

**Midwest Orthopaedics at Rush
2nd Annual Sports Medicine Summit
Youth Injury Prevention and Treatment
July 31, 2014 • 8:00am – 12:30pm**

REGISTRATION & BREAKFAST (7:00 – 8:00am)



David Garras, M.D.
Foot & Ankle
Orthopedic Surgeon
Midwest Orthopaedics at Rush

8:00 – 8:45am
Ankle injuries: Prevention and Recovery



Kathleen Weber, M.D., M.S.
Sports Medicine,
Women's Sports Medicine
Orthopedic Physician
Midwest Orthopaedics at Rush

8:45 – 9:30am
Anterior Knee Pain & Diagnosis

10 MINUTE BREAK (9:30 – 9:40am)



Joshua Blomgren, D.O.
Sports Medicine
Orthopedic Physician
Midwest Orthopaedics at Rush

9:40 – 10:40am
Dermatologic & Skin Infections & Nutrition



Jeffrey Mjaanes, M.D.*
Sports Medicine,
Pediatric Sports Medicine
Orthopedic Physician
Midwest Orthopaedics at Rush
*Assistant Professor, Departments of
Orthopaedic Surgery and Pediatrics,
Rush University Medical Center*

10:40 – 11:25am
Concussions

FEATURED PANELIST:



Charles Bush-Joseph, M.D.

Sports Medicine, Knee, Shoulder, Hip
Orthopedic Surgeon
Midwest Orthopaedics at Rush

*Professor, Rush University Medical
Center*

11:35am – 12:35pm

Panel Discussion

***PANELIST:**

Jeffrey Mjaanes, M.D.

Midwest Orthopaedics at Rush

GUEST PANELISTS:



John Byrne

Athletic Director
Wendell Phillips Academy H.S.



Shawn Walker

Baseball Coach
George Westinghouse College Prep



Positive Coaching Alliance