls' season, so the committee doesn't believe adjusting the Girls schedule is necessary.

3. **Boys and Girls Section VI. Tournament Structure and Time Schedules, B. Time Schedules 2) Single-Game Session Schedule for Regional and Sectional Final contests**

Recommendation: The committee recommends that host managers be allowed to schedule single-game sessions starting times between 6 and 7 p.m.

Rationale: To accommodate travel on school nights, the committee believes allowing hosts managers the flexibility in setting an earlier start time for single-game sessions in the state series is a good idea. The committee feels, and hopes, that managers will be judicious in modifying a single-game start time when it can impact the travel of teams or fans, particularly on weeknights.

Board of Directors Policy Recommendations

1. **Non-Consent Recommendation – See Board Agenda**
2. **Non-Consent Recommendation – See Board Agenda**

Administrative Recommendation

1. **Recommendation:** The committee recommends the continued use of the following state association rule adoptions:
 - a. 28' Coaches Box: placed in the same location as called for in the NFHS Rules Book
 - b. Mercy Rule: 30-point differential in the 4th quarter with limited stoppages as in previous years
 - c. 35-second shot clock in regular season shootouts and tournaments

Rationale: The NFHS Rules Book allows states the ability to adopt a small number of rules within certain prescribed parameters. The committee believes the continued use of the Coaches Box and Mercy Rule is warranted given the acceptance and success of both from previous years. In addition, the committee reviewed survey data from events that used the shot clock on an experimental basis this past season and believe those results warrant continued experimental use in 2023-24. The committee hopes that between summer events (which could utilize the shot clock without any IHSA approval) and regular season events, more schools will be able to play under these conditions so that more schools can develop an accurate assessment of whether this is something for greater consideration and implementation in a few years.

Boys/Girls Bowling

No Terms and Conditions Recommendations Forwarded.

Competitive Cheerleading

Terms and Conditions Recommendations:

1. **Non-Consent Recommendation – See Board Agenda**

2. **Non-Consent Recommendation – See Board Agenda**

3. **Recommendation: VIII. F. 3. Tournament Rules – Scoring:** ~~When five panel officials are used at the state final, the high and low scores will be dropped. The remaining scores are averaged. (Delete language)~~

Rationale: When the high and low scores are dropped with comparative scoring, those rankings are taken out of consideration which impacts the overall standings a judge uses to place teams in rank order. With the current practice of dropping a judge's high/low score the points needed to appropriately rank a team based on the rubric skills are eliminated which impacts that judge's consistency of ranking scores. At sectionals, three-panel officials' scores are averaged, and the high/low outliers are not dropped. State scoring would be consistent with sectionals and all scores are averaged. Judging, the scoresheets and the rubric have evolved so the current guard rails of dropping high and low to prevent outliers are currently not necessary.

4. **Non-Consent Recommendation – See Board Agenda**

5. **Recommendation:** [Deduction Form](#) - Out-of-Bounds Calls

Current: Boundary violation is 0.5 for having one foot or hand over the boundary line.

Proposed: Boundary violation reduced to 0.25.

Rationale: Reducing the boundary violation would make it equal to an incomplete tumbling skill. Stepping out of bounds is currently as punitive as tumbling that lands in a compromised position where serious risk could occur. Stepping out of bounds does not increase risk.

6. **Recommendation:** [Scoresheet Rubric](#) - Partner Stunts - Unassisted/Assisted Single Base Stunts

Current: Unassisted single base extended skill is a Level 3 skill and Unassisted toss hands continuing to an extended skill is a Level 4 skill

Proposed: Assisted walk-in or toss hands to extended skill is Level 3 skill and unassisted walk-in or toss hands to extended skill is Level 4 skill

Rationale: Current rubric does not reward unassisted walk-in skills. An athlete could unassisted walk-in hands press to an extended cupie and it would be Level 3 skills because it wasn't a toss hands. Changing the rubric to reflect assisted walk-in or toss skills at Level 3 would reward a difficult skill with minimal bases. All the other transitional skills in Level 3 could be done with up to four bases to receive credit. Assisted single-base extended skills are done with two bases. All unassisted skills to extended, regardless of how they get to prep level (or if it is tossed to immediate extended) should be rewarded as Level 4 skills.

PARTNER STUNTS

Additional partner stunt skills, beyond those credited to degree of difficulty, will be rewarded in the Skill Utilization category.

LEVEL 1: 6-7	LEVEL 2: 7-8	LEVEL 3: 8-9	LEVEL 4: 9-10
-Intermediate level partner stunts -Prep level skills -Extensions -¼ or ½ up to prep level -¼ or ½ up to extended skill -Full up to prep level	-High to low tick-tock -Low to low full around -Ground inversion to prep -Extended single leg skill with a full twisting dismount -Switch up, quick toss, ¼ up, ½ up to extended level with one advanced body position* -Prep level inversion to extended single leg skill -Assisted single base extended skill -Unassisted single base prep level skills -Toss ball up to extension	Must demonstrate a Level 3 skill with two (2) different advanced body positions* AND a full twisting dismount from an extended advanced body position or a single based extended stunt -Toss ball up to advanced body position -Switch up to advanced body position -Switch up with ¼ turn to extended single leg skill -Full up to extension -Ground inversion to extended -Ground level inversion release to prep -Low to high tick-tock beginning in a liberty -Low to high full arounds -Low to high tick-tock ½ twist to liberty -Prep level inversion release to extension -Unassisted single base extended skill	Must demonstrate two (2) different Level 4 skills with three (3) different advanced body positions* AND a full twisting dismount from an extended advanced body positions or a single based extended stunt -Toss ball full up to extended -Switch up with at least a ¼ twist to an extended advanced body position -Full up to an extended single leg skill -1 ½ up to extended -Low to high tick-tock advanced to advanced body position -High to high tick-tock -Low to high full around to an extended single leg skill -High to high full arounds -Prep level inversion release to extended single leg skill -Ground level inversion release to extended -Cradle/horizontal position release to extended -Double up to extended -Unassisted toss hands continuing to an extended skill

Please note: Lists of stunts are not all inclusive

*Extended advanced body positions include: Arabesque, heel stretch, over stretch, bow and arrow, scale, scorpion, needle etc. . .

7. Recommendation: Adjusting Toss Majority Grid

Current: Approved majority grid is as follows:

Athletes	Needed for Majority
9 or less	1
10-15	2
16-20	3

Proposed:

Athletes based on	Needed for Majority
5	
9 or less	1
10-19	2
20	3

Rationale: The current grid is not based on groups of 5 or groups of 4, it is somewhere in the middle. This proposal clarifies whether the majority is based on groups of 5 or 4 and adjusts the rubric accordingly. For safety reasons, we typically encourage groups of 5 and if teams use groups of 4, that would be more difficult and could be awarded as such (like single base skills). If the majority is based on groups of 5, three tosses would only be required for large or coed teams with 20 as a team with 19 who throw two tosses of 5 would have ten participating, which is the majority. Groups of 4 should follow quad stunts.

8. Recommendation: - [Scoresheet Rubric](#) - Skill Utilization

Current: Defines how many times in a routine an athlete is not utilized effectively:
 Level 1 – Many times, throughout the routine athletes, are not utilized effectively
 Level 2 – Three to four times throughout the routine athletes are not utilized effectively
 Level 3 – One or two times throughout the routine athletes are not utilized effectively
 Level 4 – Athletes are utilized effectively throughout the entire routine

Proposed: Change rubric language as follows

Level 1 - Athletes not utilized effectively in most of the routine
 Level 2 - Many times, throughout the routine athletes, are not utilized effectively -The team only demonstrates skills that get them into a skill-based rubric range -Additional skills performed distract from routine
 Level 3 - Three to four times throughout the routine athletes are not utilized effectively -The team demonstrates more than the required skills defined in 1 skill based rubric category
 Level 4 - One to two times throughout the routine athletes are not utilized effectively -The team demonstrates more than the required skills defined in 2 skill based rubric categories -Athletes are utilized effectively

throughout the entire routine -The team demonstrates more than the required skills defined in 3 skill based rubric categories -Additional skills enhance the overall routine

Rationale: By defining the number of times an athlete is not utilized effectively, you are giving a judge a reason not to put them in Level 4. For example, if you have an extra person who is not participating in the pyramid but standing behind the pyramid, you are not eligible for Level 4 as defined by the rubric. If you are executing running tumbling one by one and athletes are standing on the side waiting their turn, this could be one time where a judge decides they aren't utilized and drops you to Level 3. If we keep skill utilization, using most and majority allows more discretion to keep teams at higher ranges if they meet other rubric requirements.

Sports Medicine Advisory Committee Recommendation – Competitive Cheerleading:

Recommendation: Sideline and competitive cheerleaders, where jumping, tumbling, and building skills take place, must take 1 calendar day off from cheerleading/spirit activities once every IHSA calendar week. Programs on an off day are limited to stretching or film; no other physical activity can take place on an off day. This also applies during the summer contact period, so that the participants, individually, get a day off a week.

Rationale: IHSA sports medicine data has shown an increase in concussions during spirit activities (sideline & competitive cheer), likely from overuse and exhaustion as the sport/activity can require a 7-day-a-week, 12-month-a-year commitment. By lessening exposure, the focus can be on risk minimization as programs can have a day of recovery from sideline and competition requirements.

Administrative Recommendations:

1. IHSA will post raw scores, deductions, legalities, and the final scores of every team competing in the state series.
2. IHSA will work with Tourney Wire to incorporate a drop-down feature in the scoring program for performance-based legalities that tech officials can use to separate minor violations with same-point values.
3. Technical officials will only need to write the NFHS Spirit Rules number and cite where the rule violation occurs in the routine instead of writing out the entire rule infraction, description of the rule, and page number.

Competitive Dance

Terms and Conditions Recommendation:

1. **Non-Consent Recommendation – See Board Agenda**

Boys/Girls Gymnastics

Terms and Conditions Recommendation:

1. **Non-Consent Recommendation – See Board Agenda**

Boys/Girls Soccer

Terms and Conditions Recommendation:

1. **Non-Consent Recommendation – See Board Agenda**
2. **Boys and Girls Section IX. Tournament Policies, F. Artificial Noisemakers: (Modified)**

Recommendation: All artificial and mechanical noise-making devices shall be excluded from all state series events. Cheerleaders may use megaphones during the post season at any site.

Rationale: Clarifies the current wording to indicate when artificial noisemakers are allowed or not allowed during the post season.

3. Boys and Girls Section IX Tournament Policies, Article P - Security: (New)

Recommendation: Post season hosts must provide dedicated personnel to be on-site during the game and to be available to escort officials to their vehicles or locker room after the contest has concluded.

Rationale: This is in the "Schools Responsibility Towards Hosting Officials" but should be reiterated in the Terms and Conditions as more and more officials are being approached after the game by fans of the losing team that are not happy. Situations have occurred when no one from the host site to assist with escorting the officials after the game and they were verbally abused by fans as they left the site.

4. Non-Consent Recommendation – See Board Agenda

5. Boys and Girls Section IX. Tournament Policies; 3) State Final Tournament; XI. 5) and 6) State Final Tournament Officials:

Recommendation: Allow the IHSA staff to adjust the appointment of the State Final Soccer Officials.

Rationale: If recommendation #1 is approved IHSA staff will need to modify State Final Officials assignments.

Administrative Recommendations:

1. Recommendation: New State Association Adoption # 11. Terminate the game after it becomes a 9-goal differential at halftime or in the second half.

Rationale: No player wants to be on the field on the losing end of a double-digit loss. Playing at least 40 minutes allows the trailing team to have some practice time however in reality the trailing team is not getting to touch the ball very much as the other team will play keep away.

2. Recommendation: The committee recommends the continued use of the current Soccer State Association Adoptions and any needed editorial changes to be made by Beth Sauser for 2023-24 seasons.

Rationale: The State Association Adoptions are in accordance with provisions set forth in the NFHS Soccer Rules Book. The adoptions have been in place in Illinois for years, and the committee favors their continued use since the rules have been accepted and successfully administered over the years.

Boys/Girls Swimming and Diving

Terms and Conditions Recommendations:

1. Item VII-B – State Swim Qualifying Standards

Recommendation: To adopt the following qualifying standards. Sectional Qualifying Standards for the Boys' and Girls' State Finals will be determined in the following manner. The Qualifying Standards for each individual swimming event will be calculated by determining the ~~30th~~ 36th place time from all sectionals. That time will then be used to obtain an average of the last ~~FIVE~~ THREE years' average times in each event. In relay events the same process will be implemented but the ~~24th~~ 30th sectional place time will be used to make the calculations. ~~Any time calculated to be slower than the existing qualifying time would not be used in that event. The existing time would remain.~~ Using this process, the proposed qualifying standards for the 23-24 seasons are:

BOYS STANDARDS 2023

200 Medley Relay	1:36.87
200 Free	1:44.45
200 IM	1:57.20
50 Free	:21.72
100 Butterfly	:51.98
100 Free	:47.60
500 Free	4:46.31
200 Free Relay	1:27.40
100 Back	:52.92

GIRLS STANDARDS 2022

200 Medley Relay	1:48.67
200 Free	1:56.12
200 IM	2:10.25
50 Free	:24.36
100 Butterfly	:58.33
100 Free	:52.97
500 Free	5:13.47
200 Free Relay	1:39.08
100 Back	:58.44

BOYS STANDARDS 2023

100 Breast :59.22
 400 Free Relay 3:12.78

GIRLS STANDARDS 2022

100 Breast 1:06.85
 400 Free Relay 3:36.89

Rationale: The committee is interested in revamping the formula that determines the qualifying standards because the current state final venue has the space to accommodate a larger number of qualifiers and spectators. Ultimately, the committee has interest in using a three-year average of 40th place from all sectionals for individual events and 30th place from all sectionals in relay events, but wishes to see how a more modest adjustment to the formula initially plays out.

2. Item VI-B – SUGGESTED Sectional Meet Time Schedule:

Recommendation: Saturday, November 5~~4~~, 2022~~3~~ (Girls) and February 18~~7~~, 2023~~4~~ (Boys) . The host school WILL determine when they open the doors for participants and spectators prior to the start of the meet. Sectional Meet Managers will provide final details prior to the Sectional Meet to the schools assigned to their Sectional Meet.

Diving Warm-ups: 7:30 a.m.

Diving Prelims, Semifinals, and Finals start at 9:00a.m.

100 minutes prior to competition – Pool board(s) open for Diving Warm-ups

60 minutes prior to competition – Deadline for divers and coaches to initiate entry changes

15 minutes prior to competition – Boards close

10 minutes prior to competition – Diving Referee speaks with divers

5 minutes prior to competition – Diving Referee speaks with judges

Rationale: The Sectional Meet timeline in the T&Cs is only suggested, and some Sectional locations have had different starting times in past years. In some instances, there has been confusion about the full timeline among divers, coaches, and officials regarding what is or is not published in the T&Cs. Therefore, this proposed language standardizes and provides transparency to what the timeline for the diving event will be at Sectional Meets.

3. Non-Consent Recommendation – See Board Agenda
Boys/Girls Wrestling
Terms and Conditions Recommendations:**1. VIII. Tournament Rules: B. Weight Classifications**

Recommendation: Adopt 14 weight classes for boys and girls (effective July 1, 2023).

Boys: 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285

Girls: 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235

Rationale: The NFHS rule book requires each state to adopt 12, 13, or 14 weight classes starting July 1, 2023. Continuing to wrestle in 14 weight classes, as we have for many years, gives more participation opportunities for wrestlers as opposed to 12 or 13 weight classes.

2. Non-Consent Recommendation – See Board Agenda**3. Non-Consent Recommendation – See Board Agenda****Administrative Recommendations:****1. Non-Consent Recommendation – See Board Agenda****2. Non-Consent Recommendation – See Board Agenda****3. Non-Consent Recommendation – See Board Agenda**

Sports Medicine Advisory Committee Recommendations - Wrestling:

4. **Recommendation:** The committee, in a joint recommendation with the Sports Medicine Advisory Committee, recommends that all body fat assessors are required to attend an in-person body fat assessment course when they initially become a body fat assessor. After that, they are required to annually renew their certification through the IHSA Officials Center. If there are significant changes to the body fat assessment process at some point in the future, all assessors would be required to attend another in-person course. If a body fat assessor's license lapses, he/she will be required to attend a live course prior to assessing wrestlers again.

Rationale: Once assessors learn the required skills, they apply them annually. Attending an in-person course every four years adds travel and time commitments that not all body fat assessors have. If assessment details change significantly, then the need for an in-person course also changes.

5. **Recommendation:** The committee, in a joint recommendation with the Sports Medicine Advisory Committee, recommends that a female wrestler's descent plan shows both male and female weight classes so girls can see the weight class they are able to wrestle vs. a boy on a certain date.

Rationale: This would provide clarity of the weight classes where a girl can wrestle vs. a boy.

6. **Recommendation:** The committee, in a joint recommendation with the Sports Medicine Advisory Committee, recommends that a wrestler, unless directed by a physician based on the [USA Wrestling Guidelines](#), will be body fat tested at the birth certificate sex in order to determine a safe weight descent plan.

Rationale: Current medical research indicates the minimum body fat is based on your birth sex. This will ensure a wrestler is at a safe weight by not going below the recommended body fat allowance (12% for females; 7% for males).

Athletic Officials

Administrative Recommendations:

1. The Committee recommends the creation of a sub-committee to be made up of a diverse group of individuals to examine the ratings system and the post-season assigning process.

Rationale: The committee believes that the current system contains a number of biases and is not uniformly applied. The committee believes the current system needs a review to see what other approaches could be used to identify officials worthy of post-season assignments. The current system uses a ratings component as one of its building blocks, and the committee believes coaches, for a variety of reasons, are not fulfilling their obligation to rate officials, and this failure is discouraging officials across all sports, and, as a result, warrants a review.

2. The committee recommends a change to the officials uniform in competitive cheer as follows:
- Black pants or black skirt
 - Required IHSA patches must be properly worn
 - Solid black jacket or sweater with IHSA Officials patch worn over the left breast pocket with a solid black or white shirts underneath or solid black or white shirt with IHSA Officials patch worn on the sleeve.
 - Black shoes

Rationale: The recommendation will allow officials more clothing options when officiating. This change will allow officials to maintain a professional look and not stand out when on a judging panel or while technical judging on the floor.

3. Non-Consent Recommendation – See Board Agenda

Chess

Terms and Conditions Recommendations:

1. V. TOURNAMENT ASSIGNMENTS AND SEEDING MEETINGS, C. Pairings Procedures – Sectional

Recommendation: The pairings for sectional tournaments will be formulated in Chesscalate and by following the procedures outlined in the IHSA Team Chess Pairings Procedures document.

Rationale: Chesscalate, the program developed by Scott Johnson, is now capable of producing pairings for sectionals and the state tournament according to the procedures already established in the terms and conditions. This statement will refer coaches to an IHSA Team Chess Pairings Procedures document that fully details the pairings process and how the pairings will look in Chesscalate. See the administrative recommendation to add the IHSA Team Chess Pairings Procedures document to the IHSA Team Chess Manual.

2. **Recommendation:** 4. The Harkness variation will be used for pairings when there is an odd number of teams in a score group.

Rationale: When there are an odd number of teams in a pairing group, the Harkness variation pulls the highest-ranked team in the next score group up to obtain an even number of teams and to create better pairings. Language regarding the Harkness variation previously existed in the terms and conditions but was removed because the pairings program, used at the time, could not apply the Harkness variation correctly. Chesscalate can apply the Harkness variation, so it is recommended to restore the language.

3. **V. TOURNAMENT ASSIGNMENTS AND SEEDING MEETINGS, E. Pairings Procedures – State Tournament**

Recommendation: The pairings for the state tournament will be formulated in Chesscalate and by following the procedures outlined in the IHSA Team Chess Pairings Procedures document.

Rationale: See Rationale for Recommendation #1.

4. **Recommendation:** 1a. Divide the teams into 16 groups of 8. top half of teams into 8 groups of 8. Divide the bottom half of teams into 4 groups of 16.

1b. Order the teams in groups 1 and 2, and randomly assign a pairing number within groups 3 through 12.

Rationale: Dividing the bottom half of teams into 4 groups of 16 instead of 8 groups of 8 will expedite the seeding and pairings process. Teams generally finish the state tournament close to their original seed group, and this modification would not have a significant impact on where these teams will finish.

5. **Recommendation:** 2b. If there are more than 128 teams, pair the highest ranked 8 groups as the top half of an accelerated Swiss System and pair the remaining teams so the teams in groups 9, 10, 11, and 12 play the teams in groups 13, 14, 15, and 16 in Round 1.

Rationale: The accelerated Swiss pairings process is not the preferred method for tournament fields of 128 teams or less. It is also unnecessary for the tournament fields slightly above 128. Since the state finals includes 128 qualifying teams and is very unlikely to have significantly more teams, it is recommended to produce pairings using only the non-accelerated Swiss system. If the field is ever increased significantly beyond 128, acceleration can be revisited.

6. **Recommendation:** 3. The number of competing teams determines the pairing system and whether acceleration is necessary:

- a. If there are up to 128 teams, a standard non-accelerated Swiss system pairing shall be used.
b. ~~If there are more than 128 teams, modified accelerated Swiss pairings shall be used for Rounds 1 and 2. The acceleration break shall be set at the number of teams in the higher ranked part formed in 2a.~~

Rationale: See Rationale for Recommendation #5.

7. **Recommendation:** 6. The Harkness variation will be used for pairings when there is an odd number of teams in a score group. If only one team remains in the highest score group entering the final round, it shall be paired with the highest-seeded team in the next pair group that it has not already played.

Rationale: See Rationale for Recommendation #2.

8. **Recommendation:** ~~7. If a team has already been paired into a higher score group twice in the tournament, the coach may request that the team's pairing will be restricted to its own score group for the remainder of the event, unless an out-of-group pairing is unavoidable. Such a request must be made before pairings for the round are completed.~~ The restriction shall be removed from any team within one point of first place before pairing the final round.

Rationale: Automatically exempting a team from being paired up a third time during the state tournament will eliminate the time required for a coach's request and prevent any delays with pairings and schedule of play. Chesscalate is programmed to prevent a team from being paired up for a third time.

9. V. TOURNAMENT ASSIGNMENTS AND SEEDING MEETINGS, F. Pairing Appeals

Recommendation: 1. A coach may appeal a pairing to the Pairings Chief according to the criteria outlined in Rule 19 Section 4 of the IHSA Chess Rule Book.

2. Appeals to pairings for any round of the sectional or state final must be made within 15 minutes of the pairings being posted except for Round 5 of the state final, which must be appealed by 8:15 am on Saturday of Week 32.

Rationale: With Chesscalate, coaches have instant access to the pairings once they are posted prior to the start of each round. 15 minutes is enough time for coaches to review the pairings and make an appeal without having to delay the tournament.

10. VI. TOURNAMENT STRUCTURE AND PLAYING SCHEDULES, C. Time Schedule – Sectional

Recommendation: Note: In Round 1, the clock for each player on a team shall be started at 9:00 am. No later than 30 minutes before the start of Round 1, coaches must contact the tournament manager if their team will be arriving late but still intends to compete in the tournament. If a coach gives proper notification, the team will be paired for Round 1. If a coach fails to give proper notification to the tournament manager, the team will not be paired and will receive zero points for that round.

Rationale: This protocol will allow tournament managers to pair teams in a timely manner prior to the start of Round 1 and ensure that all teams competing are paired unless a team has a bye due to an odd number. With proper notification, a team would still be allowed to play despite being late due to weather or other circumstances.

11. VI. TOURNAMENT STRUCTURE AND PLAYING SCHEDULES, D. Time Schedule – State Tournament

Recommendation: Note: In Round 1, the clock for each player on a team shall be started at 10:00 am. Any team failing to appear by 9:50 am for its Round 1 match will receive a forfeit. No later than 30 minutes before the start of Round 1, coaches must contact the tournament manager if their team will be arriving late but still intends to compete in the tournament. If a coach gives proper notification, the team will be paired in Round 1. If a coach fails to give proper notification to the tournament manager, the team will not be paired and will receive zero points for that round.

Rationale: See Rationale for Recommendation #10.

12. VII. ADVANCEMENT OF QUALIFIERS, A. Advancement and Determination of Qualifiers

Recommendation: 5a. Combined sectional results will be posted on the IHSA website as soon as all sectional results have been reported by the host schools.

5b. Coaches must contact the IHSA Chess Administrator by 1:00 pm on Sunday of Week 31 to appeal a sectional score that was reported.

Rationale: Not all teams are aware that they have qualified for the state finals until all sectional results have been reported. Setting this deadline will give coaches the opportunity to review the combined sectional results and appeal any reported results that may impact the state qualifier list. This deadline will also allow the qualifying teams to be notified in a timely manner after the sectionals, so they may begin their preparations for the state finals.

13. VIII. TOURNAMENT RULES, C. Tournament Roster, Strength Order, Participation, and Substitution

Recommendation: 3b. If a team arrives more than one hour after the beginning of the round (excluding Round 1), the team shall be disqualified from further participation in the tournament unless the coach has notified the tournament manager that the team will be late.

Rationale: This additional language accounts for the possibility that a team could be late to Round 5 on day 2 of the state finals and would prevent the team from being disqualified for the remainder of the tournament if proper notification is given to the tournament manager.

14. **Recommendation:** 4b. If a player arrives more than one hour after the beginning of a round, the player shall be disqualified from further participation in the tournament unless the coach has notified the tournament manager that the player will be late.

Rationale: This additional language accounts for the possibility that a player or players could be late to Round 5 on day 2 of the state finals and would prevent them from being disqualified for the remainder of the tournament if proper notification is given to the tournament manager.

15. VIII. TOURNAMENT RULES, F. Team Tie-Break System

Recommendation: 2. For each match played, ~~adjust the results as per E-5 if needed,~~ add 10 to the team's match points, multiply by 1 plus the square of the opponent's tournament points, and divide by 100. Add the values for all seven matches to determine the tie-breaker.

Rationale: E-5 does not exist in the current terms and conditions.

16. IX: TOURNAMENT POLICIES, F. Equipment

Recommendation: 1. Each school must provide four chess boards, four Staunton chess sets, notation sheets for the team, and four digital time-delay capable chess clocks that comply with the rules published by the IHSA...

Rationale: The state finals programs used to include notation sheets when each player received a program. Since programs are now digital, it is recommended that each school be responsible for bringing their own notation sheets to be used. This recommendation would also apply to the sectionals.

17. IX. TOURNAMENT POLICIES, G. Electronic Devices

Recommendation: 1. The use of electronic devices in the competition area is prohibited, except as specified in the IHSA Chess Rule Book. Coaches are allowed to use electronic devices as a part of their official coaching responsibilities.

Rationale: With the advancements of the Chesscalate program, coaches are encouraged to use Chesscalate more in order to view pairings and report results from matches on their phones or tablets. Adding this additional language clarifies who may be using an electronic device in the competition area for tournament business. Penalties for inappropriate use or noise related to electronic devices would still be applied.

Administrative Recommendations:

1. **Recommendation:** Add IHSA Team Chess Pairings Procedures document to the IHSA Team Chess Manual.

Rationale: The IHSA Team Chess Pairings Procedures document will provide full transparency of the pairings process and illustrate how the pairings will look in Chesscalate.

2. **Recommendation:** Steward vests will no longer be mailed to sectional sites for use. Vests will only be brought and used at the state finals.

Rationale: Over the years, the quantity of steward vests have decreased as vests aren't returned after being mailed out for use at sectionals. Limiting their use to the state finals only will make the vests easier to distribute and to collect.

Terms and Conditions Recommendations:

Recommendation #1: Add language regarding forfeiture for not reporting to match when called that is uniform for all game offerings.

VIII. TOURNAMENT RULES, I. Pre-Match Procedures

1. All participants shall report to their competition room at the first call.
2. A second and final call will be made 3 minutes after the first call. Failure to report to the appropriate competition room 5 minutes after the first call will result in forfeiture of the match. Tardiness due to extenuating circumstances may be reviewed by the games committee at the request of the coach. Decisions of the games committee are final.

Rationale: Participants and coaches have access to live tournament brackets and should be aware of when their match is approaching. This procedure will ensure that the tournament continues to progress while also creating a consistent procedure for all games.

Recommendation #2: Add language regarding a defined warm up time for all participants.

VIII. TOURNAMENT RULES, I. Pre-Match Procedures

3. All participants will have up to 5 minutes to warm up for their match. The 5-minute warm up time begins at the first call to report for the match.

Rationale: A defined warm up time will ensure that the tournament progresses at an appropriate pace and is not delayed due to extended warm up time by participants. Starting the warmup time at the first call to report for the match will put the responsibility on the participants to report for their match on time, and the sooner they report, the more warm up time they will have.

Recommendation #3: Add language in the terms and conditions regarding legal controllers and remove the language regarding controllers in each individual set of game rules.

VIII. TOURNAMENT RULES, J. Controllers

Participants may bring their own controllers that are limited to the following:

1. PC Games: First-party and third-party controllers with back paddles.
2. Console Games: First-party and third-party controllers with all extraneous paddles, macro switches, and any other programmable buttons are physically removed. Turbo buttons and functions are not permitted.

Rationale: The rules regarding controllers are written in each individual set of game rules and not using consistent language. Adding this language to the terms and conditions creates consistency for all game offerings and makes the rules easy to locate.

Recommendation #4: Add language regarding bracket assignments.

VIII. TOURNAMENT RULES, K. Tournament Assignments and Seeding

1. Bracket assignments for the first-level tournament in each game of the state series will be a random draw. For individual games, participants from the same school will be assigned to opposite halves of the bracket.
2. If 20% of the participants in a bracket withdraw prior to the start of the first-level tournament, the bracket will be redrawn.
3. Bracket assignments for the state finals will be a random draw with the following parameters:
 - a. A sectional champion will not be paired against another sectional champion in the first round.
 - b. The two qualifiers from each sectional will be assigned to opposite halves of the bracket.

Rationale: Without a true regular season and with some schools establishing esports teams for the first time, a formal seeding procedure for the first-level tournament of the state series is not applicable yet, but for the state finals, qualifiers can be placed in the bracket according to sectional results. It is recommended to redraw brackets for first-level tournaments of the state series when there are a significant number of withdrawals to maintain equitable competition among the active participants. With the anticipated growth in the number of schools participating in esports, it is possible a regional round could be recommended in the future. Using the term, first-level tournament, allows some flexibility as to which tournament will have assignments that will be randomly drawn.

Recommendation #5: Modify the language that defines a team game, small group game, and individual game and correctly classifies the game offerings.

VII. ADVANCEMENT OF WINNERS, A. Sectional to State Finals

1. Team Game: A team game shall be any game played involving more than ~~three~~ **two** students from one school playing against another school. In team games, the first and second place finishers from each sectional shall advance to the state finals.
2. Individual/Small Group Game: An individual or small group game shall be any game played involving ~~three~~ **two** or less students from one school playing against student(s) from another school. In individual/small group games, the first and second place finishers from each sectional shall advance to the state finals.

VIII. TOURNAMENT RULES, A. Events

1. Team Game: one team comprising of more than ~~three (3)~~ **two (2)** students.
 - a. Mario Kart 8 Deluxe: one four-person team (roster maximum: seven [7])
 - b. Super Smash Bros. Crew Battle: one five-person team (roster maximum: nine [9])
 - c. **Rocket League: one three-person team (roster maximum: five [5])**
2. Individual Game: two individual entries
 - a. **NBA2K Super Smash Bros. Ultimate Singles**
 - b. FIFA
3. Small Group Games: a minimum of one entry for each competition offered; additional entries may be allowed based on specific game guidelines developed by the advisory committee.
 - a. ~~Rocket League: one three person team~~
 - b. ~~Super Smash Bros: two (2) individual student entries~~

Rationale: Team games require teamwork, strategy, and communication, and Rocket League requires all these team skills. It is recommended to modify the definition of a team game to appropriately classify Rocket League as a team game. Note that approval of this change would result in a plaque being awarded to the winning team at each sectional per the current awards language in the terms and conditions.

Administrative Recommendations:

Recommendation #1: Turn off handball in FIFA.

Rationale: Handballs penalize a player for something that is out of the player's control. Turning off handballs would create a better playing experience and not stop play for something that is out of the player's control.

Recommendation #2: Tabled

Recommendation #3: When there is a disconnection from one or more of the Nintendo Switches in Mario Kart 8 Deluxe in the middle of a race, the following procedures will be used:

- a. If 0-1 participants have completed the race, the race will be restarted for all 8 participants using the same parameters and characters.
- b. If 2 or more participants have completed the race, the points earned from those who finished the race will be recorded. A new race only involving the participants who did not finish will be created using the same parameters and characters to determine the remaining order of finish.

Rationale: The top 2 finishers in each race earn 10 and 8 points, respectively, which is nearly half of the points awarded (18 out of 39). When 2 or more participants have finished prior to a disconnect, this procedure would honor the points that have been earned by those participants. Since there is not a definitive way to determine the order of finish for the remaining participants when a disconnect occurs, the remaining participants would replay the race to obtain conclusive results.

Music Solo/Ensemble

Terms and Conditions Recommendations:

Recommendation #1: VIII. Music Solo/Ensemble Contest Rules 5. Accompanists g.

Recorded accompaniment shall be allowed provided the following conditions are met:

- The student(s) must use some type of sound system or Bluetooth speaker.
- The student and director are responsible for audio setup.
- Setup for the recorded accompaniment should not detract from the performance time limit.
- Any violation of the above guidelines would result in a penalty and the event's ranking being lowered a division.

Rationale: As in person accompanists are getting more difficult to secure, by allowing recorded accompaniment such as smartmusic, musicscore and finale for example, relief can be provided for schools struggling to find accompanists.

Music Organization

No Terms and Conditions Recommendations Forwarded.

Scholastic Bowl

Terms and Conditions Recommendations:

1. **Non-Consent Recommendation – See Board Agenda**
2. **Non-Consent Recommendation – See Board Agenda**
3. **Non-Consent Recommendation – See Board Agenda**
4. **VIII.O – Tournament Rules, Categories and Sub-categories for Toss-up and Bonus Questions**

Recommendations:

SCIENCE 4/4

Currently says:

A. 3/3 Drawn from a mix of: Biology, Chemistry, Physics

B. 1/1 Drawn from other sciences such as but not limited to: Astronomy, Earth Science, Environmental Science, Health Science, Archaeology/Paleontology and not requiring all subcategories to be represented equally or at all.

Proposal:

A. 1/1 Biology

B. 1/1 Chemistry

C. 1/1 Physics

D. 1/1 Drawn from other sciences such as but not limited to: Astronomy, Earth Science, Environmental Science, Health Science, Archaeology/Paleontology and not requiring all subcategories to be represented equally or at all.

Rationale: The writing team has always evenly balanced the "big 3" Science sub-categories; this change simply codifies it for transparency.

MATH 4/4

Currently says:

Drawn from a mix of: Algebra, Geometry, Trigonometry, Calculus, Probability, Statistics and not requiring all subcategories to be represented equally or at all.

Proposal:

Drawn from a mix of Algebra, Geometry, Trigonometry, Calculus, Probability, Statistics, History of Mathematics, Computer Science, and Miscellaneous Math Topics. Subcategories are not required to be represented equally or at all.

Rationale: Math history, computer science, and various other minor topics have been a part of the math distribution for decades, but in awkward conjunction with other subcategories. This change simply clarifies and codifies their use.

HISTORY 4/4

Currently says:

Drawn from a mix of: US History, European History, World History from a variety of cultures, Ancient History

Proposal:

- A. 2/2 US History
- B. 1/1 European History
- C. 1/1 World History

Rationale: The writing team has used this specific distribution each year; this change simply codifies it for transparency. Ancient History, which was previously explicitly mentioned in the distribution, will continue to be asked within the confines of this distribution, as it has been.

LITERATURE 4/4

Currently says:

- A. 2/2 US Literature
- B. 2/2 Drawn from a mix of; Language Arts, British Literature, other European Literature, World Literature from a variety of cultures and time periods, and not requiring all subcategories to be represented equally or at all.

Proposal:

- A. 2/2 US Literature
- B. 1/1 British Literature
- C. 1/1 World Literature

Rationale: The writing team has used this specific distribution each year; this change simply codifies it for transparency. World Literature incorporates both European and non-European literature, and all three subcategories incorporate Language Arts content; these will continue to be asked within the confines of this distribution, as they have been.

FINE ARTS 3/3

Currently says:

- A. 2/1 or 1/2 Visual Arts, composed of:
 - a. At least 1/1 History of Art
 - b. No more than 1/1 Theory and Technique
- B. 1/2 or 2/1 Music, composed of:
 - a. At least 1/1 Classical Music and Opera
 - b. No more than 1/1 drawn from other Music including but not limited to: Jazz, Musical Theatre, Theory, Composers of the Modern Era, and not requiring all subcategories to be represented equally or at all.

Proposal:

- A. 1/1 Visual Art, focusing on painting and/or sculpture
- B. 1/1 Auditory Art, focusing on classical music and/or opera
- C. 1/1 Other Fine Arts. Topics are drawn from the following groups of subcategories. Each group of subcategories will appear in each packet; that is, if the tossup primarily focuses on a topic from group a, the bonus will take its focus from group b, and vice versa.
 - a. Other Visual Fine Arts: art theory, architecture, photography, film, dance, other visual-based art forms
 - b. Other Auditory Fine Arts: music theory, jazz, folk music, world music, musical theater, music written to accompany dance, other auditory-based art forms

Rationale: The writing team has used this specific distribution each year; this change simply codifies it for transparency and clarity. In particular, the "2/1 or 1/2" phrasing has confused many coaches, and the "At least/no more than" language provides more ambiguity than necessary. Finally, a better outlining of the available subcategories for Other Fine Arts will help guide studying and preparation.

Administrative Recommendations:

Case Book NEW 3-C – Pre-Match Procedures

Recommendation:

The following cases are intended to illustrate the intended lenient spirit of the rule regarding similar matching tops.

3-C-2f: CASE #1

A team of five players is seated to begin a match. All five players are wearing shirts of the same style and color (dark blue, short-sleeved, polo shirts). Most of the five players' shirts have a thin white stripe running along the shoulders and a small embroidered patch of the school logo on the front. But, one of the shirts is missing the logo patch, one of the shirts has the logo patch on the opposite breast, and one of the shirts is missing the white stripe.

Ruling: ACCEPTABLE

3-C-2f: CASE #2

A team of five players is seated to begin a match. All five players are wearing shirts of the same color, and all have identical logos on the front and back. But, some are short-sleeved T-shirts, some are long-sleeve T-shirts, and some are hooded sweatshirts.

Ruling: ACCEPTABLE

3-C-2f: CASE #3

A team of five players is seated to begin a match. All five players are wearing shirts with the school name on the front. But, some of the shirts are light red with white lettering, and some of the shirts are dark red with white lettering.

Ruling: ACCEPTABLE

3-C-2f: CASE #4

A team of five players is seated to begin a match. All five players are wearing variously different shirts, but all five players are wearing identical track pinnies over the shirts.

Ruling: ACCEPTABLE

3-C-2f: CASE #5

A team of five players is seated to begin a match. All five players are wearing shirts with the school name on the front. But, some of the shirts are red with white lettering, and some of the shirts are white with red lettering.

Ruling: Unacceptable; the primary color of the tops should match. Shades do not have to be exact, but white vs. red is not close enough.

3-C-2f: CASE #6

A team of five players is seated to begin a match. All five players are wearing school-issued uniform shirts; in accordance with the school's uniform code, some students are wearing blue shirts and some are wearing gold shirts.

Ruling: Unacceptable; the primary color of the tops should match.

Rationale: In recent years, there seems to be growing questions about how to interpret the uniform rule for scholastic bowl. Therefore, these case situations seem appropriate in order to provide guidance to players, coaches, and moderators regarding the intent of the rule.

Speech Individual Events

Terms and Conditions Recommendations:

1. **Recommendation:** VI. E. Time Schedules: 2. State Final Time Schedule – Pilot for 1 year and review at next Advisory Committee meeting.

2:00 Final Round: All Events

Finals 3:30 Final Round: Dramatic Interpretation, Extemporaneous Speaking, Humorous Duet Acting, Informative Speaking, Poetry Reading, Radio Speaking, Special Occasion Speaking.

6:00 ~~4:00~~ p.m. AWARDS ASSEMBLY

Rationale: To address concerns regarding the late ending of awards.

2. Recommendation: VI. E. Time Schedules 2. State Final Time Schedule – Page 3

Saturday

7:45	7:15	Radio Prep Round II Sec A
8:00	7:30	Extemp Prep Round II Sec A
8:30	8:00	Preliminary Round II Section A
9:00	8:45	Radio Prep Round II Section B
9:15	9:00	Extemp Prep Round II Section B
9:45	9:30	Preliminary Round II Section B
10:15		Radio Prep for Round II Section C
10:30		Extemp Prep for Round II Section C
11:00		Preliminary Round II Section C

Rationale: This recommendation only affects the second day of the state final. The competition would begin at 8:00 a.m. instead of 8:30 a.m. Friday's rounds are 90 minutes (about 1 and a half hours) long. The 75-minute rounds on Saturday of the State Final are not balanced with Friday's time allotment and often feel rushed and run late. Final rounds would still begin at the same time.

Speech Debate

No Terms and Conditions Recommendations Forwarded.

Speech Drama/Group Interpretation
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No Terms and Conditions Recommendations Forwarded.

Sports Medicine Advisory Committee

Administrative Recommendations:

1. **Recommendation:** The Committee, in a joint recommendation, with the Cheerleading Advisory Committee recommends that sideline and competitive cheerleaders, where jumping, tumbling, and building skills take place, must take 1 calendar day off from cheerleading/spirit activities once every IHSA calendar week. Programs on the off day are limited to stretching or film; no other physical activity can take place on the off day. This also applies during the summer contact period, so that the participants, individually, get a day off a week.

Rationale: IHSA sports medicine data has shown an increase in concussions during spirit activities (sideline & competitive cheer), likely from overuse and exhaustion as the sport/activity can require a 7-day-a-week, 12-month-a-year commitment. By lessening exposure, the focus can be on risk minimization as programs can have a day of recovery from sideline and competition requirements.

2. **Recommendation:** The Committee, in a joint recommendation, with the Wrestling Advisory Committee recommends that all body fat accessors have to take 1 live course and then yearly renewal online unless there are significant changes made to the body fat accessor process. If body fat accessors renewal lapses, a person would have to return to the live course in order to start accessing again.

Rationale: Once the skill is learned it is applied yearly so unless there are changes the yearly in-person course adds travel and time commitments that not all body fat testers have. If something significantly changes, then the need for an in-person course also changes.

3. **Recommendation:** The Committee, in a joint recommendation, with the Wrestling Advisory Committee recommends that when entering a female wrestlers weight the program should show both a male and female weight plan of descent and associated weight classes.

Rationale: This would provide clarity of when a female wrestler can wrestle at what weight and in what gender and at what date.

- Recommendation:** The Committee, in a joint recommendation, with the Wrestling Advisory Committee recommends that an athlete, unless under direction by their physician based on the [USA Wrestling Guidelines](#), will be body fat tested at their birth certificate sex in order to determine a safe weight descent plan so that an athlete does not get below their recommended body fat allowance.

Rationale: Current medical research still indicates that the minimum body fat is based on your birth sex. This recommendation will ensure all athletes stay safe with their weight descent.

- Recommendation:** The Committee recommends that all coaches are required to complete CPR/AED certification component from a school district-recognized provider. A “recognized provider” is one whose curriculum is similar to the American Red Cross and American Heart Association. New coaches must complete the course during his/her first year of coaching. At no time may a team practice, travel or compete without at least one adult present who has met this requirement.

Rationale: This recommendation stems from increase of high visibility cardiac events in athletes, cardiac events are also the number 2 killer of youth athletes. This recommendation gives school districts the option to work within several different certification platforms. This recommendation does not require a certification card, which is an additional purchase that schools would not have to make. As of August 2022, 33 states require All coaches to have CPR/AED/First aid certification and one state requires Head Coaches to have CPR/AED/First Aid certification (Michigan)

Student Advisory Committee

Administrative Recommendations:

- Recommendation:** The committee recommends the annual Student Advisory Committee retreat be held on July 30 and July 31, 2023.

Rationale: During the retreat, members will have time to meet with each other outside of the IHSA office, prepare for the Student Leadership Conference, record PSAs, attend workshops for growth in leadership and public speaking skills, and create a bond to strengthen our committee before the school year begins. The retreat will also serve as the first scheduled meeting for the 2023-24 school year.

- Recommendation:** The committee recommends the SAC host a statewide Leadership Conference on November 13, 2024, in East Peoria.

Rationale: To continue to offer IHSA member school students the opportunity to attend a statewide leadership conference conducted by the SAC.

Do What’s Right - Sportsmanship

No Recommendations Forwarded.

Athletic Administrators

No Recommendations Forwarded.

Activities Directors

No Recommendations Forwarded.