

# Swimming & Diving State Final Meet Information For New Trier High School



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Monday, September 26, 2011

3:34:04 PM

## Sports Medicine Drug Testing Notice

Please note that, in accordance with the policy adopted by the IHSA Board of Directors, performance-enhancing drug testing may take place at the state finals. Any student-athlete who competes during the state finals is eligible for testing. When testing occurs during any IHSA state series competition, schools will need to provide assistance to IHSA and Drug-Free Sport staff and ensure that any student(s) from your school selected for testing reports to the test site by established time. Additional notification regarding testing will be provided to those schools who have student-athletes selected for testing in their State Final Packet and their packet will have a lime green label attached to the outside of the envelope. School officials and coaches are encouraged to keep that notification confidential and not inform those selected student-athletes prior to their competition in the state finals.

As a reminder, selected individuals who fail to report for post-competition testing will be found to have violated the IHSA's Performance-Enhancing Drug Testing Policy and be subject to the appropriate penalties.

## Wristband Policy/Notice:

We've experienced several problems as a result of coach's wristbands being provided to athletes, parents, etc.

As coaches you are well aware of the limited space available on the deck. At times it is difficult to get all of the approved personnel on deck. The passes issued to participants and the wristbands issued to coaches in the State Final packet are non-transferable. They are to be used only by rostered athletes and coaches who have met the IHSA Coaching By-Law. People caught using a pass intended for legitimate coaches and/or rostered athletes will have their pass revoked and removed from the facility. In addition, coaches may have sanctions placed against them from coaching the remainder of the state final and/or be placed on probation.

It is our desire to provide the greatest experience possible for the athletes, coaches, officials and fans. To do so, we must have the help of everyone involved. On behalf of the IHSA and our host, New Trier Township High School, we thank you in advance for your cooperation with this matter.

**Coaches Wristbands:** Every coach must sign for their wristband. Wristbands, once removed, are considered null and void, and cannot be re-attached/re-issued. **No duplicate wristband passes will be issued.** Coaches' wristbands will be placed on each coach as they sign in for the team packet, unless a coach opts to pick up his/her wristband at a different time. Once the wristband is issued, it must remain on the coach until the conclusion of its teams' participation in the state meet.

Wristbands are distributed according to the following Formula as stated in the Swimming Terms and Conditions: **\*\*1-5 Qualifiers = 2 bands\*\*6-10 Qualifiers = 3 bands\*\*11 Qualifiers & above = 4 bands**

## State Final Qualifier Packet Contents:

Please check with IHSA personnel, if any items are missing from your packet before you leave the check-in area. Items will not be replaced once you leave the check-in area. Participant passes for both days will be included with the team packet on Thursday/Friday.

- ✚ **Friday & Saturday Participant Passes (1 per qualifier):** You will receive a pass for each qualifier. If your school qualified a diver, the Participant pass is included in the Diving Packet.
- ✚ **State Final Qualifier Pins**  
1 per qualifier. Coaches are not entitled to State Final Qualifier pins.

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### POOL ENTRY PROCESS FOR COACHES AND PARTICIPANTS

- Teams will be assigned an **Entrance Order number** based on protocol approved during the Voluntary Coaches Meeting at the 2008 Girls State Swimming Championship meet. The protocol is listed below. The number will determine **the order of team entry to the pool deck for the purpose of reserving bleacher seating** for their team. The actual school entry list will be posted on the IHSA Swimming & Diving Webpage after sectional competition is completed.
- **Friday**—Teams and coaches are to gather in Gymnasium G-108 no later than 1:30 pm in **Entrance Order number** for the purpose of initial team entry onto the pool deck. Meet Officials will lead teams to the Pool deck no later than 1:40 pm. The G-108 Gym will open at 8:00 am but entrance to the Pool Deck will be solely on the basis of **Entrance Order number. The Entrance Order number will be the same for Friday and Saturday.**
- **Saturday**—Teams and coaches are to gather in Gymnasium G-108 no later than 10:15 AM in **Entrance Order number** for the purpose of initial entry onto the pool deck. Meet Officials will lead teams to the Pool deck no later than **10:25 am**. The G-108 Gym will open at 8:00 am but entrance to the Pool Deck will be solely on the basis of **Entrance Order number.**

The following is the new procedure (effective February 2009) initially proposed and approved by coaches at the 2008 New Trier Girls Sectional Seed Meeting in November 2008. The proposal was offered for acceptance and approved at the Volunteer Meeting of Coaches the Girls State Championship Meet. The IHSA has approved the use of these criteria for the Boys (and Girls) State Swim Championships.

The intent of the proposal is to provide the following;

1. A continued emphasis on safety in regards to deck entry for participants and coaches
2. A uniform method to enhance the efficiency team seating by seating larger groups first.
3. A reduction in the wait times required for teams to get on deck, allowing later team arrivals and better use of time by coaches and athletes.

The Entrance Order Number will be assigned based on the following criteria and posted on the New Trier and IHSA websites by Monday of the week following the sectional meet.

1. Host schools will be first or have their area reserved in advance.
2. Teams will then be ordered by the number of contestants they have qualified;
  - a. Relays equal four.
  - b. Each individual qualifier including divers equals one.
    - i. Multiple event qualifiers will count as one for each event i.e., swimmers in two individual events count as two.
3. Ties will be broken by awarding the next number in order of the teams place at the previous year's state meet.
4. Remaining ties will be broken by random draw from the teams that are tied.

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### State Final Information

**Admission:** No one will be allowed in the building unless they have a ticket or pass. Please make connections ahead of time and get this information to your parents and spectators.

**Children:** No children will be allowed on the pool deck or in the competitors' area at any time. Children are only allowed in the spectator areas, with a ticket.

**Coat Check:** Due to the limited seating capacity, spectators **must** check their coats. There will be a coat check on the Gates Gymnasium main floor. There will be no charge for this. **Persons with coats will not be admitted to the spectator area.**

**Declared False Start:** In accordance with Rule 3-2-2 any declared false start must be given to the Meet Referee no later than 15 minutes prior to the start of the race.

#### Diving Coaches and Competitors

**Thursday Diving Practice:** 5:00 p.m.-9:00 p.m.

**Procedures for Friday Diving:** All competitors will use the Girls Kinetic Wellness Locker Room on Friday. You must enter the building on the east side, by the tennis courts, off of Essex St., entrance E26. It will be the only door open on Friday morning at 6:00 a.m.

**Procedures for Saturday Diving:** If your diver qualifies for the finals on Saturday, you may immediately purchase 1 or 2 tickets for the Saturday Finals. The cost of each ticket is \$10.00 due at that time. A person from Meet Management will be on deck at the Scorer's Table (on the shallow end of the pool) to sell those tickets immediately following the diving prelims. If you qualify to compete on Saturday, you must use the locker assigned in the Kinetic Wellness Locker Room.

**Filming and Video Taping:** At the State Final Meet, filming and video taping will be permitted provided that equipment is self-contained, needing no power outlet, that the equipment is compact and hand-held and can be operated from the spectator's seat with no tripod being used or space beyond that normally occupied by one spectator. Spectators who do not abide by these provisions will be prohibited from filming or videotaping during the State Final meet. Please inform your coaches, students, parents and spectators about these provisions. **Please be advised that Flash Photography is prohibited!**

**Hospitality:** Coaches & Officials Hospitality: There will be a hospitality room for coaches and officials in the Small Student Cafeteria (west side of school building, first floor)

**Lanes:** Lanes 1-8 will be used for the Prelims and 2-7 for the Finals.

#### Locker Rooms:

- **Coaches/Officials:** The Boys pool locker room will be reserved for use by Male Coaches and Officials. The Girls pool locker room will be reserved for Female Coaches and Officials. These persons must enter the deck area via the entrance from their respective pool locker rooms.
- **Locker Room Assignment:** You will receive your locker room assignment when you pick up your school packet at packet pick-up. (B=Boys Kinetic Wellness Locker Room, G=Girls Kinetic Wellness Locker Room). Enter via the participant door and follow the signs.
- **Divers** will use the **Kinetic Wellness Locker Room** on Friday and they will dress with their teammates on Saturday.
- **Locks/Towels:** Contestants, coaches and officials must provide their own **locks and towels**. These items will not be furnished by state final hosts.

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**Officials Meeting:** The officials meeting will be held in the Small Student Cafeteria (west side of school building, first floor) on Friday at 2:00 p.m. and Saturday at 11:30 a.m.

**Parking – Team Buses:** Teams arriving in **BUSES** should be dropped off on Essex Street north of Tennis Courts. Buses will be directed to park in the Green Bay Road Metra Station West Lot (intersection of Green Bay Road and Winnetka Avenue).

### **Parking -- Spectator:**

- The 'track' parking lot (adjacent to our outdoor running track)
- Elder Lane Lot (off Sheridan Road)
- Green Bay Lot (marked New Trier H.S. by train station)
- On the streets north of Winnetka Ave. marked "NO PARKING ON SCHOOL DAYS."
- Patrons are reminded to heed all local parking ordinances.

**PARTICIPANT/COACH ENTRANCE** is Door E-26 off of Essex Street just north of the tennis courts. **Coach must accompany swimmers** at check-in and remain on-site.

**Participant Passes: Important! Competitors **MUST** have their participant pass to enter the pool *each day*.** Upon entering the pool door their participant pass will be collected and they will have their hand stamped. **If** they leave the pool and hallway area for ANY reason, they should make sure their stamp is visible in order to be allowed to return to the pool and hallway area. Competitors **May Not** enter the balcony at any time. Spectators **May Not** enter the locker rooms at any time.

**Participant Pass Seating for Swimming Prelims and Finals:** Participant passes are for pool deck seating **only** during the Swimming Prelims on Friday and the Finals on Saturday. No participant stamps will be admitted to the spectator seating areas at any time.

**Participant Pass Pool Deck Seating:** Contestants will not be admitted to the pool deck area during the State Final unless they are in competitive attire. Glass bottles, metal cans, food, street shoes and street clothes are **NOT** permitted on deck. Bare feet are not permitted in the lobby.

**Contestants Who Do Not Qualify for the Finals:** Swimmers and divers who are eliminated on Friday will be admitted to the pool deck on Saturday only by having a **New Participant Pass**. **They will be included in the packet picked-up on Thursday/Friday**. This will allow them to enter the locker room and they must be in **competitive attire**. **Under no circumstances will they be allowed in the balcony**. **Non-qualifying** contestants are asked to stay out of the water prior to the Finals. Glass bottles, metal cans, food, street shoes and street clothes are **NOT** permitted on deck. Bare feet are not permitted in the lobby.

**Photographer:** A photographer will be available to take pictures of the winners of each event while the winners are on the blocks to receive awards. Immediately after the meet, they will take pictures of the winning team and runner-up. When contestants have their pictures taken by the IHSA Official Photographer, only a swimsuit or warm-up is to be worn. **No extra headgear or costume is permitted.**

**Press Room:** There will be a Pressroom in Room 132 adjacent to the Tunnel Hallway south of the pool. Results will be posted. Internet access will be available in that office.

**Press Interview Room and Pictures:** We will use the Boys Pool Locker Room as a Press Interview Room after each event on Saturday.

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**Rubdown Tables:** Rubdown Tables are **NOT** allowed in the locker rooms or on the pool deck. They are located in the gyms above the locker rooms (follow the designated tape). Closed Circuit television will be provided in these rooms so athletes can follow the progress of the meet. Thank you for your compliance.

**Spectator Entrance and Seating:** Spectators will be admitted **only** at the spectator seating areas with a ticket. **No spectators will be admitted to the locker rooms or the pool deck area.**

**Swim Breaks:** There will be a 15-minute break after the 50-Yard Freestyle on Friday and after the Diving competition on Saturday. During the preliminaries and finals there will be a 15 minute warm-up in the pool between the last heat of the 200-Yard Freestyle Relay and the first heat of the 100-Yard Backstroke.

**Time Schedule and Practice Time:** A time schedule is included. **Practice times are limited.** Coaches are asked to be considerate.

**Uniform/Suits Coach Verification of Legal Uniforms and Attire:** When the coach signs for the team or diving packet, the coach is verifying to the **Meet Referee** that the team's suits and attire are legal as required by Rule 3-3-5.

**Will Call:** Any tickets you want to leave for spectators **MUST** be left at WILL CALL (Gates Gymnasium lobby), which is located at our spectator entrance on the **east side** of the building off of Essex Avenue, across from our outdoor running track. **You must supply your own envelope to leave tickets at Will Call. New Trier High School will not be responsible for supplying envelopes for Will Call.**

All of us at New Trier sincerely hope you enjoy the IHSA Swimming and Diving State Final Championships. If we can be of any help, please do not hesitate to ask our staff. **Good Luck** to all of you.

Randy Oberembt, Athletic Director  
New Trier High School, Swimming and Diving State Final Manager

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## State Final Time Schedule

### Thursday, November 17, 2011

- 3:00 pm.-9:00 p.m.: It is preferred that diving sheets be faxed to the host school by 3:00 p.m. on Thursday, however, coaches may submit them in person on site at diving practice not later than 9:00 p.m. Changes in the diving sheets may be made until 8:00 a.m. on Friday.
- 4:00 p.m.-7:00 p.m.: Team Packet Pick-up by head coach (swimming and diving packets may also be picked up at the team entrance Friday morning. Swimming and Diving packets are separate. Advanced tickets and swim tickets for qualifiers may also be picked up during this time (see advanced ticket information in the School Manual for a complete ticket pickup schedule).
- 7:00 p.m.: IHSA State Final Head Officials Meeting at the State Final Site.
- 5:00 p.m.-9:00 p.m.: Diving practice (open to contestants and coaches only)

### Friday, November 18, 2011

- 9:00 a.m.-2:30 p.m.: Team packet pick-up by head coach (swimming and diving packets separate)
- Diving Preliminaries:
  - 6:30 a.m.: Locker room and pool doors open for Divers and diving coaches
  - 8:00 a.m.: Doors open to public and tickets go on sale for Diving Prelims. Diving Public allowed in spectator area
  - 8:00 a.m.: Deadline for submitting Diving Sheets.
  - 8:45 a.m.: Dive Boards Close. Diving coaches and participants meet with head diving referee on pool deck (voluntary)
  - 9:00 a.m.: Diving Prelims and Semifinals begin.

#### Swimming Preliminaries:

- 8:00 a.m.: Swimming Public allowed in gym holding area until 2:30 pm entrance onto Pool Deck
- 1:00 p.m.: Swimming Coaches Meeting (Voluntary). See online state final instructions for complete details.
- 1:30 p.m.: All participants and coaches scheduled for arrival
- 1:40 p.m.: Pool doors open to participants and coaches (by Entrance Order number) for Warm-ups.
- 2:00 p.m.: Pool opens for warm-ups.
- 2:00 p.m.: Officials meet with Meet Referee. See online state final instructions for complete details.
- 2:30 p.m.: Swimming Public allowed in spectator area.
- 2:45 p.m.: One Sprint Lane opens.
- 3:00 p.m.: Two Sprint Lanes open.
- 3:20 p.m.: Pool Closes
- 3:30 p.m.: Swimming Preliminaries begin

### Saturday, November 19, 2011

- 8:00 a.m.: Outside Entrance open to coaches/participants
- 9:00-10:30 a.m.: Pool doors open to divers/coaches only for diving warm-ups
- 9:30 a.m.: Doors open to public
- 10:15 a.m.: All participants and coaches scheduled for arrival
- 10:45 a.m.: Pool doors open to participants and coaches (by Entrance Order number) for Warm-ups.
- 11:15 a.m.: Pool opens for warm-ups
- 11:30 a.m.: Officials Meeting See online state final instructions for complete details.
- 12:00 p.m.: Spectators allowed in pool seating area
- 12:15 p.m.: One Sprint Lane opens
- 12:30 p.m.: Two Sprint Lanes open
- 1:00 p.m.: Swimming and Diving Finals begin

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## Procedure for Presentation of Individual and Team Awards

**Awards Presentation:** Medallions will be awarded to 12 place winners in each individual and relay event. They will be presented immediately after both races in each event have been completed, beginning with the 12<sup>th</sup> place. Head coaches will be asked to help distribute awards during the awards presentation.

Head coaches are invited to participate in the award ceremony. Coaches of champions should report to the awards area on the pool deck immediately following the championship race in each event. If an IHSA Board of Directors is present, that board member will drape medals on 12 thru 7<sup>th</sup> place. The head coach will drape medals on the 1<sup>st</sup> thru 6<sup>th</sup> place winners. If no IHSA Board Member is present, the head coach will drape all winners.

### **Consolation Awards Individual 12<sup>th</sup> - 7<sup>th</sup>**

The Consolation Awards 12<sup>th</sup> - 7<sup>th</sup> place will be given out immediately after the Championship Finals are completed beginning with the 12<sup>th</sup> place award winner. Award recipients will receive their medal on deck, then step up onto the 6<sup>th</sup> lane starting block, the 11<sup>th</sup> place finisher to the 5<sup>th</sup> lane starting block, etc.

### **The Championship Awards Individual 6<sup>th</sup> - 1<sup>st</sup>**

The Championship Awards 6<sup>th</sup> - 1<sup>st</sup> will be given out immediately after the Consolation medals are awarded beginning with the 6<sup>th</sup> place award winner. Award recipients will receive their medal on deck, then step up onto the 6<sup>th</sup> lane starting block, the 5<sup>th</sup> place finisher to the 5<sup>th</sup> lane starting block, etc.

### **Consolation Awards Relay 12<sup>th</sup> - 7<sup>th</sup>**

The Consolation Awards 12<sup>th</sup> - 7<sup>th</sup> place will be given out immediately after the Championship Finals are completed beginning with the 12<sup>th</sup> place award winner. Award recipients will receive their medal on deck, then step up onto the 6<sup>th</sup> lane starting block, the 11<sup>th</sup> place finisher to the 5<sup>th</sup> lane starting block, etc.

### **The Championship Awards Relay 6<sup>th</sup> - 1<sup>st</sup>**

The Championship Awards 6<sup>th</sup> - 1<sup>st</sup> will be given out immediately after the Consolation medals are awarded beginning with the 6<sup>th</sup> place award winner. Award recipients will receive their medal on deck, then step up onto the 6<sup>th</sup> lane starting block, the 5<sup>th</sup> place finisher to the 5<sup>th</sup> lane starting block, etc.

### **3<sup>rd</sup> Place Team**

**An IHSA Board Member (if present) or the head coach of the 3<sup>rd</sup> place team will help drape medallions.** Members of the 3<sup>rd</sup> place team will be announced beginning with the Superintendent, Principal, Athletic Director, Head Coach, and Assistant Coaches. Athletes will be announced in the order printed in the official program. Individuals are asked to stand in line, step up on the block when their name is announced to be draped with the medal, step down when the next person is called. After the team has received all of its medallions the team trophy will be awarded to the Head Coach and Captains.

### **2<sup>nd</sup> Place Team**

**An IHSA Board Member (if present) or the head coach of the 2<sup>nd</sup> place team will help drape medallions.** Members of the 2<sup>nd</sup> place team will be announced beginning with the Superintendent, Principal, Athletic Director, Head Coach, and Assistant Coaches. Athletes will be announced in the order printed in the official program. Individuals are asked to stand in line, step up on the block when their name is announced to be draped with the medal, step down when the next person is called. After the team has received all of its medallions the team trophy will be awarded to the Head Coach and Captains.

### **1<sup>st</sup> Place Team**

**An IHSA Board Member (if present) or the head coach of the 1<sup>st</sup> place team will help drape medallions.** Members of the 1<sup>st</sup> place team will be announced beginning with the Superintendent, Principal, Athletic Director, Head Coach, and Assistant Coaches. Athletes will be announced in the order printed in the official program. Individuals are asked to stand in line, step up on the block when their name is announced to be draped with the medal, step down when the next person is called. After the team has received all of its medallions the team trophy will be awarded to the Head Coach and Captains.