



Group	Girls		Boys	
	First Contest - Friday, Week #7	Friday-Thursday	First Contest - Friday, Week #22	Friday-Thursday
<b>Forward Group</b>	Week 7-8	Aug. 23-29	Week 22-23	Dec. 6-12
	Week 12-13	Sept. 27-Oct. 3	Week 27-28	Jan. 10-16
	Week 17-18	Nov. 1-7	Week 32-33	Feb. 14-20
<b>Back Group</b>	Week 8-9	Aug. 30–Sept. 5	Week 23-24	Dec. 13-19
	Week 13-14	Oct. 4-Oct. 10	Week 28-29	Jan. 17-23
	Week 18-19	Nov. 8-14	Week 33-34	Feb. 21-27
<b>Inward Group</b>	Week 9-10	Sept. 6-12	Week 24-25	Dec. 20-26
	Week 14-15	Oct. 11-17	Week 29-30	Jan. 24-30
<b>Twisting Group</b>	Week 10-11	Sept. 13-19	Week 25-26	Dec. 27-Jan. 2
	Week 15-16	Oct. 18-24	Week 30-31	Jan. 31-Feb. 6
<b>Reverse Group</b>	Week 11-12	Sept. 20-26	Week 26-27	Jan. 3-9
	Week 16-17	Oct. 25-31	Week 31-32	Feb. 7-13