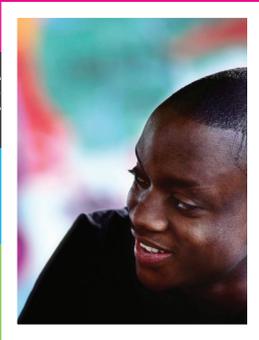


WHERE DREAMS COME ALIVE! WHERE DREAMS COME ALIVE! WHERE DREAMS COME ALIVE!



A number of studies have shown that students who **participate** in their school's interscholastic athletic or activity programs do better academically at school, which helps with a student's overall **enjoyment** of their high school years, so start your **journey to success** today by getting involved...



the IHSA wants you!



the IHSA wants you!



2715 McGraw Drive
Bloomington, Illinois 61704
309/663/6377
www/ihsa.org

PARTICIPATE



GET INVOLVED!

WHERE DREAMS COME ALIVE!

Looking to represent your school in interscholastic competition, but not sure how?

The Illinois High School Association, founded in 1900, offers

19 different sports programs and **eight activity programs** for students in Illinois.

Over **300,000** students annually represent their school in various competitions.

The IHSA even offers programs for students with physical disabilities in swimming, bowling, track & field, and supports a wheelchair basketball tournament each year during its boys' basketball state finals!

it's time for you to get involved!



STRENGTH



information

EQUALITY

Most schools host informational meetings right before the start of each sport season to give interested individuals an overview of the season and requirements students must meet in order to be a part of their school's team. Generally, these meetings are announced as a part of the school's daily announcements, on the school website, and even through local media outlets, like a newspaper. However, if you're unsure when a meeting is going to be held or if you want to learn more about the specific programs offered at your school, your best resource will be your school's athletic director. This person oversees all the athletic programs, and often times the activity programs, offered at your school. He or she will be able to point you in the right direction for joining whatever team(s) interest you. You can also contact the IHSA Office at any point with any other questions or to learn more about your school or the programs that are of interest to you.

The IHSA ADA Coordinator will be available to assist member schools in developing ways to allow students with disabilities to earn team points in swimming and diving, track and field, and bowling during the regular season.

PASSION



If you have a disability and need an accommodation to participate, talk to your coach, or the IHSA's ADA Coordinator (Kraig Garber, kgarber@ihsa.org).

The IHSA's ADA Coordinator will be available to assist member schools in developing ways to allow students with disabilities to earn team points in swimming and track & field during the regular season.

