

IHSA Athletic Training Services Provided

Thursday, November 8th

Practice Sessions- Ice and water will be provided and available behind the team benches. An athletic trainer will be on-site for emergencies only. No treatment or services will be available.

Friday and Saturday, November 9th and 10th

Tournament Games- For all tournament sessions two athletic trainers will be present. Treatments other than ice or moist hot packs require a written prescription. This letter must come from an ATC, PT, Physician (or their representative). There will be no exceptions.

