

## 2024 IHSA Track & Field Qualifying Standards

Event	1A Girls	1A Boys	2A Girls	2A Boys	3A Girls	3A Boys
LJ	5.00m (16-5)	6.29m (20-8)	5.10m (16-9)	6.47m (21-3)	5.35m (17-7)	6.75m (22-2)
PV	2.76m (9-1)	3.70m (12-2)	2.97m (9-9)	3.88m (12-9)	3.12m (10-3)	4.16m (13-8)
HJ	1.52m (5-0)	1.85m (6-1)	1.54m (5-1)	1.85m (6-1)	1.57m (5-2)	1.90m (6-3)
SP	10.79m (35-5)	14.37m (47-2)	10.66m (35-0)	14.80m (48-7)	11.22m (36-10)	15.57m (51-1)
TJ	10.18m (33-5)	12.54m (41-2)	10.56m (34-8)	12.87m (42-3)	11.04m (36-3)	13.36m (43-10)
DISC	33.45m (109-9)	43.05m (141-3)	33.42m (109-8)	43.94m (144-2)	35.20m (115-6)	46.71m (153-3)
4 X 800	10:35.5	08:33.3	10:15.7	08:22.1	09:43.6	08:02.5
4 X 100	:52.12	:44.52	:50.59	:43.66	:49.34	:42.97
3200	12:26.6	10:12.6	11:47.4	10:01.2	11:11.2	09:33.4
100 HH 110 HH	:16.86	:16.26	:16.59	:15.61	:15.92	:15.40
100	:12.95	:11.33	:12.75	:11.13	:12.45	:11.07
800	02:28.2	02:02.7	02:25.1	02:01.8	02:20.6	01:58.4
4 X 200	01:51.8	01:33.7	01:48.9	01:31.5	01:45.8	01:30.6
400	01:01.9	:52.01	01:00.7	:51.55	:59.51	:50.72
300 LH 300 IH	:49.47	:42.37	:48.74	:41.55	:47.23	:41.10
1600	05:36.9	04:39.5	05:26.3	04:34.8	05:11.8	04:23.6
200	:26.96	:23.05	:26.29	:22.59	:25.75	:22.33
4 X 400	04:19.7	03:35.2	04:13.8	03:31.3	04:05.5	03:26.8