

2023-2024 IHSA BOYS/GIRLS DIVING SCHEDULE

Group	Girls		Boys	
	First Contest - Friday, Week #7	Friday-Thursday	First Contest - Friday, Week #22	Friday-Thursday
Forward Group	Week 7-8	Aug. 18-24	Week 22-23	Dec. 1-7
	Week 12-13	Sept. 22-28	Week 27-28	Jan. 5-11
	Week 17-18	Oct. 27-Nov. 2	Week 32-33	Feb. 9-15
Back Group	Week 8-9	Aug. 25 – Aug. 31	Week 23-24	Dec. 8-14
	Week 13-14	Sept. 29-Oct. 5	Week 28-29	Jan. 12-18
	Week 18-19	Nov. 3-9	Week 33-34	Feb. 16-22
Inward Group	Week 9-10	Sept. 1-7	Week 24-25	Dec. 15-21
	Week 14-15	Oct. 6-12	Week 29-30	Jan. 19-25
Twisting Group	Week 10-11	Sept. 8-14	Week 25-26	Dec. 22-28
	Week 15-16	Oct. 13-19	Week 30-31	Jan. 26-Feb. 1
Reverse Group	Week 11-12	Sept. 15-21	Week 26-27	Dec. 29-Jan. 4
	Week 16-17	Oct. 20-26	Week 31-32	Feb. 2-8