**NEW Coaches Introduction to Flag Football**

Virtual - Thursday, April 4th - 3:30-4:15pm

*****Meeting will be recorded and archived on the IHSA website. Introduction to flag football drafted rules and regulations. How to get started.

**Join virtually Thursday, April 4th**

*Free In-Person- Coaches Clinic- All Coaches (New & Returning)*

Fenton High School (1000 W. Green St., Bensenville)

Sunday, April 7th 9am-11:30am

*****Lunch provided by the Chicago Bears along with giveaways.

**Registration link for April 7th**

**Agenda for April 7th**
9:00-9:05 am- Introductions
9:05-9:20 am- IHSA Updates
9:20-9:45 am- Drafted rules and regulations- hear from officials
9:45-10:00 am- Q & A on the Rules
10:00-10:15 am- Transition to the gym or outside/break
10:15-11:15 am- Rachel Karos Willowbrook and two other coaches run a session on 4-5 different drills (ex. flag pulling, offensive and defensive drills, QB, etc.)
11:15-11:30 am: Q and A on the session

*Coaches Q & A*

Virtual - Thursday, April 11th- 3:30-4:15pm

*****Meeting will be recorded and archived on the IHSA website

**Join virtually Thursday, April 11**

*Assistance from the Chicago Bears*

Does your school have interest in starting a girl’s flag team at your high school needs some assistance and/or guidance? Below are helpful links. The first is a short presentation giving some background on girl’s flag football and the second is a short application for funding. Funding is not guaranteed but will be based on first come and needs basis, while available. Equipment is available for new schools that includes flag belts, footballs, cones pinnies, etc. ($1500 value) while supplies last and based on need. Schools that have received funding from the Bears in past years are not eligible to receive funding again.

2024 Girls Flag Football Presentation.pptx

Chicago Bears Donation Request