

Entrances/Exits: Stunts & Pyramids
Pushing the Envelope

**Giving Stunts a Twist** 

**Power Jumps** 

The Good, The Bad and The Ugly of Social Media

**Game Cheering 101** 

Flexibility the Right Way

**Tumbling** 

**Parents and Their Job** 

**Triple Crown Athlete** 

**IHSA Updates** 

**IHSA Hot Topics** 

**Co-Ed Cheerleading** 

**Building a Program** 

building a r rogram

Competitive vs. Sideline

Stunts w/in the Rubric

**Stunt Drills & Progressions** 

**Baskets** 

**Body Positions** 

### AND MORE!

### QUESTIONS?

#### CONTACT

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# INSTRUCTORS

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OWNER OF PRO CHEER INTERNATIONAL, NATIONAL PRESENTER

## **CONFERENCE FEE - \$80**

**AFTER MARCH 1ST - \$95** 



Marriott.

CONFERENCE CENTERS

Bloomington-Normal Marriott 201 Broadway Avenue Normal, IL 61761

309.862.9000 Ask for ICCA Room Rate - \$129

## RESPONSE FORM

- · A separate response form is required for each attendee.
- · Please replicate the form as needed.

NAME

SCHOOL

ADDRESS

PHONE NUMBER

EMAIL

Please send completed form to:

Cindy Rueter • 630 Lakefield Drive • Columbia, IL 62236

Make checks payable to: ICCA No Refunds

## REGISTER ONLINE

www.cheericca.org/conference





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