

**Minutes of the Boys/Girls Track and Field Advisory Committee  
August 30, 2023**

The IHSA Track & Field Advisory Committee met virtually on Wednesday, August 30, 2023. The meeting began at 10:00 a.m. Voting Committee members present were: John Osmanski, Coach, Richmond (R. Burton); Jay Ivory, Coach, Roselle (Lake Park); Jacqy Peterson, Coach, Taylor Ridge (Rockridge); Chad Aubin, Coach, Normal (Community West); Tiffany Williams, Athletic Director, Springfield (Southeast); Doug Kell, Coach, Nashville; Jason Gray, Official. Other non-voting attendees included: Kevin Harrington, ITCCCA President; Nicole Schaeffbauer, IESA Executive Director; Kraig Garber; IHSA Asst. Executive Director.

**TERMS AND CONDITIONS RECOMMENDATIONS:**

**1. Item VII- C: IHSA State Series T&F Qualifying Standards:**

**Recommendation:** To adopt the qualifying standards below for the 2024 season. In determining the standards, the following process was used: The Qualifying Standards for each individual and relay event will be calculated for classes 1A and 3A by determining the FIVE year average of the 21<sup>st</sup> place time/distance/height from all sectionals. For class 2A, a FIVE year average of the 16<sup>th</sup> place time/distance/height in individual events and relays was used. Using this process, the proposed qualifying standards are:

<b>2023-2024 Proposed IHSA State Qualifying Standards</b>						
<b>Event</b>	<b>1A Girls</b>	<b>1A Boys</b>	<b>2A Girls</b>	<b>2A Boys</b>	<b>3A Girls</b>	<b>3A Boys</b>
<b>LJ</b>	5.00m (16-5)	6.29m (20-8)	5.10m (16-9)	6.47m (21-3)	5.35m (17-7)	6.75m (22-2)
<b>PV</b>	2.76m (9-1)	3.70m (12-2)	2.97m (9-9)	3.88m (12-9)	3.12m (10-3)	4.16m (13-8)
<b>HJ</b>	1.52m (5-0)	1.85m (6-1)	1.54m (5-1)	1.85m (6-1)	1.57m (5-2)	1.90m (6-3)
<b>SP</b>	10.79m (35-5)	14.37m (47-2)	10.66m (35-0)	14.80m (48-7)	11.22m (36-10)	15.57m (51-1)
<b>TJ</b>	10.18m (33-5)	12.54m (41-2)	10.56m (34-8)	12.87m (42-3)	11.04m (36-3)	13.36m (43-10)
<b>DISC</b>	33.45m (109-9)	43.05m (141-3)	33.42m (109-8)	43.94m (144-2)	35.20m (115-6)	46.71m (153-3)
<b>4 X 800</b>	10:35.51	8:33.28	10:15.75	8:22.06	9:43.60	8:02.54
<b>4 X 100</b>	:52.12	:44.52	:50.59	:43.66	:49.34	:42.97
<b>3200</b>	12:26.55	10:12.64	11:47.44	10:01.23	11:11.19	9:33.35
<b>100 HH</b> <b>110 HH</b>	:16.86	:16.26	:16.59	:15.61	:15.92	:15.40
<b>100</b>	:12.95	:11.33	:12.75	:11.13	:12.45	:11.07
<b>800</b>	2:28.15	2:02.71	2:25.12	2:01.75	2:20.60	1:58.38
<b>4 X 200</b>	1:51.76	1:33.68	1:48.87	1:31.53	1:45.77	1:30.64
<b>400</b>	1:01.87	:52.01	1:00.71	:51.55	:59.51	:50.72
<b>300 LH</b> <b>300 IH</b>	:49.47	:42.37	:48.74	:41.55	:47.23	:41.10
<b>1600</b>	5:36.90	4:39.54	5:26.27	4:34.80	5:11.78	4:23.60
<b>200</b>	:26.96	:23.05	:26.29	:22.59	:25.75	:22.33
<b>4 X 400</b>	4:19.68	3:34.19	4:13.85	3:31.31	4:05.50	3:26.76

**Rationale:** Using an objective system is easier to use, easier to defend and provides fair standards for competitors. In some cases, the system was adjusted by using a different average sectional time (i.e. 18<sup>th</sup> place instead of 21<sup>st</sup> place), a different average number of years (i.e.: 4 years instead of 5 years), or simply by maintaining the prior year's standard for one or more events. The Assistant Executive Director working with the Track & Field advisory committee has reserved the right to make these types of adjustments if it is obvious that this would be necessary in order to protect the integrity of the meet.

## **APPROVED BY CONSENT**

### **2. VI. IHSA State Final Time Schedule**

**Recommendation:** At the IHSA State Final Preliminary meets, adjust the start times of the running events for all classes back one hour in order to establish a two hour lead time for field events. There is no proposed change to the start time of the preliminary field events.

**Thursday, May 16 (Girls), May 23 (Boys)**

#### **1A Semifinals**

**8:00 – 10:00 a.m.:** 1A Schools only, may use track and field facilities at O'Brien Field for practice and warm-up.

**8:00 a.m. – 6:00 p.m.:** Coaches may pick up school packets at the south ticket window on the west side of O'Brien Field (parking lot side of stadium).

**10:00 a.m.:** High Jump, Long Jump, Triple Jump to follow the Long Jump

**11:00 a.m.:** Pole Vault, Shot Put, Discus to follow the Shot Put

~~10:50 a.m.~~ **11:50 a.m.:** National Anthem

~~11:00 a.m.~~ **12:00 p.m.:** 1A competition begins in all running events.

**Friday, May 17 (Girls), May 24 (Boys)**

#### **2A, 3A Semifinals**

##### **Class 2A Field Events**

**8:00 a.m.:** High Jump, Long Jump, Triple Jump to follow the Long Jump

**9:00 a.m.:** Pole Vault, Shot Put, Discus Throw to follow the Shot Put

~~8:50 a.m.~~ **9:50 a.m.:** National Anthem

##### **Class 2A Track Order of Events**

(Class 2A semifinals in the Track events will begin at ~~9:00 a.m.~~ **10:00a.m.**)

##### **Class 3A Field Events**

(Times are approximate and dependent on the end of 2A events. Be prepared to go early)

**12:00 p.m.:** Long Jump, High Jump, Triple Jump to follow the Long Jump

**12:30 p.m.:** Pole Vault

**1:05 p.m.:** Shot Put, Discus Throw to follow the Shot Put (approx. 2:45 p.m.)

##### **Class 3A Track Order of Events**

(Class 3A Semifinals in the Track events will begin at approximately ~~12:45 p.m.~~ **2:00 p.m.**)

**Rationale:** The committee feels that the increased lead time for field events is better for athletes as it will create less conflicts for those that qualify for both field and running events. The committee also feels that a two hour lead time for field events seems to be something that has been trending in large regular season meets and IHSA Sectional meets.

## **APPROVED BY CONSENT**

### **3. VI. Format for Girls and Boys Field Events**

**Recommendation:** The Pole Vault will utilize both runways for flights 1 and 2, Flight 3 will begin as soon as flight 1 is completed. ~~Thirty minutes~~ **Sixty minutes** of warm-up will be permitted prior to the start of each flight.

**Rationale:** A sixty-minute warm-up is the norm for large meets. With the number of vaulters per runway, which can be upwards of 16-20, along with the time it takes for vaulters to run-through, the committee feels that the additional time is necessary.

## **APPROVED BY CONSENT**

### **4. VIII.K.1 – Scoring – Sectional Meets**

**Recommendation:** The committee recommends that at the boys and girls sectional meet for all classes, all events will score eight places. This proposal will only impact scoring as medals will continue to be awarded only to the top six.

**Rationale:** Given that semi-finals have been eliminated for several years and timed finals are now run at the sectionals, scoring six places due to a few sectionals that are conducted on a six-lane track has become irrelevant. In addition, scoring eight places is very common practice at large regular season meets.

## **APPROVED BY CONSENT**

### **ITEMS OF GENERAL DISCUSSION:**

The committee had the opportunity to view all items submitted to Kraig Garber. Listed below are the topics that received discussion from members of the committee with no action.

1. The track and field administrator explained the process for how an advisory committee proposal is made and the process it follows if supported by the advisory committee.
2. The committee reviewed and discussed the results of the January 2023 track and field survey that was sent by the IHSA office to member schools. The survey pertained to topics such as the girls and boys state final meet structure, the state final meet schedule, and sectional field events.