

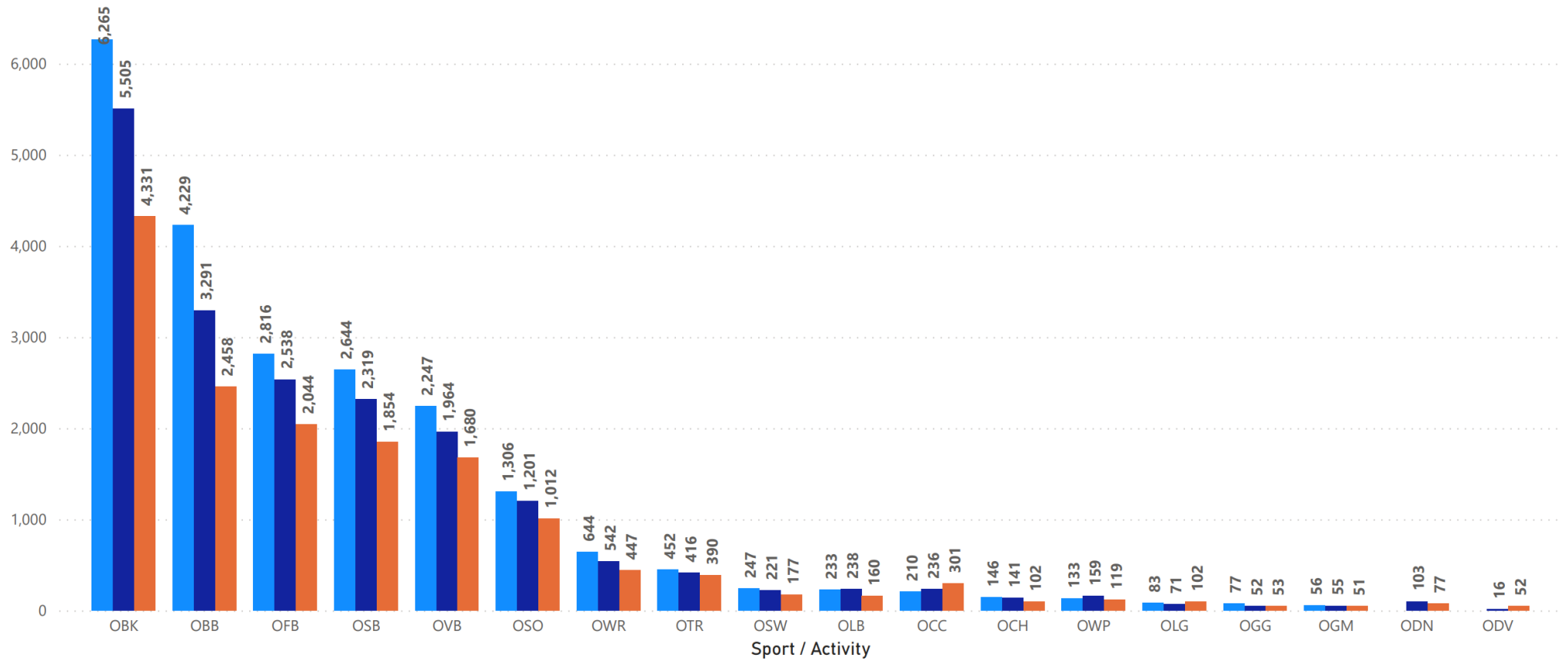
Officials Department Update

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Official Licensing Trend 10 Year Period

● 2011-12 ● 2016-17 ● 2021-22





Official Licensing Trend 10 Year Period

Sport / Activity	2011-12	2016-17	2021-22	10 Year Change	Percentage Change
OBB	4,229	3,291	2,458	-1771	-41.88%
OBK	6,265	5,505	4,331	-1934	-30.87%
OCC	210	236	301	91	43.33%
OCH	146	141	102	-44	-30.14%
ODN		103	77	-26	-25.24%
ODV		16	52	36	225.00%
OFB	2,816	2,538	2,044	-772	-27.41%
OGG	77	52	53	-24	-31.17%
OGM	56	55	51	-5	-8.93%
OLB	233	238	160	-73	-31.33%
OLG	83	71	102	19	22.89%
OSB	2,644	2,319	1,854	-790	-29.88%
OSO	1,306	1,201	1,012	-294	-22.51%
OSW	247	221	177	-70	-28.34%
OTR	452	416	390	-62	-13.72%
OVB	2,247	1,964	1,680	-567	-25.23%
OWP	133	159	119	-14	-10.53%
OWR	644	542	447	-197	-30.59%

2011-12	2016-17	2021-22	10 Year Change	Percentage Change
21,788	19,068	15,410	-6,497	-21.53%

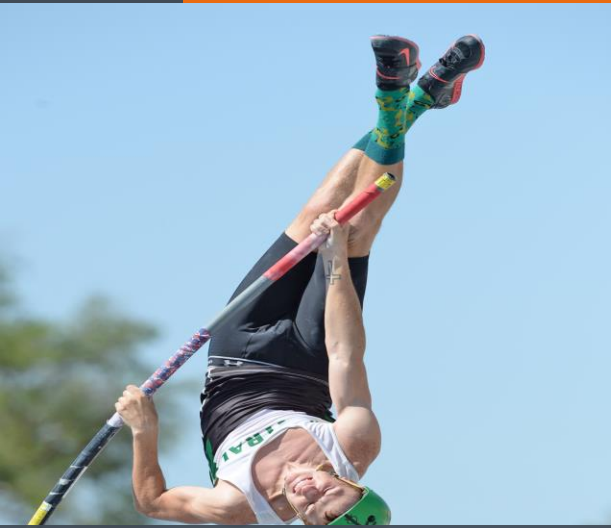
** ODV and OLG Percentage Change removed from Percentage change because of data skew.

Reasons for the decline

- Aging population
 - Pandemic likely ramped up 'retirements'
- Pay
- Increase in over-all # of contests and outside leagues

- Behavior of participants and fans
 - Most common refrain
 - IHSA is here to support your school and officials
 - The tenor needs to go down
 - *We need to find appropriate perspective again*





Sports Medicine Update

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Wet Bulb Globe Temperature

Policy update stems from joint IHSA/IATA/KSI Conference held in March

Member schools must follow for all athletic activities and competitions, including non airconditioned indoor facilities.





WBGT Procedure

Pre- Practice Preparation:

1. Thirty minutes prior to the start of an activity, and minimally every 30 minutes after the start of the activity, temperature and humidity readings will be taken at the site of the activity. Using a Wet Bulb Globe Thermometer is required.
 - a. Record the readings in writing and maintain the information in files of the tournament manager and/or host school administration. Tournament managers may designate someone other than themselves to take these readings.
2. Provide cooling stations such as shade, ice towels, misting fans, etc. for before, during, and after activity.
3. Provide ample amounts of water. This means water should always be available and athletes should be able to take in as much water as they desire.



WBGT Chart

Cat 2	Activity Guidelines
< 79.9	Normal Activities – Provide at least three separate rest breaks each hour with a minimum duration of 3 min each during the workout.
80.0 - 84.5	Use discretion for intense or prolonged exercise; Provide at least three separate rest breaks each hour with a minimum duration of 5 min each. Cold Water Immersion must be available. (see below)
84.6- 87.5	Maximum practice time is 2 h. Contests may conclude if the temperature moves to orange mid-game with the required breaks provided. No new contests may be started if the temperature is in this range. <u>For Football:</u> players are restricted to helmet, shoulder pads, and shorts during practice. If the WBGT rises to this level during practice, players may continue to work out wearing football pants without changing to shorts. <u>For All Sports:</u> There must be 20 min of rest breaks distributed throughout each hour of practice. Cold Water Immersion must be available. (see below)
87.6 - 89.9	Maximum practice time is 1 h. <u>For Football:</u> No protective equipment may be worn during practice, and there may be no conditioning activities. <u>For All Sports:</u> There must be 20 min of rest breaks distributed throughout the hour of practice. Cold Water Immersion must be available. (see below) Consider postponing games or practices until a cooler time of day.
> 89.9	No outdoor workouts. Delay practice until a cooler WBGT is reached.



Treatment of Exertional Heat Stroke and Cold-Water Immersion:

In the event of potential Exertional Heat Stroke (EHS), each school participating in interscholastic sports shall be properly prepared and equipped to activate EMS and initiate rapid whole-body cooling using an evidence-based cooling modality. The current best practice for the treatment of exertional heat stroke is rapid whole-body cooling via Cold Water Immersion (CWI) on-site followed by transport to advanced medical care (Cool first transport second). If whole-body CWI is not readily available, alternate evidence-based whole-body cooling techniques can be utilized (e.g. TACO method). The best practices shall be carried out by a licensed athletic trainer, designated healthcare provider, or EMS provider. In the event that these medical providers are not available and heat illness is suspected, cooling should be initiated until advanced medical personnel arrives.

The cooling modality shall be ready for immediate use when WBGT is at or above 80F. At WBGT temperatures below 80F the cooling modality should be readily available.



Transgender Participation

ILLINOIS HIGH SCHOOL ASSOCIATION

The Future Plays Here!

PLAY SMART.  PLAY HARD.



IHSA Transgender Policy

Policy 34 is in place for participation of transgender students in all IHSA State Finals series in athletics and activities.

School Procedure:

- The student and/or parents shall work with the school administration to notify them of the student's gender identity and that the student wishes to participate in athletics/activities in a manner consistent with their gender identity.
- The school shall collect the following for the ruling:
 - Gender identity used for school registration records
 - Medical documentation
 - Gender identity related advantages for approved participation
- School then submits the collected information to the IHSA office for a ruling
 - Once approved, participation is granted for the duration of the student's high school career and does not need to be renewed unless there is a change in the student's medical documentation.