

IMPORTANT NOTICE REGARDING IHSA SWIMMING QUALIFYING STANDARDS FOR 2009-2010:

The following qualifying standards will be used for the 2009-2010 girls and boys swimming seasons. These are the same standards used to qualify to the State Finals from last year (2008-2009). The standards originally developed for the 2009-10 seasons using the procedures adopted by the IHSA Board of Directors were determined to be unusable by the IHSA Swimming/Diving Committee and the IHSA Board of Directors, as a result of the change to the NFHS Uniform Rule 3-3. The recommendation of the advisory committee (which met in a special session on August 20, 2009) was to go back one year in order to avoid the times used in the average from last season that were achieved in suits that have since been deemed illegal by the NFHS (and FINA, NCAA, USA Swim).

The Girls and Boys minimum Qualifying Standard Times for advancement to the State Final meets are:

2009 GIRLS QUALIFYING STANDARDS (from 08-09)

200 Yard Medley Relay	1:51.87
200 Yard Freestyle	1:57.03
200 Yard Individual Medley	2:12.69*
50 Yard Freestyle	24.84*
100 Yard Butterfly	1:00.01
100 Yard Freestyle	53.99*
500 Yard Freestyle	5:13.93*
200 Yard Freestyle Relay	1:40.19*
100 Yard Backstroke	1:00.59
100 Yard Breaststroke	1:08.49
400 Yard Freestyle Relay	3:39.90

* Indicates the use of the previous year's qualifying standard (from 07-08)

Athletes who equal or exceed the standards in the Sectional Meets qualify automatically for the State Final Meet.

2010 BOYS QUALIFYING STANDARDS (from 08-09)

200 Yard Medley Relay	1:40.23
200 Yard Freestyle	1:46.59
200 Yard Individual Medley	2:00.68
50 Yard Freestyle	22.21
100 Yard Butterfly	53.80
100 Yard Freestyle	48.69
500 Yard Freestyle	4:50.25
200 Yard Freestyle Relay	1:29.58
100 Yard Backstroke	55.07
100 Yard Breaststroke	1:02.19
400 Yard Freestyle Relay	3:16.96